

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

## Assisted Living Calendar – The Sanctuary of West Saint Paul

				<p><b>1</b> 10:30 Mindful Movement - FC 1:00 Target Outing - sign up at front desk 3:00 Fancy Fingers - CR</p>	<p><b>2</b> 10:00 Music with Claire - CR 2:00 Quarter Bingo - CR 3:15 Happy Hour - CR</p>	<p><b>3</b> 2:00 Quarter Bingo - CR (resident led)</p>
<p><b>4</b> 9:00 Church of St Joseph Catholic Mass - CR 10:00 Eagle Brook Virtual Church Service - T</p>	 <p><b>5</b> <b>LABOR DAY</b></p>	<p><b>6</b> 10:30 Mindful Movement - FC 1:30 "The Blind Side" Movie - T 1:45 Catholic Mass - Overflow Dining Room <b>2:30 Food Committee- CR</b> 3:15 Quilting Club - CR 6:00 Mexican Train - CR</p>	<p><b>7</b> 10:30 Coffee Klatch - CR 11:10 &amp; 12:30 DARTS - Must sign up at the front desk <b>2:00 Curtis &amp; Loretta Entertainment - DR</b> 3:15 Pie and Coffee - CR</p>	<p><b>8</b> 10:30 Mindful Movement - FC 1:00 Aldi Outing - sign up at the front desk 3:00 Fancy Fingers - CR 6:00 Art with Amanda - AR Sign up at front desk</p>	<p><b>9</b> 10:00 Music with Claire - CR 2:00 Quarter Bingo - CR 3:15 Happy Hour - CR</p>	<p><b>10</b> 2:00 Quarter Bingo - CR (resident led)</p>
<p><b>11</b> 9:00 Church of St Joseph Catholic Mass - CR 10:00 Eagle Brook Virtual Church Service - T</p> <p>Grandparents Day</p>	<p><b>12</b> 10:30 Mindful Movement - FC <b>1:30 Monthly Wellness Speaker - CR</b> 3:00 Quarter Bingo - CR 6:00 Jewelry Design with Cynthia - AR (resident led)</p>	<p><b>13</b> 10:30 Mindful Movement - FC 1:30 Rosary - CR 1:30 "Ferris Bueller's Day Off" Movie - T 2:15 Choir with Claire - CR 3:15 Quilting Club - CR</p>	<p><b>14</b> 10:30 Coffee Klatch - CR 11:10 &amp; 12:30 DARTS - Must sign up at the front desk <b>2:00 Bobby &amp; Christine Entertainment - DR</b> 3:00 Bocce Ball/Corn Hole Leagues - Patio</p>	<p><b>15</b> 10:30 Mindful Movement - FC 1:00 Cub/Burlington/Dollar Tree Outing - sign up at front desk 3:00 Fancy Fingers - CR</p>	<p><b>16</b> 10:00 Outing to WSP Farmers (weather permitting) -sign up at the front desk 10:00 Music with Claire - CR 2:00 Quarter Bingo - CR 3:15 Happy Hour - CR</p>	<p><b>17</b> 2:00 Quarter Bingo - CR (resident led)</p> <p>Oktoberfest Begins</p>
<p><b>18</b> 9:00 Church of St Joseph Catholic Mass - CR 10:00 Eagle Brook Virtual Church Service - T</p>	<p><b>19</b> 10:30 Mindful Movement - FC 1:30 Monthly Birthday Party (all invited)! - CR 3:00 Quarter Bingo - CR 6:00 Jewelry Design with Cynthia - AR (resident led)</p>	<p><b>20</b> 10:30 Mindful Movement - FC 1:30 Rosary - CR 1:30 "The Breakfast Club" Movie - T 2:15 Brain Teasers and Puzzles - CR 3:15 Quilting Club - CR 6:00 Mexican Train - CR</p>	<p><b>21</b> 10:30 Coffee Klatch - CR 11:10 &amp; 12:30 DARTS - Must sign up at the front desk <b>2:00 Beachcomber Bob Entertainment -DR</b> 3:00 Bocce Ball/Corn Hole Leagues - Patio</p>	<p><b>22</b> 10:30 Mindful Movement - FC 2:00 Resident Council - CR 3:00 Fancy Fingers - CR 6:00 Art with Amanda - AR Sign up at front desk</p> <p>Autumn Begins</p>	<p><b>23</b> 10:00 Music with Claire - CR 2:00 Quarter Bingo - CR 3:15 Happy Hour - CR 6:00 Casino Night</p> 	<p><b>24</b> 2:00 Quarter Bingo - CR (resident led)</p>
<p><b>25</b> 9:00 Church of St Joseph Catholic Mass - CR 10:00 Eagle Brook Virtual Church Service - T</p> <p>Rosh Hashanah Begins</p>	<p><b>26</b> 10:30 Mindful Movement - FC 1:30 Ice Cream Social - CR 3:00 Quarter Bingo - CR 6:00 Jewelry Design with Cynthia - AR (resident led)</p>	<p><b>27</b> 10:30 Mindful Movement - FC 1:30 Rosary - CR 1:30 "You've Got Mail" Movie - T 2:15 Choir with Claire - CR 3:15 Quilting Club - CR 6:00 Mexican Train - CR</p>	<p><b>28</b> 10:30 Coffee Klatch - CR 11:10 &amp; 12:30 DARTS - Must sign up at the front desk <b>2:00 Duke Zecco Entertainment - DR</b> 3:00 Bocce Ball/Corn Hole Leagues - Patio</p>	<p><b>29</b> 10:30 Mindful Movement - FC 1:00 Hobby Lobby/Walmart Outing - sign up at front desk 3:00 Fancy Fingers - CR</p>	<p><b>30</b> 10:00 Music with Claire - CR 2:00 Quarter Bingo - CR 3:15 Happy Hour - CR</p>	<p><b>*Most up to date programs can be found on the daily activities' sheets located in the elevators, mail room, dining room, and front lobby*</b></p>

CR - Community Room FC – Fitness Center AR – Art Room T – Theater