

the life Magazine

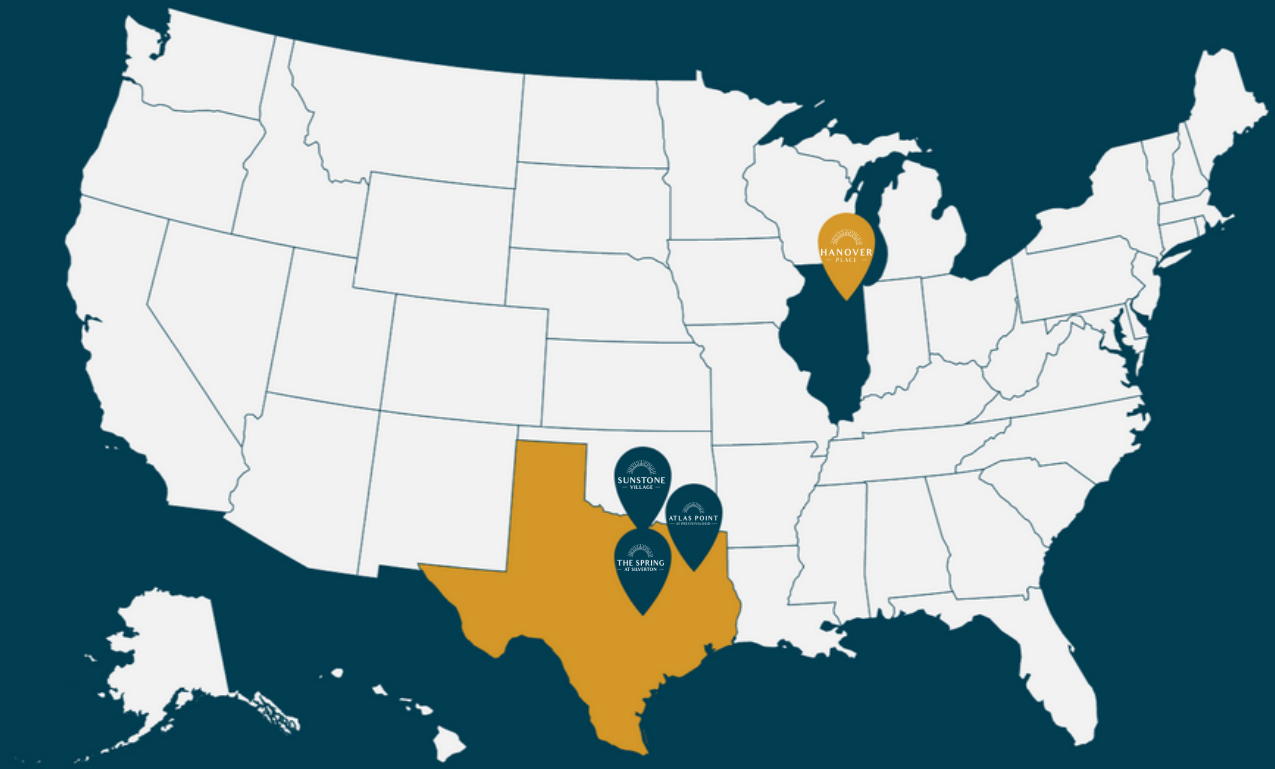
LIFESTYLE. INDEPENDENCE.
FRIENDSHIP. ENTHUSIASM.

Summer 2022 Special Feature



ALLURE

Lifestyle Communities



Address: 16851 S. Harlem Ave., Tinley Park, IL 60477
Phone Number: (708) 633-1700



Address: 3850 Silverton Cir., Fort Worth, TX 76133
Phone Number: (817) 423-3850



Address: 3033 E. Hebron Pkwy., Carrollton, TX 75010
Phone Number: (469) 210-3033



Address: 2801 Spencer Rd., Denton, TX 76208
Phone Number: (940) 898-9899



TABLE OF CONTENTS

03

The LIFE of Allure

At Allure Lifestyle Communities, our exclusive lifestyle program, the LIFE, is so much more than activities - it's our way of life.

05

Resident Spotlights

Our communities are full of talented and inspirational residents. Here, we give you a snapshot of the active residents who call our communities home.

13

Alluring Eats

Who doesn't love a good recipe? Our resident chefs provided us with some of their favorites for us to try. From a tasty bean salad to a delectable dessert, these are recipes you're certain to love!

19

The LIFE in Action

Our communities work hard to design a Resident Experience Calendar centered around our lifestyle values. We are committed to reigniting and redefining the active adult and independent living experience and are excited to share our mission in action.



EMBRACE YOUR BEST CHAPTER

Our masterfully-crafted lifestyle experience program, **the LIFE**, is a signature component of every Allure Lifestyle Community. You may not have even realized that it is a branded program since it is at the core of everything we offer.

However, let us formally introduce you to **the LIFE**. Say hello to our seven alluring Lifestyle values, focused on **Independence**, **Friendship**, and **Enthusiasm**.

Whether you are enjoying our fitness programs, playing a game of cards, unleashing your inner artist, or singing your heart out during karaoke, now's the time to enjoy the elevated and engaged lifestyle you deserve.



A Creative Life.

Using your imagination.
Brightening your world.



A Healthy Life.

Aging strong.
Living vibrantly.



A Playful Life.

Playing hard.
Laughing harder.



An Inquisitive Life.

Expanding knowledge.
Sparking passions.



A Mindful Life.

Flexing your brain.
Supporting your mind.



A Social Life.

Meeting friends.
Making memories.



A Centered Life.

Nourishing the soul.
Embodying growth.

RESIDENT SPOTLIGHTS



Living Life to the Fullest, Growing, & Expanding Horizons

As an organization, we are truly fortunate to have such fascinating residents. We take time to get to know each resident as a new friend and find out about their hidden talents, passions, and the extraordinary things they have already achieved. We are honored to share a few of the incredible stories of our residents' lives thus far.

The residents who call an Allure Lifestyle Community home embody our mission of helping our residents continue their growth. They offer a fresh and enthusiastic take on the best years of life.

In this special summer edition of The Life Magazine, we share a few residents' stories. We know there are countless others and look forward to continuing to feature residents in future editions. In the meantime, we are pleased to introduce you to several residents and hope you enjoy reading their tales as much as we enjoyed collecting them.

SUNSTONE VILLAGE'S BATON TWIRLER

All our residents across all of our communities have lived extraordinary lives. We love hearing everyone's unique experiences and the memories they share. Some of our residents are even mini celebrities such as Monta Cross. A resident of Sunstone Village since 2020, Monta is a renowned baton twirler who was featured in an edition of *LIFE* magazine!

Monta picked up her first baton at seven years old and started attending baton-twirling camps. She continued to grow her talents and went on to twirl the baton at the University of Oklahoma. After college, she traveled to teach baton-twirling to bands all over the state of Oklahoma.

Her reputation in baton-twirling grew as she became one of the best twirlers in the sport. *LIFE* magazine became aware of her talents and excitedly featured her in a four-page spread of their October 27, 1952 edition. Being featured in the magazine was a great honor, and Monta keeps a copy of the publication pristinely wrapped in plastic to preserve the pages. Although it is stored for safekeeping, we were given the honor of being shown the magazine as she shared her amazing twirling memories.

Not only are we honored to have Monta call Sunstone Village home, but also to have had her share her life story with us. And if you are wondering, Monta still has her skills and can perform baton-twirling to this day!



NOTABLE & RESPECTED AT ATLAS POINT

“ At 99 (he'll be 100 on October 6), he still hits the gym three days a week and can usually be found first thing in the morning on a treadmill or out for a walk.

- Hayley Taylor, Property Manager



Bob Murphy was born on October 6, 1922, in Cleveland, the third son of Dennis and Henrietta Murphy. A sister, Mary Lou, followed three years later. His childhood home until he was nine was only a few blocks from League Park, where the Cleveland Indians played until 1946. Consequently, Bob grew up a huge fan of the Indians. Bob recalls seeing some of the top baseball stars of the day, including Babe Ruth, Lou Gehrig, and notable Indians stars, like "Tricky" Dick Porter and Earl Averill, noted for hitting Dizzy Dean.

After graduating high school in 1941, Bob found a job, but less than 6 months later, he and all his friends were lining up to join the Armed Forces following the attack on Pearl Harbor. He was accepted for service with the Navy and was soon off to boot camp at the Great Lakes Training Center in Illinois.

Once through basic training, Bob was assigned as a Quartermaster aboard the USS Carlson (DE-9). The Carlson was a Destroyer Escort serving in the Pacific Theatre aiding in the Guadalcanal and Solomon Islands operations with convoy escort and antisubmarine patrol services. After serving in the Solomon Islands for more than a year, the ship was sent back to San Francisco for repairs, and Bob was assigned to attend Officer Candidate School in Asbury Park, New Jersey, a move that would change his life forever.

At a USO dance in Asbury Park Convention Hall, his roommate asked a pretty nurse, Ruth, for a dance. Ruth asked the roommate if he would like to come for dinner on Sunday, and he said, "Only if I can bring my friend, Bob." The two sailors went for the day trip to nearby Spring Lake, a quaint town on the Jersey Shore, and while riding bikes together on the double date, Bob and Ruth struck up a friendship. It turned out to be a friendship (and a love) that would last for more than 75 years.

When Bob was redeployed to Okinawa to establish a seaplane base, he kept in touch with Ruth through a regular stream of letters. On Christmas Day 1945, Bob left Okinawa and was transported to San Francisco, ending his military days. Once discharged from the Navy, Bob took the first train he could get to Spring Lake.

Bob and Ruth were married on June 29, 1946, and settled into life in Spring Lake. Bob worked for the State of New Jersey in Trenton and attended Rutgers University night school and Monmouth College in West Long Branch, NJ pursuing a degree in accounting.

Bob began working for the *Asbury Park Press* newspaper in May 1950, starting as a classified ad salesman. He worked his way through the ranks over the next 30 years, eventually becoming the paper's General Manager. During his 39 years with the *Press*, circulation increased from 14,000 to 250,000 daily subscribers.

During the late 40s and 50s, Bob's and Ruth's family grew with the addition of three sons, Bob Jr., Dennis, and Ted. Bob was busy working, coaching Little League baseball, and taking the family to the beach (where he would only go in the ocean when the water temperature reached 70 degrees – which was usually about one week in late August).

After retiring from the *Press* Bob and Ruth moved to Sawgrass in Ponte Vedra, Florida where they remained for 20 years before moving to Texas to be closer to their youngest son and two grandchildren.

“Bob's energy and enthusiasm for life are infectious and an inspiration.

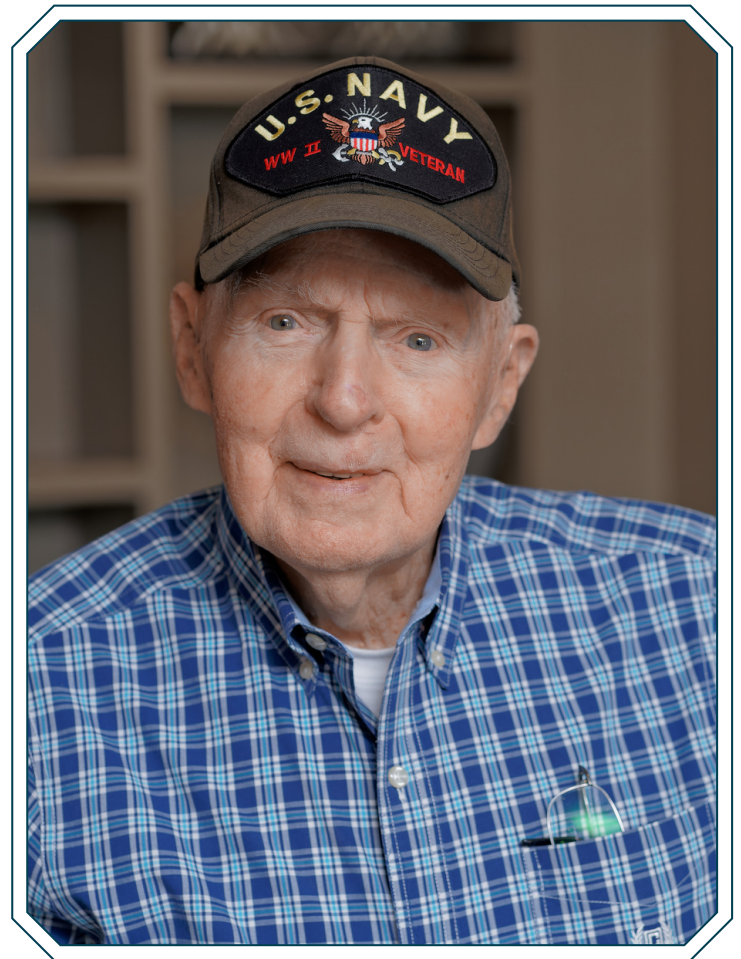
Bob has enjoyed many “bucket list” experiences in his life. He's traveled the world, playing golf in exotic locations like St. Andrews, Pebble Beach, and Maui. He had his first “hole-in-one” at a charity golf outing and won the \$10,000 grand prize! He was also active with the Fellowship of Christian Athletes and played rounds of golf at their charity events with professional golfers like Bernhard Langer, Bob Murphy (no relation), and Jack Nicklaus.

Bob never stopped loving his Cleveland Indians and Cleveland Browns, rooting for them in the ups and downs (mostly downs). Always up on the latest sports news, Bob has a steel trap memory for the stats and smallest details of many different sports, both past and present.

But the true legacy of any man is not the stats he remembers or the positions he held at work - it's the family he raised to carry on. Bob and Ruth were the kinds of parents every kid dreams of, letting out just enough rope to get into some trouble but not so much to get hurt ("Be home by the time the street lights come on"). Baseball was always part of the family's life, whether Little League or MLB. Sunday mornings were always spent at church together, and Sunday nights were dinners together in front of the TV to watch *The Twentieth Century*, followed by *Victory at Sea* (mandatory watching), *The Ed Sullivan Show*, and *Bonanza*. Their boys grew into accomplished young men with families of their own.

Ruth passed away on November 21, 2018, and Bob moved into Atlas Point, where he serves as an unofficial goodwill ambassador, copying the daily puzzles or dropping off the paper for other residents. He shares unselfishly and is always quick with a joke. Bob still attends church at 9:30 every Sunday at St. Andrews United Methodist Church, just virtually now during Covid.

Bob's energy and enthusiasm for life are infectious and inspirational. His golf days are much fewer in number, but his pride in his service to our country is always on display with his ever-present "World War II Navy Veteran" hat. He has a legacy of three sons, seven grandchildren, and six great-grandchildren, all of whom adore him. He's a rare breed of person and a friend to many at Atlas Point.



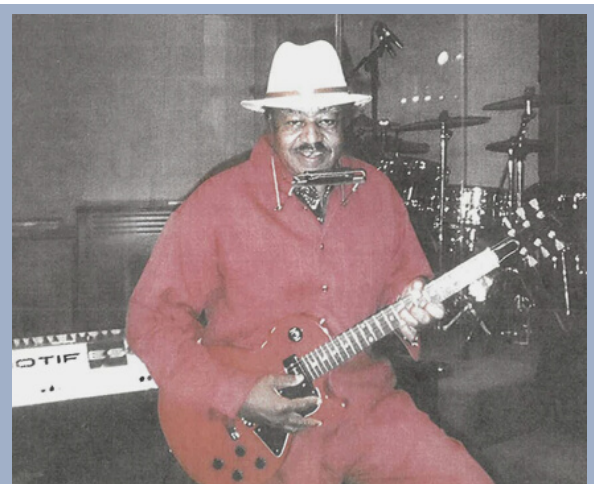
HANOVER PLACE'S MUSICAL INSPIRATION



Simon Broughton joined the Hanover Place family in 2019 after years of entertaining and bringing joy to people's lives through blues music. At the age of 13, he attended the rehearsal of Rollin "Oscar" Sullivan and knew he was destined to follow in the footsteps of one of the most incredible guitarists he had ever heard. Soon after, Simon became devoted to music and proceeded to teach himself how to play harmonica, lead guitar, bass guitar, and keyboard.



Simon has created wonderful memories through the years with his passion for music. A few of his most memorable times include when he and his brother played with the Lawrence Brothers at church, when he found himself singing roadside with Jimmy Forrest in 1961 while he was stranded fixing his car, and when he played at the House of Blues Chicago - one of the city's most iconic live music venues.



We are honored to have Simon as a resident at Hanover Place. He continues to bring joy into people's lives through his music. Simon can be heard playing his keyboard in the lobby, having a jam session in the courtyard, or if we are lucky, he will even pop in one of his CDs for everyone's enjoyment. Fellow resident, Joanna, will be the first one to tell you how she had the pleasure of seeing Simon perform, even before they were residents at Hanover Place.

With all this talk about his past, you may wonder what Simon is up to these days. Well, he is gearing up for the holiday season by personally recording two Christmas songs, and he will always greet you with his signature million dollar smile when you see him.

THE SPRING'S KOREAN WAR VETERAN



The Spring at Silverton resident, Lyle Oelfke, was born in 1932 and served in the Korean war from 1949 to 1961. He was a 3rd Class Radarman in the Navy and was stationed all over the world, with his last location being Galveston, Texas. During his last few years of service, he worked on the famous USS Howard D. Crow, an Edsall-class destroyer escort built for the U.S. Navy during World War II.

When reminiscing about his time in the Navy, Lyle shared that one of the hardest jobs he had was ammunition on a cruiser that was headed to Korea. He was so tired afterward, he had to shave using two hands!

While he served in the Navy, he was briefed by many important people and participated in several dinners at the oval office. A few of the notable people he was briefed by included the President, the 2nd man at the Pentagon, and Condoleezza Rice.

Lyle has been a valued resident at The Spring at Silverton over the last six years and continues to be active with community charities several times a year through his Veteran status. We asked him what one of his greatest achievements is, and he shared that he started a soccer team in Benbrook, Texas that is still active to this day!

THE LONGEST SUNSTONE RESIDENT

When a resident moves into our communities, it is our hope that they stay with us throughout their entire retirement. We have been fortunate to have long-lasting residents who make our properties the active and vibrant communities we strive to provide. We would like to introduce you to one of our founding residents at Sunstone Village, Vicki Robertson, who has called our community home for the last 13 years!



When Vicki moved to Sunstone Village, only 4 of the 30 buildings were complete. As such, she has been able to witness our growth over the years as we became the community we are today. Not only has Vicki first-hand witnessed our progression, but she and her husband Ron played a role in it. Ron was an ordained minister, and the couple started the community's resident-led weekly Bible study, which still gathers each Monday.

Since Vicki has been an active member of our community for so long, she has formed lasting friendships and memories. Several of Vicki's favorite Sunstone memories include:

- Being active with neighbors
- Daily dog walking groups
- Playing volleyball in the pool
- Lively card games
- Jigsaw puzzles in the theater room
- Attending the various social events where new friendships are formed

We asked Vicki what her advice is for new residents, and she replied, "try to make friends and participate in the events on the monthly calendar." Great advice from an active long-term resident. Thank you, Vicki, for being part of the Allure Lifestyle Communities and Sunstone Village families – cheers to many more years together!

ALLURING EATS



Some of our residents' favorite recipes in one place!

When a recipe is shared, it's not just a list of ingredients and instructions - it's a story. In essence, that is what recipes are - stories of how something is created.

Sharing a recipe can be like sharing a memory, one that transcends the table. When we make our favorite recipes, these memories come back to us and fill us with love and joy. That is why sharing recipes among family and friends brings us pride and happiness as we create new memories together.

We asked residents from across our communities to submit their favorite recipes, and we are excited to share them with you! What a great way to live the LIFE and make new memories during your retirement.

We hope these tasty dishes will spark your creativity and help you have some fun in the kitchen!



Bean Salad

Recipe provided by Betty Eastman
The Spring at Silverton



8 servings



15 minutes to prep; Overnight to chill

Salad Ingredients

- 1 can cut green beans, drained
- 1 can cut yellow wax beans, drained
- 1 can of red kidney beans, drained
- 1 can garbanzo beans, drained
- 1 can of sliced water chestnuts, drained
- 1 small sweet onion, chopped
- 1 cup celery, chopped
- 1 small jar of pimentos, chopped

Dressing Ingredients

- ½ cup canola oil
- 1 ½ cup sugar
- 1 cup vinegar
- ½ teaspoon salt
- ½ teaspoon paprika

Directions

1. Combine all of the salad ingredients in a bowl, and set to the side.
2. Mix the dressing ingredients together into a small saucepan and bring to a boil long enough to melt the sugar.
3. Once boiled, let the dressing cool, then mix into the combined bean bowl.
4. Let the bean salad chill in the refrigerator overnight.
5. Serve and enjoy!

This is a delicious summertime salad and is highly requested at family gatherings. Betty's secret to this wonderful salad: boil the dressing! It allows the dressing ingredients to meld and gives it that great taste.



Judy's Friendship Pie

Recipe provided by Judy Whitney
Atlas Point at Prestonwood



16 servings



15 minutes to prep; Freeze 3-4 hours

Ingredients

- 2 cups chopped nuts
- 2 cups flakes of coconut
- ½ cup of butter (1 stick)
- 1 8oz. cream cheese softened
- 1 14oz. can sweetened condensed milk
- 1 16oz. frozen whipped topping
- 1 jar caramel ice cream topping
- 2 graham cracker pie crusts

Directions

1. In a skillet, lightly brown the pecans and coconut in the butter. Set aside to cool.
2. With an electric mixer, blend the cream cheese, sweetened condensed milk, and whipped topping.
3. Divide evenly between two pie crusts.
4. Top each with half of the pecan and coconut mixture. Drizzle the entire jar of caramel ice cream topping over the tops of both pies.
5. Refrigerate or freeze for at least 3-4 hours. The pies cut best if you freeze them.

Judy and her husband, Hunter, are native Canadians and have been residents of Atlas Point at Prestonwood since the community opened four years ago. Judy is well-known in the community not only because she is a kind person and a friend to all, but she makes and shares her incredible desserts!

Judy's dessert recipes have been perfected over her 60 years of marriage making each a special delight in which every bite is savored. Enjoy!



Anisetta (Italian Liqueur)

Recipe provided by Fran Pantaleo-Gray
Hanover Place

 96 1-ounce servings  15 minutes to prep; 3 weeks fermentation

Ingredients

- 9 cups of sugar
- 9 cups distilled water
- 3 tsp. glycerine
- 30 drops of anise oil
- 3 cups 190 proof grain alcohol

Directions

1. Dissolve sugar in water in a large pan.
2. Bring the sugar water mixture to a boil, and boil for 5 minutes, stirring constantly.
3. Remove from heat and let cool completely.
4. Add the glycerine, anise oil, and grain alcohol.
5. Blend the mixture and pour into 5-fifths.
6. Cork tightly and set in a cool dry place for 3 weeks.

Fran is a resident at Hanover Place and is a great Italian cook renowned for her fabulous recipes. She graciously provided us with two of her most popular recipes for this special summer edition! The first is Anisetta, an Italian liqueur, that she makes as a celebration drink or to enjoy after dinner.

The second recipe, on the following page, is for her well-known Easter Bread. We have had the pleasure of tasting Fran's dishes firsthand at Hanover Place, and they are delicious! Enjoy treating yourself to these two recipes!



Polish Egg Bread

Recipe provided by Fran Pantaleo-Gray
Hanover Place



4 loaves



3-4 hours to prep; 40 minutes cooking time

Dough Ingredients

- 1-quart whole milk
- ½ stick of butter
- 2 Tbsp. salt
- 1 ½ cups sugar
- 2 packages of dry yeast
- ½ cup of warm water
- 6 whole eggs
- 1 beaten egg
- 5 pounds of bread flour
- 1 cup golden raisins (optional)
- 1 cup slivered almonds (optional)
- ½ cup maraschino cherries quartered (optional)

Glaze Ingredients

- 1 cup confectioners' sugar
- 2 Tbsp. milk

Directions

1. Heat milk almost to boiling, then add butter, sugar, and salt. Cool to lukewarm.
2. Add yeast to ½ cup warm water, and wait for it to blossom.
3. Add any of the optional ingredients if you choose.
4. Add flour, and mix by hand.
5. Turn out onto board or counter and knead until smooth. This will take about 10 minutes or until the dough no longer sticks.
6. Place in a greased bowl.
7. Cover and place in a warm area for about 1-1.5 hours until it has doubled in size.
8. Empty onto the cutting board and divide into four loaves. Knead a little and place loaves in greased loaf pans. Let rise again.
9. If you would like, braid dough.
10. Brush the top of the dough with beaten eggs before baking.
11. Bake at 325 degrees for 10 minutes, then 350 for 30 minutes.
12. When the bread is fully cooked, mix confectioners' sugar with milk, and brush on the bread while it's still warm.



Perfect Pie Crust

Recipe provided by Susan Bryce
Sunstone Village



20 crusts



1-2 hours

Ingredients

- 1 can Crisco
- 10-12 cups of flour
- 8 eggs
- 1 cup of vinegar
- 2 cups of water
- 1 Tbsp. salt

Directions

1. Mix all ingredients together.
2. Roll dough mixture into balls and freeze on a cookie sheet.
3. Place frozen dough in Ziploc bags and place back in the freezer.
4. When you are ready to make a pie, take the pre-made dough out of the freezer, thaw, and fill with your desired filling!

Suggested Pie Filling

- Fresh strawberries
- Cranberry
- Strawberry rhubarb
- Lemon
- Pineapple- great for summer!

Growing up, Susan's mom was the best pie maker around and had a signature lemon pie that was Susan's favorite. As Susan raised children of her own, she was an avid cookie and cake baker but was cautious when it came to pies. However, after Susan joined a women's club of talented women, she met a caterer who had the best pie crust and asked for the recipe. Imagine her shock when she discovered the recipe made 20 crusts!

Susan soon became an avid pie maker in addition to cookies and cakes. Her perfect pie crust recipe is just what we need as we plan for the upcoming holidays!



Susan making her perfect pie crust.

THE LIFE IN ACTION



Design a Life of **MORE**

We encourage all residents to immerse themselves in all that life has to offer: more friendship, more fun, and more freedom to experience each day on your terms. Each of our communities is more than a place to live, but a community grounded in fulfillment and inspiration. It is our mission to ensure residents enjoy the alluring lifestyle they deserve.

We have taken you on a journey of introducing you to the LIFE, residents, and recipes. Now we would like to show the LIFE in action.



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THANK
YOU

We hope that you have enjoyed this special summer edition of the LIFE magazine.

We thank our dedicated team members who worked to provide content for this special edition, as well as all they do each day to support our residents. Also, a big thank you to each resident who participated.

Enjoy the rest of your summer, as fall will be here before we know it. Use these remaining summer weeks to live a life of **more**.

What Our Residents Are Saying.



Hanover Place has a great group of residents that feels more like family. Great activities program, 24hr gym, full media room, bistro and much much more! Definitely one of a kind community for those +55 looking for more socialization with luxury upgraded apartments!



I absolutely love this community and the people in it. I love the diversity here! They have a great structure that is very catering to 55 and up seniors. I have peace of mind knowing that my mom is in a safe place, able to be active in a luxury setting and will enjoy her years to come!



Our exemplary staff at Sunstone Village continues to go above and beyond expectations in all areas. They are all pleasant to work with and always respond to requests immediately! I would especially like to mention the the maintenance staff - they are pure magic!



I have lived here at The Spring at Silverton for 17 years and love it! I plan to live here for the rest of my life. Everyone is helpful, friendly and welcoming from the office and maintenance staff to my neighbors. It's beautifully landscaped and and has lots of social events!



ALLURE

Lifestyle Communities