## September 2022

## PACIFICA SENIOR LIVING TAMPA GARDENS

(813) 908-2333 Legacies™ Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TAMPA GARDENS SENIOR LIVING				9AM to 11AM - Manicures and hand messages, nail spa.  P 1PM to 3PM - Ball Toss  P 5PM to 6PM - Evening reminiscing, music, wine down.	<ul> <li>2</li> <li>P 9AM to 11AM - Table top bowling.</li> <li>M 1PM to 3PM - Cocktail hour with an InstruMix Jam Session!</li> <li>SPM to 6PM - Evening reminiscing, music, wine down.</li> </ul>	S 9AM to 11AM - Church services with Pastor Jeff.  1PM to 3PM - Balloon toss on the patio.  5PM to 6PM - Evening movie.
29AM to 11AM - Morning movie, TV shows, etc.  P 1PM to 3PM - Table games, coloring, balloon toss, etc.  R5PM to 6PM - Evening wine down.	P 9AM to 11AM - Exercise class with physical therapy.  S 1PM to 3PMLabor Day Hot Dog bar!  R 5PM to 6PM - Evening wine down.	9AM to 11AM - Ball toss on the patio.  1PM to 3PM - Color Bingo.  5PM to 6PM - Evening reminiscing, music, wine down.	<ul> <li>7</li> <li>S 9AM to 11AM - Communion with St. Timothy's Catholic Church.</li> <li>C 1PM to 3PM - Painting/Coloring</li> <li>R 5PM to 6PM - Evening wine down.</li> </ul>	9AM to 11AM - Manicures and hand messages, nail spa.  1PM to 3PM - Noodle ball on patio.  P 5PM to 6PM - Evening reminiscing, music, wine down.	9 P 9AM to 11AM - Table top bowling M 1PM to 3PM - Cocktail hour with Marc!  SPM to 6PM - Evening reminiscing, music, wine down.	<ul> <li>9AM to 11AM - Church services with Pastor Jeff.</li> <li>1PM to 3PM - Music with John the Saxophonist!</li> <li>5PM to 6PM - Evening movie.</li> </ul>
9AM to 11AM - Morning movie, TV shows, etc.  P 1PM to 3PM - Table games, coloring, balloon toss, etc.  R 5PM to 6PM - Evening wine down.	P 9AM to 11AM - Exercise class with physical therapy.  In the application of the searches, crafts, etc.  P 5PM to 6PM - Evening wine down.	9AM to 11AM - Ball toss on the patio.  1PM to 3PM - Color Bingo.  5PM to 6PM - Late night cocktail hour with the Crossroads Band!	<ul> <li>9AM to 11AM - Communion and Mass with St. Timothy's Church.</li> <li>1PM to 3PM - Parachute Play</li> <li>5PM to 6PM - Evening reminiscing, music, wine down.</li> </ul>	hand messages, nail spa.  1PM to 3PM - Color Bingo.	P 9AM to 11AM - Noodle ball.  M 1PM to 3PM - Cocktail hour with Val the Ukulele Player!  SPM to 6PM - Evening reminiscing, music, wine down.	<ul> <li>9AM to 11AM - Church services with Pastor Jeff.</li> <li>1PM to 3PM - Balloon toss on the patio.</li> <li>5PM to 6PM - Evening movie.</li> </ul>
18  © 9AM to 11AM - Morning movie, TV shows, etc.  P 1PM to 3PM - Table games, coloring, balloon toss, etc.  R 5PM to 6PM - Evening wine down.	P 9AM to 11AM - Exercise class with physical therapy.  In the searches, crafts, etc.  P 5PM to 6PM - Evening wine down.	<ul> <li>9AM to 11AM - Ball toss on the patio.</li> <li>1PM to 3PM - Crafts and things</li> <li>5PM to 6PM - Evening reminiscing, music, wine down.</li> </ul>	<ul> <li>9AM to 11AM - Communion with St. Timothy's Catholic Church.</li> <li>1PM to 3PM - Brownie Decorating.</li> <li>5PM to 6PM - Evening wine down.</li> </ul>	hand messages, nail spa.  1PM to 3PM - Fall carnival with live entertainment by Karla Sparks, popcorn, games, prizes, cotton	The Sugar Time Singers!!  5PM to 6PM - Evening reminiscing, music, wine down.	
25 Span to 11AM - Morning movie, TV shows, etc.  P 1PM to 3PM - Table games, coloring, balloon toss, etc.  R 5PM to 6PM - Evening wine down.	P 9AM to 11AM - Exercise class with physical therapy.  In the application of the searches of t		<ul> <li>9AM to 11AM - Communion with St. Timothy's Catholic Church.</li> <li>1 to 3PM - Make your own PB&amp;J.</li> <li>5PM to 6PM - Late night cocktail hour with Joyce and The Boys!</li> </ul>		<ul><li>9AM to 11AM - Noodle Ball.</li><li>1PM to 3PM - Birthday Bash with Marc!</li></ul>	Physical Wellness/Fitness Social/Spiritual Engagements Cognitive Visual & Language Skills Music Life Enrichment Skills Outdoor Activities Reminiscing

## September 2022

## PACIFICA SENIOR LIVING TAMPA GARDENS

(813) 908-2333 Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TAMPA GARDENS SENIOR LIVING				P 10AM - Morning walking group 1 11AM - Nail Spa 2PM - BINGO 4PM - Card Games with Tammi 6PM - Evening movie, news, TV.	P 10AM - Morning walk group 11AM - Michael's Shopping trip 2PM - Cocktail Hour with a IntruMix Jam session! 4PM - Independent board games, word games, coloring. 6PM - Evening movie, news, TV shows.	S 10:30AM - Church service with Pastor Jeff C 2PM - BINGO B 3PM - Movie and Popcorn APM - Independent board games, word games, coloring, etc. APM - Evening movie, news, TV
P 10AM - Independent walking group 11AM - Independent bible study 2PM - Afternoon Movie 4PM - Independent board games, word games, coloring, etc. 6PM - Evening movie, news, TV	10AM - Morning walking group 11AM - BINGO 12PM - Labor Day Hot Dog bar 3PM - Afternoon Movie 4PM - Independent Kings in the Corner 6PM - Evening movie, news, TV.	P 10AM - Coffee & Chat with ED 11AM - Card Crafting Class 2PM - Nail Spa 4PM - Card Games with Tammi 6PM - Evening movie, news, TV.	S 10AM - Communion with St. Timothy's Catholic Church 11AM - Exercise class with PT Noon - Lunch at Olive Garden 3PM - BINGO 4PM - Card games with Tammi 6PM - Evening movie, news, TV.	P 10AM - Morning walking group L 11AM - Nail Spa 2PM - Independent board games, word games, coloring. L 4PM - Card Games with Tammi 6PM - Evening movie, news, TV.	P 10AM - Morning walk group 11AM - Dollar Tree Shopping Trip 2PM - Cocktail Hour with Marc, Broadway pianist and singer! 4PM - Independent board games, word games, coloring. 6PM - Evening movie, news, TV shows.	S 10:30AM - Church service with 10 Pastor Jeff 1:30PM - Entertainment by John the saxophonist! 3PM - BINGO 4PM - Afternoon Movie 6PM - Evening movie, news, TV
<ul> <li>11</li> <li>10AM - Independent walking group</li> <li>11AM - Independent bible study</li> <li>2PM - Afternoon Movie</li> <li>4PM - Independent board games, word games, coloring, etc.</li> <li>6PM - Evening movie, news, TV</li> </ul>	10AM - Morning walking group 12 11AM - BINGO 2PM - Health Talk with Chapter's Health Care! 3PM - Afternoon Movie 4PM - Independent Kings in the Corner 6PM - Evening movie, news, TV.	P 10AM - Morning walking group 11AM - Card Crafting Class 2PM - Nail Spa 4PM - Word Games with Tammi 6PM - Late night cocktail hour with the Crossroads Band!	S 10AM - Communion with & Mass St. Tim's Catholic Church P 11AM - Exercise class with PT Noon - Lunch at Red Lobster P 2PM - Cooking Demo S 3PM - BINGO HM - Card Games with Tammi H 6PM - Evening movie, news, TV.	P 10AM - Morning walking group 11AM - Nail Spa 2PM - BINGO 4PM - Word Games with Tammi 6PM - Evening movie, news, TV.	P 10AM - Morning walk group 11AM - TJMAXX Shopping trip 2PM - Cocktail hour with Val the ukulele player! 4PM - Independent board games, word games, coloring. 6PM - Evening movie, news, TV shows.	Pastor Jeff  2PM - BINGO 3PM - Movie and Popcorn 4PM - Independent board games, word games, coloring, etc. 6PM - Evening movie, news, TV
	10AM - Morning walking group 19 11AM - BINGO 2PM - Card Crafting Class 3PM - Independent Kings in the Corner 4PM - Afternoon Movie 6PM - Evening movie, news, TV.	20 P 10AM - Morning walking group 11AM - Card Crafting Class P 2PM - Nail Spa 4PM - Word Games with Tammi 6PM - Evening movie, news, TV.	S 10AM - Communion with St. Timothy's Catholic Church 11AM - Exercise class with PT Noon - Lunch at IHOP Noon- Lunch with Piano Mike 2 to 4PM - Sobe physical therapy Meet and Greet	P 10AM - Morning walking group L 11AM - Nail Spa S 2PM - Fall carnival with live entertainment by Karla Sparks, popcorn, games, prizes, cotton candy and a trail mix bar! 6PM - Evening movie, news, TV.	<ul> <li>▶ 10AM - Morning walk group</li> <li>▶ 11AM - Ross Shopping Trip</li> <li>▶ 2PM - Cocktail Hour with         <ul> <li>The Sugar Time Singers!</li> </ul> </li> <li>♣ 4PM - Independent board games,</li></ul>	Pastor Jeff  M 2PM - Music with Jarrod Manos, piano play and singer!  3PM - BINGO 4PM - Movie and Popcorn 6PM - Evening movie, news, TV
P 10AM - Independent walking group 11AM - Independent bible study 2PM -Afternoon Movie 4PM - Independent board games, word games, coloring, etc. 6PM - Evening movie, news, TV	<ul> <li>10AM - Morning walking group 26</li> <li>11AM - BINGO</li> <li>2PM - Resident Council</li> <li>3PM - Food Committee Meeting</li> <li>4PM - Independent Kings in the Corner</li> <li>6PM - Evening movie, news, TV.</li> </ul>	P 10AM - Morning walking group 11AM - Card Crafting Class 2PM - Nail Spa 4PM - Word Games with Tammi 6PM - Evening movie, news, TV.	S 10AM - Communion with St. Timothy's Catholic Church 11AM - Exercise class with PT Noon- Lunch a Bob Evans 3PM - BINGO 4PM - Card Games with Tammi 6PM - Late night cocktail hour with Joyce and The Boys!	P 10AM - Morning walking group 29 L 11AM - Nail Spa C 2PM - Independent board games, word games, coloring. L 4PM - Word Games with Tammi C 6PM - Evening movie, news, TV.	<ul> <li>□ 10AM - Morning walk group</li> <li>□ 11AM - Wal-Mart Shopping trip</li> <li>□ 2PM - Birthday Bash Cocktail Hour with Marc, Broadway pianist and singer!</li> <li>□ 4PM - Independent board games, word games, coloring.</li> <li>□ 6PM - Evening movie, news, TV.</li> </ul>	Physical Wellness/Fitness Social/Spiritual Engagements Cognitive Visual & Language Skills Music Life Enrichment Skills Outdoor Activities

ALL ACTIVITIES SUBJECT TO CHANGE