September 2022

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
いたので		Menu S	ubject to Change		L: Chicken breast, 1 stuffing, mixed vegetable, roll, pie D: Grilled cheese, tomato soup, crackers, fruit cup	L: Beef steak w/ 2 mushroom gravy, mashed potatoes, yellow squash, roll, cookie D: Salmon patty, diced potatoes, peas, cake	L: Pork loin, sweet 3 potato, broccoli and cauliflower, roll, rice crispy D: Pulled pork sandwich, tater tots, coleslaw, apple slices
	L: Ham, au gratin 4 potatoes, baby carrots, fruited jello D: Tuna salad on a croissant, soup, cucumber salad, pudding	L: Macaroni beef 5 bake, salad bar, breadstick, brownie D: Turkey, bacon, and swiss melt, french fries, diced peaches	L: Chicken fajitas, 6 fried rice, refried beans, churro D: Grilled chicken sandwich w/ lettuce, tomato, onion, sweet potato fries, blondie	L: Beef pot roast, 7 carrots and potatoes, cheddar biscuit, spice cake D: Deli sandwich, broccoli cheese soup, applesauce	L: Chipped beef over 8 toast, green beans, ice cream cone D: Meatballs w/ gravy, buttered noodles, mixed vegetable, fruited jello	L: Salmon, 9 asparagus, diced potatoes, roll, red velvet cake D: Chili cheese dog, chips, pineapple, ice cream	L: Roast beef, 10 baked potato, broccoli w/ cheese, roll, pie D: Chicken alfredo, side salad, garlic bread, peaches
	L: Open faced turkey 11 sandwich, mashed potatoes, peas, pineapple upside down cake D: Cheesy ham and hashbrown casserole, green beans, tapioca pudding	L: Spaghetti w/ meat 12 sauce, salad bar, garlic bread, scotcharoo D: Smoked sausage, red skin potatoes, onions and peppers, cream pie	L: BBQ chicken, 13 mashed sweet potatoes, corn, roll, sliced apples D: Chili, cornbread, cinnamon roll	L: Cheeseburger, 14 potato salad, watermelon, ice cream D: BBQ pork riblette, mashed potatoes, zucchini, sherbet	L: Lobster, loaded 15 baked potato, broccoli, cheesecake D: Rueben, chicken noodle soup, ice cream	L: Beef tips w/ 16 gravy, steamed rice, green beans, peanut butter bar D: Philly steak on a bun, french fries, applesauce	L: Corned beef and 17 cabbage, peas and carrots, biscuit, angel food cake D: Chicken tenders, french fries, baked beans, jello
	L: Fried chicken, 18 corn, mashed potatoes w/ gravy, roll, apple pie D: Pork tenderloin, potato wedges, coleslaw, fresh fruit	L: Beef stroganoff, 19 beets, roll, banana split D: Egg salad on a croissant, soup, crackers, cake	L: Ham, au gratin 20 potato, carrots, roll, chocolate chip cookie D: Chicken and dumplings, green beans, biscuit, brownie	L: Spaghetti w/ meat 21 sauce, mixed vegetable, breadstick, fruit cobbler D: BBQ chicken sandwich, potato salad, fries, ice cream	L: Pork chop, salad 22 bar, cornbread, peas, fruit fluff D: Corn chowder, ½ sandwich, fruit, cream pie	L: Meatloaf, 23 mashed potatoes, squash, roll, apple crisp D: Sliced turkey, stuffing, mixed veg. ice cream	L: Garlic and herb 24 breaded tilapia, red skin potatoes, asparagus, key lime pie D: Roast beef and swiss melt, cucumber salad, chips, cookie
	L: Cheeseburger, 25 potato salad, watermelon, ice cream D: Wild rice soup, buttered bread, mandarin oranges	L: Chicken breast, 26 mashed potatoes, brussels sprouts, breadstick, lemon cake D: Macaroni and cheese, side salad, breadstick, pudding	L: Turkey, stuffing, 27 green bean casserole, roll, pumpkin pie D: Sloppy joe on a bun, corn, baked beans, oreo fluff	L: Tuna noodle 28 casserole, peas, garlic bread, lemon bar D: Salisbury steak, roasted potatoes, scalloped corn, sherbet	L: Tater tot 29 casserole, garlic bread, carrots, roll, pecan pie D: Chef salad, roll, sliced pears	L: Shrimp, 30 asparagus, baked potato, ice cream D: Ham and bean soup, ½ sandwich, fruited jello	