



SEPTEMBER 2022

PACIFICA SENIOR LIVING VICTORIA COURT

(401) 946-5522
Legacies™ Memory Care

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--|--|
|  <p>VICTORIA COURT PACIFICA SENIOR LIVING Memory Care & Adult Day Care</p> | <p>RESIDENTS BIRTHDAY:</p> <p>BUFFY M. 9-2 NOREEN S. 9-36 ANNE MARIE R. 9-22 CAROL F. 9-23</p> | <p>BEAUTY SALON:</p> <p>WEDNESDAY'S 8:00am- 11:30am</p> <p>MANICUIRES: MONDAYS 10:30am-11:30am</p> | <p>STAFF BIRTHDAYS</p> <p>FRED H. 9-1</p>  | <p>P 10:00 MOVE ALONG W/ ME 1 10:30 PUZZLES/ CHESS GAMES 11:00 COLORING PAGES C 1:30 TRIVIA IN THE LOBBY 2:30 SOCIAL HOUR M 3:30 SING ALONG P 6:00 YOU-TUBE EXERCISES 6:30 PARACHUTE</p> | <p>P 10:00 CARDIO FITNESS 2 10:30 NAME 10 C 11:00 HANG MAN 1:30 BINGO WITH BILL S 2:00 MUSIC WITH ANNE P 3:30 RESIDENT CHOICE SHOW 6:00 PM FITNESS MOVES 6:30 HALLMARK MOVIE NIGHT</p> | <p>P 10:00 SITTERCISE 3 C 10:30 CORN HOLE L 11:00 CURRENT EVENTS S 1:30 HISTORY FUN FACTS S 2:30 SOCIAL HOUR M 3:30 SING -A - LONG SONGS P 6:00 CHAIR MOVES 6:30 I LOVE LUCY SHOW</p> |
| <p>P 10:00 MORNING WOROUT 4 S 10:30 GOSPEL SING A LONG L 11:00 READING CLUB C 1:30 SKETCH AND TRACE S 2:30 SOCIAL HOUR M 3:30 SING -A - LONG SONGS P 6:00 BODY IN MOTION WORKS C 6:30 LAWRENCE WELK</p> | <p>P 10:00 MORNING SHOW 5 L 10:30 CYCLING WITH VICKEY S 11:00 MANICURE MONDAY S 1:30 PICK UP 6 CARD GAME M 2:30 CHEESE PIZZA SOCIAL P 3:30 SING -A - LONG SONGS P 6:00 PM BODY MOVES R 6:30 I LOVE LUCY</p> | <p>P 10:00 SIT AND BE FIT 6 O 10:30 GARDENING CLUB S 11:00 YARD GAMES S 1:30 ARTS AND CRAFTS M 2:30 SOCIAL HOUR P 3:30 SING ALONG WITH ME P 6:00 HAND YOGA 6:30 PARACHUTE</p> | <p>P 10:00 AM MOVES 7 O 10:30 WALKERS CLUB C 11:00 GUESS THE PHRASE S 1:30 BINGO WITH BILL S 2:30 SOCIAL HOUR M 3:30 SING -A - LONG SONGS P 6:00 FEET WORKS P 6:30 YOU TUBE FUN</p> | <p>P 10:00 MOVE ALONG W/ ME 8 C 10:30 PUZZLES O 11:00 COLORING PAGES S 1:30 TRIVIA IN THE LOBBY S 2:30 MENS GATHERING M 3:30 SING -A - LONG SONGS P 6:00 YOU-TUBE EXERCISES 6:30 PUZZLE CREATIONS</p> | <p>P 10:00 CARDIO FITNESS 9 C 10:30 JEWELRY BEADING S 11:00 TEDDY BEAR DAY S 1:30 BINGO WITH BILL S 2:30 SOCIAL HOUR P 3:30 RESIDENT CHOICE SHOW 6:00 PM FITNESS MOVES 6:30 HALLMARK MOVIE NIGHT</p> | <p>P 10:00 SITTERCISE 10 C 10:30 BULLS EYE L 11:00 CURRENT EVENTS L 1:30 COUPON CLIPPING S 2:30 SOCIAL HOUR P 3:30 SING -A - LONG SONGS 6:00 CHAIR MOVES R 6:30 I LOVE LUCY SHOW</p> |
| <p>P 10:00 MORNING BRUNCH FOR GRANDPARENTS DAY 11 S 10:30 GRANDPARENTS DAY L 11:00 READING CLUB C 1:30 ARTS AND CRAFTS S 2:30 SOCIAL HOUR M 3:30 SING -A - LONG SONGS P 6:00 BODY IN MOTION WORKS C 6:30 LAWRENCE WELK</p> | <p>P 10:00 MORNING SHOW 12 L 10:30 CYCLING WITH VICKEY L 11:00 MANICURE MONDAY O 1:30 FRANCE GAMES S 2:30 SOCIAL HOUR M 3:30 SING -A - LONG SONGS P 6:00 PM BODY MOVES 6:30 FUNNY VIDEOS</p> | <p>P 10:00 SIT AND BE FIT 13 R 10:30 GARDENING CLUB R 11:00 JEWELRY BEADING O 1:30 PORTUGAL GAMES S 2:30 TEA TIME SOCIAL HOUR/ S ANTS ON A LOG M 3:30 SING -A - LONG SONGS P 6:00 HAND YOGA</p> | <p>P 10:00 AM MOVES 14 10:30 COLORING PAGES 11:00 ARTS AND CRAFTS O 1:30 ITALIAN GAMES S 2:30 WINE AND CHEESE SOCIAL S 3:30 SING -A - LONG SONGS 6:00 FEET WORKS P 6:30 YOU TUBE FUN</p> | <p>P 10:00 MOVE ALONG W/ ME 15 C 10:30 PUZZLES 11:00 TABLE GAMES O 1:30 CHINA GAMES S 2:30 SOCIAL HOUR S 3:30 SING -A - LONG SONGS P 6:00 YOU-TUBE EXERCISES 6:30 PARACHUTE</p> | <p>P 10:00 CARDIO FITNESS 16 L 10:30 SING ALONG 11:00 TRIVIA GAMES O 1:30 USA GAMES C 2:30 SOCIAL HOUR M 3:00 MUSIC BY JOHN SCOTTI P 6:00 PM FITNESS MOVES 6:30 HALLMARK MOVIE NIGHT</p> | <p>P 10:00 SITTERCISE 17 C 10:30 BALL TOSS W/ HOOP L 11:00 CURRENT EVENTS L 1:30 LETS CREATE ART S 2:30 SOCIAL HOUR P 3:30 SING -A - LONG SONGS 6:00 CHAIR MOVES R 6:30 I LOVE LUCY SHOW</p> |
| <p>P 10:00 MORNING WORKOUT 18 S 10:30 GOSPEL SING ALONG R 11:00 BAKERS GROUP: RICE KRISPIES L 1:30 VELVET ART M 2:30 ICE CREAM SOCIAL P 3:30 SING -A - LONG SONGS C 6:00 BODY IN MOTION WORKS</p> | <p>P 10:00 MORNING SHOW 19 L 10:30 CYCLING WITH VICKEY L 11:00 MANICURE MONDAY C 1:30 PICK UP 6 CARD GAME M 2:30 SOCIAL HOUR P 3:30 SING -A - LONG SONGS P 6:00 PM BODY MOVES R 6:30 THREE STOOGES</p> | <p>P 10:00 SIT AND BE FIT 20 L 10:30 GARDENING CLUB L 11:00 YARD GAMES C 1:30 ARTS AND CRAFTS M 2:30 PEPERONI PIZZA SOCIAL P 3:30 SING -A - LONG SONGS 6:00 HAND YOGA 6:30 PARACHUTE</p> | <p>P 10:00 AM MOVES 21 O 10:30 WALKERS CLUB R 11:00 BOARD GAMES R 1:30 BINGO WITH BILL S 2:30 SOCIAL HOUR S 3:30 SING -A - LONG SONGS M 6:00 FEET WORKS P 6:30 YOU TUBE FUN</p> | <p>P 10:00 MOVE ALONG W/ ME 22 L 10:30 PUZZLES 11:00 COLORING PAGES C 1:30 TRIVIA IN THE LOBBY M 2:00 MUSIC BY MIKE D. S 2:30 MENS GATHERING S 3:30 SING -A - LONG SONGS P 6:00 YOU-TUBE EXERCISES</p> | <p>P 10:00 CARDIO FITNESS 23 10:30 MAKING BRACELETS 11:00 SPORTS GAME C 1:30 BINGO WITH BILL S 2:30 SOCIAL HOUR M 3:30 RESIDENT CHOICE SHOW P 6:00 PM FITNESS MOVES 6:30 HALLMARK MOVIE NIGHT</p> | <p>P 10:00 SITTERCISE 24 C 10:30 BEAN BAG TOSS L 11:00 CURRENT EVENTS L 1:30 RESIDENTS CHOICE S 2:30 SOCIAL HOUR P 3:30 SING -A - LONG SONGS 6:00 CHAIR MOVES R 6:30 I LOVE LUCY SHOW</p> |
| <p>P 10:00 MORNING WORKOUT 25 S 10:30 GOSPEL SING ALONG C 11:00 READING CLUB C 1:30 COLORING PAGES S 2:30 SING ALONG SONG M 3:30 SING -A - LONG SONGS P 6:00 BODY IN MOTION WORKS 6:30 LAWRENCE WELK</p> | <p>P 10:00 MORNING SHOW 26 L 10:30 CYCLING WITH VICKEY L 11:00 MANICURE MONDAY C 1:30 PICK UP 6 CARD GAME M 2:30 PANCAKE SOCIAL HOUR P 3:30 SING -A - LONG SONGS P 6:00 PHYSICAL MOVES 6:30 FUNNY VIDEOS</p> | <p>P 10:00 SIT AND BE FIT 27 C 10:30 BOARD GAMES L 11:00 GUESSING GAME L 1:30 ARTS AND CRAFTS M 2:30 SOCIAL HOUR S 3:30 SING WITH ME S 6:00 FITNESS HOUR P 6:30 BOWLING GAMES</p> | <p>P 10:00 AM MOVES 28 O 10:30 WALKERS CLUB R 11:00 WHAT AM I ? S 1:30 BINGO WITH BILL S 2:30 WINE AND CHEESE SOCIAL C 3:30 SING -A - LONG SONGS L 4:00 RESIDENT COUNCIL/ FOOD FORUM W/ VICKEY+CO URTNEY R 6:30 PARACHUTE</p> | <p>P 10:00 MOVE ALONG W/ ME 29 L 10:30 PUZZLES C 11:00 COLORING PAGES C 1:30 TRIVIA IN THE LOBBY O 2:30 COFFEE SOCIAL HOUR S 3:30 SING ALONG M 6:00 YOU-TUBE EXERCISES P 6:30 PARACHUTE</p> | <p>P 10:00 CARDIO FITNESS 30 P 10:30 SPORTS GAME 11:00 BULLS EYE C 1:30 BINGO WITH BILL M 2:30 SOCIAL HOUR P 3:30 RESIDENT CHOICE SHOW 6:00 PM FITNESS MOVES R 6:30 HALLMARK MOVIE NIGHT</p> | <p>P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities R Reminiscing</p> |