

# SEPTEMBER



*an abiliT Senior Living Community*

## Lunch & Supper Menus

## SATURDAY

*Kickoff Life with us!*



Passport to  
*Exceptional Care.*  
*Extraordinary Living.*

**1**

**SMOTHERED CHICKEN**

**MASHED POTATOES**

**CREAMED CORN**

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**CHILI DOG**

**CHILI CHEESE FRIES**

**PATTY MELT**

**POTATO WEDGES**

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**SALMON PATTY**

**OVEN FRIED POTATOES**

**VEGETABLE BLEND**

**BAKED PORK CHOP**

**MASHED POTATOES**

**PEAS**

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**REUBEN SANDWICH**

**CURLY FRIES**

**4**

**ROAST BEEF**

**POTATOES AND GRAVY**

**GREEN BEANS**

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**TURKEY BURGER**

**SWEET POTATO FRIES**

**CHICKEN TERIYAKI**

**FRIED RICE**

**ORIENTAL VEGETABLES**

**BLT SANDWICH**

**WATERMELON**

**PORK CUTLETS**

**6**

**LOADED POTATO BAKE**

**CORN**

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**TUNA-N-NOODLES**

**PEAS**

**MEATLOAF**

**7**

**CHEESY HASHBROWN CASSEROLE**

**CARMALIZED CARROTS**

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**PANCAKES**

**BACON/SAUSAGE**

**ROASTED TURKEY**

**POTATOES AND GRAVY**

**PEAS & CARROTS**

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**BRATWURST**

**COWBOY BEANS**

**FISH**

**TATER TOTS**

**STEWED TOMATOES**

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**CHEF'S CHOICE**

**PHILLY STEAK SANDWICH**

**POTATO WEDGES**

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**MEATBALLS WITH GRAVY**

**BUTTERED NOODLES**

**CREAMED CORN**

**FRIED CHICKEN**

**POTATOES AND GRAVY**

**SCALLOPED CORN**

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**EGG SALAD SANDWICH**

**SOUP OF THE DAY**

**FRENCH DIP SANDWICH**

**GREEN AND GOLD BEANS**

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**BEEF-N-NOODLES**

**PEAS**

**SMOKED SAUSAGE**

**TORTELLIN ALFREDO**

**BABY CARROTS**

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**PORK BBQ RIBLETTE**

**BAKED BEANS**

**HAMBURGER STEAK**

**POTATOES AND GRAVY**

**CABBAGE WITH BACON**

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**TURKEY & SWISS SANDWICH**

**MACARONI SALAD**

**PORK CHOP**

**15**

**STUFFING**

**BRUSSEL SPROUTS**

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**HOT DOG WITH RELISH**

**TATER TOTS**

**GOULASH**

**GREEN BEANS**

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**CHICKEN STRIPS**

**FRENCH FRIES**

**COUNTRY FRIED STEAK**

**POTATOES AND GRAVY**

**BROCCOLI**

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**CHICKEN PATTY SANDWICH**

**CARROTS**

**GLAZED HAM**

**SWEET POTATOES**

**MIXED VEGETABLES**

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**BBQ BEEF SANDWICH**

**BAKED BEANS**

**19**

**PORKLOIN**

**POTATOES AND GRAVY**

**CREAMED PEAS**

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**DELI SANDWICH**

**FRUIT**

**BBQ CHICKEN**

**MACARONI AND CHEESE**

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**TUNA SALAD SANDWICH**

**SOUP OF THE DAY**

**CINDY'S HOMEMADE CHICKEN  
NOODLE SOUP**

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**CRESCENT ROLLS**

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**TACO BURGERS**

**DORITOS**

**LASAGNA**

**CORN**

**GARLIC BREAD**

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**PORK BURGER**

**WAFFLE FRIES**

**FISH**

**BOILED POTATOES**

**BEETS**

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**GRILLED HAM & CHEESE SAND.**

**TOMATO SOUP**

**PIZZA**

**FIESTA CORN**

**BREADSTICKS**

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**SCALLOPED POTATOES & HAM**

**CHEF'S CHOICE OF VEGETABLE**

**TURKEY**

**25**

**POTATOES AND GRAVY**

**GREEN BEAN CASSEROLE**

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**SLOPPY JOE**

**POTATO CHIPS**

**26**

**SPAGHETTI**

**GREEN BEANS**

**GARLIC BREAD**

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**VEGETABLE CHEESEBURGER**

**FRENCH FRIES**

**HOT BEEF**

**POTATOES AND GRAVY**

**MIXED VEGETABLES**

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**CHICKEN PATTY**

**GARDEN RICE**

**28**

**SWISS STEAK**

**BOILED POTATOES**

**STEAMED CABBAGE**

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**BEEF STEW**

**BISCUIT**

**29**

**SMOTHERED CHICKEN**

**MASHED POTATOES**

**CREAMED CORN**

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**CHILI**

**GRILLED CHEESE SANDWICH**

**30**

**PATTY MELT**

**POTATO WEDGES**

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**SALMON PATTY**

**OVEN FRIED POTATOES**

**VEGETABLE BLEND**