

# SEPTEMBER 2022

# PACIFICA SENIOR LIVING FRESNO

(559) 298-4900  
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p><b>P</b> Physical Wellness/Fitness  <b>S</b> Social/Spiritual Engagements  <b>C</b> Cognitive Visual &amp; Language Skills  <b>M</b> Music  <b>L</b> Life Enrichment Skills  <b>O</b> Outdoor Activities  <b>R</b> Reminiscing</p>				<p><b>1</b></p>	<p><b>2</b></p> <p><b>S</b> 10:30AM LR Welcome Committee  <b>P</b> 10:45AM RR Fit Friday  <b>L</b> 1:30PM PC Bingo for Quarters  <b>P</b> 3:00PM L Corn Hole  <b>C</b> 4:00PM LR Technology Help          6:00PM TR Feature Film  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>3</b></p> <p><b>P</b> 10:45AM RR Tai Chi  <b>L</b> 1:30PM PC Dime Bingo  <b>L</b> 2:30PM PC Craft Corner  <b>C</b> 3:30PM PC Card Games          6:00PM TR Night at the Movies  <b>C</b> 6:00PM PC Mexican Train</p>
<p><b>4</b></p> <p><b>S</b> 10:00AM B Morning Coffee  <b>P</b> 10:45AM RR Tai Chi  <b>L</b> 1:30PM PC Bingo for Candy!  <b>S</b> 2:30PM RR Sunday Service  <b>C</b> 3:00PM PC Up Word  <b>C</b> 6:00PM PC Old Maid          6:00PM TR Movie Showing</p>	<p><b>5</b></p> <p><b>Labor Day</b></p> <p><b>S</b> 10:00AM LR Readers Club  <b>P</b> 10:45AM RR Movement Monday  <b>L</b> 1:30PM PC Bingo for Quarters  <b>L</b> 3:00PM PC Embroidery Class          6:00PM TR Motion Picture  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>6</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>P</b> 10:45AM RR Tuesday Stretch  <b>C</b> 1:30PM TR Travel &amp; Treats  <b>C</b> 2:00PM RR Pinochle  <b>L</b> 2:30PM PC 'Hello Fall' Painting  <b>P</b> 3:30PM RR Darts          6:00PM TR Night at the Movies</p>	<p><b>7</b></p> <p><b>S</b> 10:30AM LR Resident Council  <b>P</b> 10:45AM RR Wednesday Workout  <b>S</b> 1:30PM L Jewelry Booth  <b>C</b> 2:00PM PC UNO Attack  <b>M</b> 3:00PM L Richie Blue Music  <b>C</b> 6:00PM PC Pinochle          6:00PM TR Movie Hour</p>	<p><b>8</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>S</b> 10:30AM TR Christian Fellowship  <b>P</b> 10:45AM RR Sit &amp; Get Fit  <b>S</b> 1:00PM TR Communion Service  <b>L</b> 1:30PM PC Dime Bingo  <b>L</b> 3:00PM PC Price is Right          6:00PM TR Movie Night  <b>C</b> 6:00PM PC BUNCO!</p>	<p><b>9</b></p> <p><b>P</b> 10:45AM RR Fitness Friday's  <b>L</b> 1:30PM PC Quarter Bingo  <b>L</b> 2:00PM RR Mah-jongg  <b>P</b> 3:00PM PC Wii Bowling  <b>C</b> 4:00PM LR Tech. 101          6:00PM TR Movie Showing  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>10</b></p> <p><b>P</b> 10:45AM RR Morning Tai Chi  <b>L</b> 1:30PM PC Bingo for Dimes  <b>L</b> 2:30PM PC Crafting Hour  <b>C</b> 3:30PM PC Crazy Eights          6:00PM TR Motion Picture  <b>C</b> 6:00PM PC Rummikub</p>	
<p><b>11</b></p> <p><b>R</b> 10:00AM B Reminisce Group  <b>P</b> 10:45AM RR Morning Tai Chi  <b>L</b> 1:30PM PC Candy Bingo  <b>S</b> 2:30PM RR Church Service  <b>C</b> 3:00PM PC Yahtzee  <b>C</b> 6:00PM PC Skip-Bo          6:00PM TR Evening Showing</p>	<p><b>12</b></p> <p><b>L</b> 10:00AM PC Parcheesi  <b>P</b> 10:45AM RR Morning Exercise  <b>L</b> 1:30PM PC Quarter Bingo  <b>L</b> 3:00PM PC Clay Molding          6:00PM TR Cinema Hour  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>13</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>P</b> 10:45AM RR Tone &amp; Shape  <b>C</b> 1:30PM TR Treats and Travel  <b>C</b> 2:00PM RR Pinochle  <b>L</b> 2:30PM PC 'Fall Barn' Painting  <b>C</b> 3:30PM L Tongue Twisters          6:00PM TR Movies &amp; Popcorn</p>	<p><b>14</b></p> <p><b>P</b> 10:45AM RR Workout Wednesday  <b>S</b> 1:00PM RR Manicure Hour  <b>C</b> 2:00PM PC Kings in a Corner  <b>M</b> 3:00PM L Paddy Myers Live  <b>C</b> 6:00PM PC Pinochle          6:00PM TR Silver Screen</p>	<p><b>15</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>S</b> 10:30AM TR Christian Fellowship  <b>P</b> 10:45AM RR Stretch &amp; Flex  <b>S</b> 1:00PM TR Communion Service  <b>L</b> 1:30PM PC Bingo for Dimes  <b>P</b> 3:30PM L Beach Ball Volley          6:00PM TR Picture Showing  <b>C</b> 6:00PM PC BUNCO!</p>	<p><b>16</b></p> <p><b>P</b> 10:45AM RR Fit Friday  <b>L</b> 1:30PM PC Bingo for Quarters  <b>L</b> 2:00PM RR Mah-jongg  <b>P</b> 3:00PM RR Badminton  <b>C</b> 4:00PM LR Technology Help          6:00PM TR Feature Film  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>17</b></p> <p><b>P</b> 10:45AM RR Tai Chi  <b>L</b> 1:30PM PC Dime Bingo  <b>L</b> 2:30PM PC Craft Corner  <b>C</b> 3:30PM PC War          6:00PM TR Movies &amp; Popcorn  <b>C</b> 6:00PM PC Rummikub</p>	
<p><b>18</b></p> <p><b>S</b> 10:00AM B Morning Coffee  <b>P</b> 10:45AM RR Tai Chi  <b>L</b> 1:30PM PC Bingo for Candy!  <b>S</b> 2:30PM RR Sunday Service  <b>C</b> 3:00PM PC Scrabble  <b>C</b> 6:00PM PC Trick-Taking Game          6:00PM TR Motion Picture</p>	<p><b>19</b></p> <p><b>S</b> 10:00AM B New in the News  <b>P</b> 10:45AM RR Movement Monday  <b>L</b> 1:30PM PC Bingo For Quarters  <b>L</b> 3:00PM PC Paint Your Clay          6:00PM TR Silver Screen  <b>S</b> 6:00PM PC Penny Poker</p>	<p><b>20</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>P</b> 10:45AM RR Tuesday Stretch  <b>C</b> 1:30PM TR Travel &amp; Treats  <b>C</b> 2:00PM RR Pinochle  <b>L</b> 2:30PM PC 'Moon Painting'  <b>C</b> 3:30PM L Words in Words          6:00PM TR Night at the Movies</p>	<p><b>21</b></p> <p><b>S</b> 10:30AM LR Resident Council  <b>P</b> 10:45AM RR Wednesday Workout  <b>S</b> 1:30PM L Judy's Jewelry  <b>S</b> 2:00PM PC Activity Feedback  <b>M</b> 3:00PM L Music w/ Alpha  <b>C</b> 6:00PM PC Pinochle          6:00PM TR Cinema Hour</p>	<p><b>22</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>S</b> 10:30AM TR Christian Fellowship  <b>P</b> 10:45AM RR Sit &amp; Get Fit  <b>S</b> 1:00PM TR Communion Service  <b>L</b> 1:30PM PC Dime Bingo  <b>C</b> 3:00PM PC Rhyming Riddles          6:00PM TR Movie Night  <b>C</b> 6:00PM PC Bunco Group</p>	<p><b>23</b></p> <p><b>P</b> 10:45AM RR Fitness Friday's  <b>L</b> 1:30PM PC Quarter Bingo  <b>L</b> 2:00PM RR Mah-jongg  <b>M</b> 3:00PM PC Resident Sing-Along  <b>C</b> 4:00PM LR Tech. 101          6:00PM TR Movie Showing  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>24</b></p> <p><b>P</b> 10:45AM RR Morning Tai Chi  <b>L</b> 1:30PM PC Dime Bingo  <b>L</b> 2:30PM PC Crafts w/ Ellen  <b>C</b> 3:30PM PC Rummy          6:00PM TR Night at the Movies  <b>C</b> 6:00PM PC Mexican Train</p>	
<p><b>25</b></p> <p><b>R</b> 10:00AM B Remember When?  <b>P</b> 10:45AM RR Tai Chi  <b>L</b> 1:30PM PC Candy Bingo  <b>S</b> 2:30PM RR Church Service  <b>C</b> 3:00PM PC Tripoley  <b>C</b> 6:00PM PC Three Thirteen          6:00PM TR Evening Showing</p>	<p><b>26</b></p> <p><b>S</b> 10:00AM LR Readers Club  <b>P</b> 10:45AM RR Morning Exercise  <b>L</b> 1:30PM PC Bingo for Quarters  <b>L</b> 3:00PM PC Embroidery Class          6:00PM TR Motion Picture  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>27</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>P</b> 10:45AM RR Tone &amp; Shape  <b>C</b> 1:30PM TR Treats and Travel  <b>L</b> 1:30PM PC 'Sangria Painting'  <b>C</b> 2:00PM RR Pinochle  <b>S</b> 3:30PM DR Food Chat          6:00PM TR Movies &amp; Popcorn</p>	<p><b>28</b></p> <p><b>P</b> 10:45AM RR Workout Wednesday  <b>S</b> 1:00PM RR Nail Pampering  <b>C</b> 2:00PM PC UNO  <b>M</b> 3:00PM L Live w/ Prince  <b>S</b> 4:30PM DR Harvest Night  <b>C</b> 6:00PM PC Pinochle          6:00PM TR Feature Film</p>	<p><b>29</b></p> <p><b>O</b> 9:30AM P Water Aerobics  <b>S</b> 10:30AM TR Christian Fellowship  <b>P</b> 10:45AM RR Stretch &amp; Flex  <b>S</b> 1:00PM TR Communion Service  <b>L</b> 1:30PM PC Bingo for Dimes  <b>L</b> 3:30PM L Wellness - Social          6:00PM TR Picture Showing  <b>C</b> 6:00PM PC BUNCO!</p>	<p><b>30</b></p> <p><b>P</b> 10:45AM RR Fit Friday  <b>L</b> 1:30PM PC Bingo for Quarters  <b>L</b> 2:00PM RR Mah-jongg  <b>P</b> 3:00PM L Cornhole  <b>C</b> 4:00PM LR Technology Help          6:00PM TR Feature Film  <b>S</b> 6:00PM RR Penny Poker</p>	<p><b>Location Key:</b>  <b>L</b> Lobby  <b>B</b> Bistro  <b>P</b> Pool  <b>CY</b> Courtyard  <b>LR</b> Library Room  <b>DR</b> Dining Room  <b>GB</b> Garden Bed  <b>PC</b> Program Center  <b>RR</b> Recreation Room  <b>TR</b> Theater Room</p>	

\*Activities are subject to change\*