

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

September 2022				1	9:30 Sit and be fit 10:00 Noodle Ball 10:30 Daily Chronicles 1:00 Rest and Relaxation 2:00 Ice Cream Social 3:30 Crafters Corner 4:00 Reminiscing 6:00 Sounds of the Ocean	2	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Charades 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Sorting and Organizing 6:00 Prayer Circle	3	9:30 Tai Chi Stretches 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scramblers 4:00 Uno Challenge 6:00 Connect Four			
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 2:00 Colorful Creations 3:00 Our Planet: Fresh Waters 4:00 Finish the Phrase 6:00 Movie Night	4	9:30 Morning Movements 10:00 SingFit 10:30 Bean Bag Toss 11:00 Yoga with InstruMix 1:00 Rest and Relaxation 2:00 Can you Qwirkle? 3:30 Painting 4:00 Table Settings 6:00 Colorful Creations Labor Day	5	9:30 Silver Sneakers 10:00 Sing Fit 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:30 Walking Club 4:00 September Trivia 6:00 Colorful Creations	6	9:30 Sit and be Fit 10:00 Sing Fit 10:30 Chair Kickball 11:00 Finish the Phrase 1:00 Rest and Relaxation 2:00 Manicures 4:00 Sorting and Organizing 6:00 Big Band Music	7	9:30 Sit and be fit 10:00 Bowling Buddies 10:30 Daily Chronicles 1:00 Rest and Relaxation 2:00 Ice Cream Social 3:30 Crafters Corner 4:00 Reminiscing 6:00 Sounds of the Ocean	8	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Begins with... 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Sorting and Organizing 6:00 Prayer Circle	9	9:30 Tai Chi Stretches 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scramblers 4:00 Uno Challenge 6:00 Connect Four
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 3:00 Our Planet: Fresh Waters 4:00 Finish the Phrase 6:00 Colorful Creations Grandparents Day	1	9:30 Morning Movements 10:00 SingFit 10:30 Putt-Putt Practice 11:00 Visit with Oreo & Molly 1:00 Rest and Relaxation 2:00 Can you Qwirkle? 3:30 Painting 4:00 Table Settings 6:00 Colorful Creations	12	9:30 Silver Sneakers 10:00 Sing Fit 10:30 September Trivia 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:30 Walking Club 4:00 Colorful Creations	13	9:30 Sit and be Fit 10:00 Sing Fit 10:30 Chair Kickball 11:00 Finish the Phrase 1:00 Rest and Relaxation 2:00 Manicures 4:00 Sorting and Organizing 6:00 Big Band Music	14	9:30 Sit and be fit 10:00 Noodle Ball 10:30 Daily Chronicles 1:00 Rest and Relaxation 2:00 Ice Cream Social 3:30 Dominos 3:30 Crafters Corner 6:00 Sounds of the Ocean	15	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Charades 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Sorting and Organizing 6:00 Prayer Circle	16	9:30 Tai Chi Stretches 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scramblers 4:00 Uno Challenge 6:00 Connect Four Oktoberfest
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 2:00 Colorful Creations 3:00 Our Planet: Fresh Waters 4:00 Finish the Phrase 6:00 Movie Night	8	9:30 Morning Movements 10:00 SingFit 10:30 Bean Bag Toss 11:00 Yoga with InstruMix 1:00 Rest and Relaxation 2:00 Can you Qwirkle? 3:30 Painting 4:00 Table Settings 6:00 Colorful Creations	19	9:30 Silver Sneakers 10:00 Sing Fit 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:30 Walking Club 4:00 September Trivia 6:00 Colorful Creations	20	9:30 Sit and be Fit 10:00 Sing Fit 10:30 Chair Kickball 11:00 Finish the Phrase 1:00 Rest and Relaxation 2:00 Manicures 4:00 Sorting and Organizing 6:00 Big Band Music	21	9:30 Sit and be fit 10:00 Bowling Buddies 10:30 Daily Chronicles 1:00 Rest and Relaxation 2:00 Ice Cream Social 3:30 Crafters Corner 4:00 Reminiscing 6:00 Sounds of the Ocean Autumn Begins	22	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Begins with... 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Sorting and Organizing 6:00 Prayer Circle	23	9:30 Tai Chi Stretches 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scramblers 4:00 Uno Challenge 6:00 Connect Four
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 3:00 Our Planet: Fresh Waters 4:00 Finish the Phrase 6:00 Colorful Creations Rosh Hashanah Begins	25	9:30 Morning Movements 10:00 SingFit 10:30 Putt-Putt Practice 11:00 Visit with Oreo & Molly 1:00 Rest and Relaxation 2:00 Can you Qwirkle? 3:30 Painting 4:00 Table Settings 6:00 Colorful Creations	26	9:30 Silver Sneakers 10:00 Sing Fit 10:30 September Trivia 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:30 Walking Club 4:00 Colorful Creations	27	9:30 Sit and be Fit 10:00 Sing Fit 10:30 Chair Kickball 11:00 Finish the Phrase 1:00 Rest and Relaxation 2:00 Manicures 4:00 Sorting and Organizing 6:00 Big Band Music	28	9:30 Sit and be fit 10:00 Noodle Ball 10:30 Daily Chronicles 1:00 Rest and Relaxation 2:00 Ice Cream Social 3:30 Crafters Corner 4:00 Reminiscing 6:00 Sounds of the Ocean	29	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Charades 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Sorting and Organizing 6:00 Prayer Circle	30	

All activities are subject to change.