

September 2022

Heritage Hill Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; font-weight: bold;">4</p> <p>9:00 Morning Gathering 9:30 Sunday Hymn Singalong 10:00 Church Service 10:30 Sunday Social 1:30 Sunday Worship Music 2:00 Sunday Stretch Exercise 2:30 Neighborhood Social 3:00 Color Me Calm 6:00 Night at the Movies 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">5</p> <p>9:00 Morning Gathering 9:30 Baking Club 10:00 Coffee Club 10:30 Moving to the Music 1:30 Susie Q Singalong 2:00 Balloon Toss 2:30 Monday Munchies 3:00 Manicures 6:00 Puzzle Club 7:00 Snack</p> <p style="text-align: right; font-size: small;">Labor Day</p>	<p style="text-align: right; font-weight: bold;">6</p> <p>9:00 Morning Gathering 9:30 Music in Motion 10:00 Refreshment Social 10:30 Trivial Pursuit 1:30 Musical Memories 2:00 Horseshoes 2:30 Refreshment 3:00 Ball Toss 6:00 Lawrence Welk 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">7</p> <p>9:00 Morning Gathering 9:30 Sit and Be Fit 10:00 Coffee Club 10:30 Twister 1:30 Arm Chair Travel 2:00 Walking Club 2:30 Hump Day Social 3:00 Bingo 6:00 Peaceful Music 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">8</p> <p>9:00 Morning Gathering 9:30 Sweating to the Oldies 10:00 Friendship Circle 10:30 Ring Toss 1:30 Name That Tune 2:00 Music in Motion 2:30 Thirsty Thursday Social 3:00 Balloon Volleyball 6:00 Trivia 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">9</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Bean Bag Toss 1:30 Solid Gold Oldies 2:00 Horseshoes 2:30 Happy Hour 3:00 Friday Fun Bowling 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">10</p> <p>9:00 Morning Gathering 9:30 Rise and Shine Exercise 10:00 Hydration Station 10:30 Table Pong 1:30 Saturday Polka 2:00 Sit and Be Fit 2:30 Saturday Social 3:00 Sorting and Folding 6:00 Musical Memories 7:00 Snack</p>
<p style="text-align: right; font-weight: bold;">11</p> <p>9:00 Morning Gathering 9:30 Sunday Hymn Singalong 10:00 Church Service 10:30 Sunday Social 1:30 Sunday Worship Music 2:00 Sunday Stretch Exercise 2:30 Neighborhood Social 3:00 Color Me Calm 6:00 Night at the Movies 7:00 Snack</p> <p style="text-align: right; font-size: small;">Grandparents Day</p>	<p style="text-align: right; font-weight: bold;">12</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Manicures 1:30 Susie Q Singalong 2:00 Balloon Toss 2:30 Monday Munchies 3:00 Craft Club 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">13</p> <p>9:00 Morning Gathering 9:30 Music in Motion 10:00 Refreshment Social 10:30 Trivial Pursuit 1:30 Musical Memories 2:00 Horseshoes 2:30 Tuesday Tidbits 3:00 Ball Toss 6:00 Lawrence Welk 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">14</p> <p>9:00 Morning Gathering 9:30 Sit and Be Fit 10:00 Coffee Club 10:30 Twister 1:30 Arm Chair Travel 2:00 Walking Club 2:30 Hump Day Social 3:00 Bingo 6:00 Peaceful Music 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">15</p> <p>9:00 Morning Gathering 9:30 Sweating to the Oldies 10:00 Friendship Circle 10:30 Ring Toss 1:30 Name That Tune 2:00 Music in Motion 2:30 Thirsty Thursday Social 3:00 Balloon Volleyball 6:00 Trivia 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">16</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Bean Bag Toss 1:30 Solid Gold Oldies 2:00 Horseshoes 2:30 Happy Hour 3:00 Friday Fun Bowling 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">17</p> <p>9:00 Morning Gathering 9:30 Rise and Shine Exercise 10:00 Hydration Station 10:30 Table Pong 1:30 Saturday Polka 2:00 Sit and Be Fit 2:30 Saturday Social 3:00 Sorting and Folding 6:00 Musical Memories 7:00 Snack</p> <p style="text-align: right; font-size: small;">Oktoberfest Begins</p>
<p style="text-align: right; font-weight: bold;">18</p> <p>9:00 Morning Gathering 9:30 Sunday Hymn Singalong 10:00 Church Service 10:30 Sunday Social 1:30 Sunday Worship Music 2:00 Sunday Stretch Exercise 2:30 Neighborhood Social 3:00 Color Me Calm 6:00 Night at the Movies 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">19</p> <p>9:00 Morning Gathering 9:30 Baking Club 10:00 Coffee Club 10:30 Moving to the Music 1:30 Susie Q Singalong 2:00 Balloon Toss 2:30 Monday Munchies 3:00 Manicures 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">20</p> <p>9:00 Morning Gathering 9:30 Music in Motion 10:00 Refreshment Social 10:30 Trivial Pursuit 1:30 Musical Memories 2:00 Horseshoes 2:30 Refreshment 3:00 Ball Toss 6:00 Lawrence Welk 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">21</p> <p>9:00 Morning Gathering 9:30 Sit and Be Fit 10:00 Coffee Club 10:30 Twister 1:30 Arm Chair Travel 2:00 Walking Club 2:30 Hump Day Social 3:00 Bingo 6:00 Peaceful Music 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">22</p> <p>9:00 Morning Gathering 9:30 Sweating to the Oldies 10:00 Friendship Circle 10:30 Ring Toss 1:30 Name That Tune 2:00 Music in Motion 2:30 Thirsty Thursday Social 3:00 Balloon Volleyball 6:00 Trivia 7:00 Snack</p> <p style="text-align: right; font-size: small;">Autumn Begins</p>	<p style="text-align: right; font-weight: bold;">23</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Bean Bag Toss 1:30 Solid Gold Oldies 2:00 Autumn "Senior" Prom 2:30 Happy Hour 3:00 Friday Fun Bowling 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">24</p> <p>9:00 Morning Gathering 9:30 Rise and Shine Exercise 10:00 Hydration Station 10:30 Table Pong 1:30 Saturday Polka 2:00 Sit and Be Fit 2:30 Saturday Social 3:00 Sorting and Folding 6:00 Musical Memories 7:00 Snack</p>
<p style="text-align: right; font-weight: bold;">25</p> <p>9:00 Morning Gathering 9:30 Sunday Hymn Singalong 10:00 Church Service 10:30 Sunday Social 1:30 Sunday Worship Music 2:00 Sunday Stretch Exercise 2:30 Neighborhood Social 3:00 Color Me Calm 6:00 Night at the Movies 7:00 Snack</p> <p style="text-align: right; font-size: small;">Rosh Hashanah Begins</p>	<p style="text-align: right; font-weight: bold;">26</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Manicures 1:30 Susie Q Singalong 2:00 Balloon Toss 2:30 Monday Munchies 3:00 Craft Club 6:00 Puzzle Club 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">27</p> <p>9:00 Morning Gathering 9:30 Music in Motion 10:00 Refreshment Social 10:30 Trivial Pursuit 1:30 Musical Memories 2:00 Horseshoes 2:30 Tuesday Tidbits 3:00 Ball Toss 6:00 Lawrence Welk 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">28</p> <p>9:00 Morning Gathering 9:30 Sit and Be Fit 10:00 Coffee Club 10:30 Twister 1:30 Arm Chair Travel 2:00 Walking Club 2:30 Hump Day Social 3:00 Bingo 6:00 Peaceful Music 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">29</p> <p>9:00 Morning Gathering 9:30 Sweating to the Oldies 10:00 Friendship Circle 10:30 Ring Toss 1:30 Name That Tune 2:00 Music in Motion 2:30 Thirsty Thursday Social 3:00 Balloon Volleyball 6:00 Trivia 7:00 Snack</p>	<p style="text-align: right; font-weight: bold;">30</p> <p>9:00 Morning Gathering 9:30 Moving to the Music 10:00 Coffee Club 10:30 Bean Bag Toss 1:30 Solid Gold Oldies 2:00 Horseshoes 2:30 Happy Hour 3:00 Friday Fun Bowling 6:00 Puzzle Club 7:00 Snack</p>	<p style="font-size: large; font-weight: bold;">Activities are subject to Change.</p>