

SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 B French Toast, Ham L- Meatloaf, Mashed Potatoes and Gravy, Buttered Carrots, Roll, Apple Crisp S- Pulled Pork Sandwich, Waffle Fries, Coleslaw, Strawberries and Ice Cream	2 B- Scrambled Eggs, Hash Browns, Sausage Links, Toast L- Crunchy Fried Fish, Baked Potato, Tossed Salad, Roll, Pudding w/Topping S- Egg Salad on Croissant, Chips, Fruit Cup, Chocolate Chip Cookie	3 B- Egg of Choice, Bacon, Toast, Banana L- BBQ chicken, Corn, Creamy Cucumber Salad, Roll, Sherbet S- Scalloped Potatoes and Ham, Green Beans, Breadstick, Frosted Cake
4 B- Biscuits and Sausage Gravy, Fruit Cup L- Turkey Breast Slices w/Herbed Dressing, Mashed Potatoes w/Gravy, Peas, Roll, Bar S- Sloppy Joe, French Fries, Broccoli Slaw, Pears	5 B- Pancakes, Bacon, Choice of fruit L- Spaghetti w/Meat Sauce, Tossed Salad, Garlic Bread, Cream Cheese Bars S- BLT Sandwich, Cottage Cheese, Peaches, Oatmeal Raisin Cookie	6 B- Cheese Omelette, Sausage Patty, Toast L- Beef Minute Steak, Buttered Noodles, Seasoned Zucchini, Roll, Strawberry Shortcake S- Chicken Patty on Bun, Au Gratin Potatoes, Baked Beans, Jello Parfait	7 B- Ham, Egg and Cheese Sandwich, Fruit, L- Baked Pork Chops, American Fries, Seasoned Beets, Roll, BB Pie, S- Hot Beef Sandwich w/Mashed Potatoes and Gravy, Corn, Fruit Cocktail	8 B- Breakfast Skillet, Banana, Toast L- Chicken Breast Fillet, Broccoli Florets, Cheesy Rice, Melon S- Smoked Sausage, Northern Beans, Roll, Sauerkraut, Coconut Cream Pie	9 B- Egg of Choice, Bacon, Toast L- Beer Battered Fish, Steak Fries, 3-Bean salad, Brownie S- Hot Dog on Bun, Macaroni and Cheese, Spring Mix Salad, Ice cream with Topping	10 B- Waffles, Sausage Links, Orange Slices L- Pork Medallions, Green Beans, Parsley Potatoes, Cherries in the Snow S- Tator Tot Hot Dish, Garlic Toast, Grape Salad
11 B- Scrambled Eggs, Cinnamon Roll, Ham L- Roast Beef, Baked Potato, Carrots, Roll, Chocolate Cake S- Turkey Sandwich, Chips, Fresh Fruit, Peanut Butter Bars	12 B- Sausage Links, French Toast Bake, Apple Slices, L- Chicken Chowmein, Garden Salad, French Bread, Pineapple S- Chs Burger, French, Fries, Lemon Bar	13 B- Cereal of Choice, Fruit, Danish L- Spam Hot Dish, Roll, Green Beans, Rice Krispy Bar S- Potato and Bacon Soup, Reuben Sandwich, Cupcake with Frosting	14 B- Hard Boiled Egg, Kielbasa, Toast L- Lasagna, Creamed Spinach, Garlic Bread, Jello S- Chix Stuffing Hotdish, Corn, Fruit Salad, Chocolate Mousse	15 B- Bacon, French Toast L- Turkey a-la-king, Biscuit, Peas, Pudding Tort S- Bratwurst on Bun, Potato Salad, Fruit Cocktail, Zucchini Cake	16 B- Sausage Patty, Egg of Choice, English Muffin, Strawberries L- Shrimp, Tator Tots, Cottage Cheese Jello Salad S- Beef Stroganoff, Roll, Asparagus, Cookie	17 B- Waffles, Bacon L- Hamburger Steak with Mushroom Gravy, Hashbrowns, Geen Beans, Roll, Peaches S- Hot Ham and Cheese, Potato Wedges, Applesauce
18 B- Corn Beef Hash, Egg of Choice, Toast L- Chix Fried Steak, Sweet Potatoes, Waldorf Salad, Cherry Pie+ S- Chicken Wild Rice Soup, Grilled Cheese, Fruit Cup, Date Bar	19 B- Blueberry Pancakes, Bacon L- Pork Loin, Rice Broccoli and Cheese Casserole, Roll, Sherbet S- Grilled Chix Breast, Scalloped Potatoes, Seven Layer Salad, Raspberry Pretzel Desert	20 B- Sausage Patty, Egg of Choice, Toast L- Chili, Tossed Salad, Corn Bread, Frozen Yogurt Pie S- Pork BBQ Riblet, Onion Rings, Green Beans, Lemon Cake	21 B- Sausage Links, Scrambled Eggs with Cheese, Banana L- Shepard's Pie, Carrots, Roll, Assorted Melon S- Turkey and Swiss Sandwich, Cottage Cheese and Jello Salad, Relishes, Ice Cream	22 B- Breakfast Casserole, Apple Sauce, Toast L- Sweet & Sour Pork Chops, Rice Pilaf, Brussel Sprouts, Roll, Cake S- Beef Tips, Boiled Potatoes, Tossed Salad, Sherbet	23 B- Bacon, French Toast L- Tuna Noodle Casserole, Mixed Vegetables, Roll, Blueberry Delight S- Pizza, Pear Salad, Bread Stick, Brownie	24 B- Cheese Omlete, Ham, Apple Cinnamon Muffin L- BBQ Meatballs, Cheesy Potatoes, Cole Slaw, Roll, Chocolate Chip Bar S- Chix Patty Sandwich, French Fries, Pickled Beets, Fruit Cocktail
25 B Breakfast Sandwich, Hash Browns, Grapes L- Beef Stew, Corn Bread, Peaches & Pears, Poke Cake S- Pulled Pork Sandwich, Baked Beans, Creamed Corn, Cookie	26 B- Breakfast Pizza, L- Roasted Turkey, Mashed Potatoes w/ Gravy, Peas, Roll, Pudding Desert S- Hamburger Goulash, Lettuce Salad, Bread Stick, Brownie	27 B- Egg of Choice, Kielbasa, Toast L- Mac & Cheese w/Bacon, Hot Dog, Mixed Vegetables, Oreo Rice Krispy Bar S- Tuna Salad, Sliced Tomatoes, Crackers, Grapes, Hello Dolly Bar	28 B- Breakfast Bake, toast, Orange slices L- Lisa's Favorite Hot Dish, Creamy Cucumbers, Roll, Peach Cobbler S- Turkey Ranch Wrap, French Fries, Broccoli, Coconut Cake	29 B French Toast, Ham L- Meatloaf, Mashed Potatoes and Gravy, Buttered Carrots, Roll, Apple Crisp S- Pulled Pork Sandwich, Waffle Fries, Coleslaw, Strawberries and Ice Cream	30 B- Scrambled Eggs, Hash Browns, Sausage Links, Toast L- Crunchy Fried Fish, Baked Potato, Tossed Salad, Roll, Pudding w/Topping S- Egg Salad on Croissant, Chips, Fruit Cup, Chocolate Chip Cookie	