


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|--|---|
| <i>Daily Morning Programs</i> Daily Chronicle News Puzzles/Card Games/Morning Walks Room Visits 1:1 **Activities are subject to change** | <i>Transportation</i> Scheduled Appointments: Tuesday & Thursday 9-4pm | <i>Petals Salon and Spa</i> Open by Appointment: Tuesday 10-6PM | <i>Warren Therapy</i> Monday-Friday 9AM-12PM | 1 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 DrumFit w/ Sydfit TR 1:30 Room Visits w/ Kathleen 2:00 Wii Bowling MC 3:00 Live Music Social- | 2 10:00 Daily Morning Programs 10:30 Morning Stretch MC 11:00 Biography Friday TH 1:30 Whiteboard Games TR 2:00 Brain Games MC 3:00 Happy Hour! DR | 3 10:00 News & Coffee DR 10:30 Exercise DVD TR 2:00 Resident’s Choice Games MC/GR 6:00 Movie Night TH |
| 4 10:00 News & Coffee DR 10:30 Exercise DVD TR 1:30 Wii Games MC 3:00 Walking Club | 5 <i>Labor Day</i> 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Tech Support w/ Emily 2:00 Crafting Class: Bookmarks DR 3:00 Shake Loose a Memory | 6 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 Stretch & Strength w/SydFit 1:30 Tuesday Tea Time DR 2:00 Matinee Movie TH 3:00 Courtyard Walks/Games | 7 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Trivia TR 1:30 Eucharist -St. John Fisher 2:30 Tender Hearts: MC 3:30 Tender Hearts: PD | 8 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 DrumFit w/ Sydfit TR <i>1:00 3rd Annual Blossom Ridge Classic Car Show!</i> 3:00 Live Music Social - Sheila Landis DR | 9 10:00 Daily Morning Programs 10:30 Morning Stretch MC 11:00 Biography Friday TH 1:30 Whiteboard Games TR 2:00 Brain Games MC 3:00 Happy Hour DR | 10 10:00 News & Coffee DR 10:30 Exercise DVD TR 2:00 Resident’s Choice Games MC/GR 6:00 Movie Night TH |
| 11 <i>National Assisted Living Week!</i> 10:00 News & Coffee DR 10:30 Exercise DVD TR 1:30 Wii Games MC 3:00 Walking Club | 12 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Tech Support w/ Emily 2:00 “Thank a staff member” Assisted Living Week Project 3:00 Bingo! DR | 13 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:00 Therapy Dogs Visit! 11:30 Stretch & Strength w/SydFit 1:30 Tuesday Tea Time DR 2:00 Rochester Museum Lecture “The Civil War” | 14 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Trivia TR 2:00 Rosary/ Bible Study TH 2:30 Tender Hearts: MC 3:30 Tender Hearts: PD | 15 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 DrumFit w/ Sydfit TR 1:30 Room Visits w/ Kathleen 2:00 Wii Bowling MC 3:00 Live Music Social - Terry Altman DR | 16 10:00 Daily Morning Programs 10:30 Morning Stretch MC 11:00 Biography Friday TH 1:30 Whiteboard Games TR 2:00 Brain Games MC 3:00 Happy Hour & Live Music Social—Jazz Duo | 17 10:00 News & Coffee DR 10:30 Exercise DVD TR 2:00 Resident’s Choice Games MC/GR 6:00 Movie Night TH |
| 18 10:00 News & Coffee DR 10:30 Exercise DVD TR 1:30 Wii Games MC 3:00 Walking Club | 19 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Tech Support w/ Emily 2:00 Crafting Class: Fall Ceramic Painting DR 3:00 Bingo! DR | 20 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 Stretch & Strength w/SydFit 1:30 Tuesday Tea Time DR 2:00 Matinee Movie TH 3:00 Courtyard Walks/Games | 21 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Trivia TR 1:30 Worship Music w/ Oakland Church MC 2:30 Tender Hearts: MC 3:30 Tender Hearts: PD | 22 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 DrumFit w/ Sydfit TR 1:30 Room Visits w/ Kathleen 2:00 Wii Bowling MC 3:00 Live Music Social - Vanessa Carr DR | 23 10:00 Daily Morning Programs 10:30 Morning Stretch MC 11:00 Biography Friday TH 1:30 Whiteboard Games TR 2:00 Brain Games MC 3:00 First Day of Fall Happy Hour! | 24 10:00 News & Coffee DR 10:30 Exercise DVD TR 2:00 Resident’s Choice Games MC/GR 6:00 Movie Night TH |
| 25 10:00 News & Coffee DR 10:30 Exercise DVD TR 1:30 Wii Games MC 3:00 Walking Club | 26 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Tech Support w/ Emily 2:00 Crafting Class: Welcome Door Hangers DR 3:00 Bingo! DR | 27 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 Stretch & Strength w/SydFit 1:30 Tuesday Tea Time DR 2:00 Matinee Movie TH 3:00 Courtyard Walks/Games | 28 10:00 Daily Morning Programs 10:30 Morning Stretch MC 1:30 Trivia TR 2:00 Rosary/Bible Study TH 2:30 Tender Hearts: MC 3:30 Tender Hearts: PD | 29 10:00 Daily Morning Programs 10:30 Chair Yoga MC 11:30 DrumFit w/ Sydfit TR 1:30 Room Visits w/ Kathleen 2:00 Wii Bowling MC 3:00 Live Music Social - Phoebe Holmes DR | 30 10:00 Daily Morning Programs 10:30 Morning Stretch MC 11:00 Biography Friday TH 1:30 Whiteboard Games TR 2:00 Brain Games MC 3:00 September Birthday’s Happy Hour DR |  |