

September 2022

PACIFICA SENIOR LIVING VISTA

(760) 941-1480
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				P 9:00 Exercise/ Library C 10:00 Anagrams/ C Bldg C 1:00 Yoga Chair Dance/Lib M 2:00 Happy Hour w Music Station /Skylight 3:00 Food Committee/ Skylight	P 9:00 Exercise/Lib. C 10:15 Anagrams -C building L 1:00 Bridge Club - C Bldg. L 1:00 Wii Bowling – Library 2:30 Who Am I? Library 3:00 Nickle bingo/ Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams - C building L 1:00 Monopoly L 2:00 Ice Cream Social and Charades 2:30 Movie Library
P 9:00 Exercise/ Lib. C 10:15 Anagrams -C Building L 3:00 Nickel Bingo/Lib	P 9:00 Exercise /Lib. C 10:15 Anagrams - C Building L 1:00 Shopping (Sign up) L 2:00 Love on a Leash 2:00 Nickle Bingo/ Lib. 3:00 Music Appreciation/Lib	9:00 Exercise/Lib L 10:15 Painting w/ Robin/Lib 1:00 Crocheting Class/ Lib C 2:00 Mexican Train/ Lib 3:00 Nickle Bingo/ Lib S 4:00 Summer Trivia S 4:00 Military Night /Dining w Residents	P 9:00 Exercise/Lib C 10:15 Anagrams –C Bldg. S 1:00 Bridge Club - C Bldg. L 1:00 Sit and Be Fit 2:00 Bible Study - Skylight Patio w Victoria 3:00 Nickel Bingo/Lib.	P 9:00 Exercise/Lib. C 10:00 Town Hall– Lib. 10:30-Anagrams C Bldg. P 1:00 Yoga Chair Dance Lib M 2:00 Happy Hour w/Taylor Legacies 3:00 Travel the World/ Lib	P 9:00 Exercise/Lib. 10:15 Anagrams -C building C 1:00 Bridge Club - C Bldg. 1:00 Rhythms & Riddles - Library L 2:00 Manicures/Sign Up/Lib 3:00 Nickel Bingo /Library	P 9:00 Exercise/Lib. C 10:15 Anagrams - C building 1:00 YahtzeeLib. L 2:00 Ice Cream Social-Library 2:30 Movie /Lib
P 9:00 Exercise/Lib. C 10:15 Anagrams-C Building L 3:00 Nickel Bingo	P 9:00 Exercise – Lib. C 10:15 Anagrams - C Building L 1:00 Shopping (Sign up) L 2:00 Love on a Leash 2:00 Current Events/ Lib 3:00 Nickle Bingo/Lib	P 9:00 Exercise/Lib. L 10:15Painting with Robin/Lib 1:00 Manicures –Library C 2:00 Decades Day 1920's 3:00 Making Popsicles/Lib C 3:00 Scrabble C Bldg	P 9:00 Exercise/Lib. C 10:15 Anagrams –C Bldg. C 1:00 Armchair Astronomy 2:00 Bible Study-Skylight S Patio w Victoria 3:00 Nickel Bingo/Lib 5:30 Wine and Paint Night	P 9:00 Exercise/Lib. C 10:15 Anagrams- C Building M 1:00 Finish the Lyrics/ C Bldg.Lib 1:00 Chair Yoga/ Lib M 2:00 Happy Hour/ Robert in Skylight 3:00 Travel the World/Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams -Bldg. L 1:00 Bridge Club - C Bldg. 1:00 Monopoly/ Lib. 2:00 You Be The Judge/Lib 3:00 Nickle Bingo/ Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams - C building 1:00 Monopoly Library L 2:00 Ice Cream Social/ Lib. 2:30 Movie /Lib
P 9:00 Exercise/Lib C 10:15 Anagrams-C Building L 3:00 Nickel Bingo	P 9:00 Exercise/Lib C 10:15 Anagrams - C Building L 1:00 Shopping (Sign up) L 2:00 Love on a Leash 200 Nickel Bingo 3:00 On This day in History In the Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams-C Building 1:00 Exercise Library S 2:00 Root Beer Floats / Sing-A-Long 3:00 Decades Day 1920's	P 9:00 Exercise/Lib. C 10:15 Anagrams –C Bldg. L 1:00 Bridge Club– C Bldg. S 1:00 Art Pour Painting / Library 2:00 Bible Study-Skylight Patio w Victoria C 3:00 Wine Down Wednes-	P 9:00 Exercise/Lib. C 10:15 -Anagrams-C Building M 1:00 Famous Faces /Lib. L 1:00 Yoga Chair Dance Lib L 2:00 Hour w/ Randy in Legacies 3:00 Travel the World/ Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams -C building L 1:00 Bridge Club - C Bldg. 1:00 Popcorn / Corn Hole/ Lib P 2:00 Wii Golf Lib. 3:00 Nickle Bingo/ Lib	P 9:00 Exercise/Lib. C 10:15 Anagrams - C building L 1:00 Yahtzee/ Library L 2:00 Ice Cream Social/Lib 2:30 Movie /Lib
P 9:00 Exercise/Lib C 10:15 Anagrams - C Building L 3:00 Nickel Bingo	P 9:00 Exercise – Lib. C 10:15 Anagrams - C Building L 1:00 Shopping (Sign up) L 2:00 Love on a Leash 2:00 Nickel Bingo	P 9:00 Exercise/Lib. C 10:15 Anagrams - C Building 1:00 Manicures – Library L 2:00 Women's Club/ Lib. 3:00 Decades Day 1920's	P 9:00 Exercise in Library C 10:15 Anagrams in C Bldg. 1:00 Bridge Club-C Bldg. S 1:00 Pour Painting/Library 2:00 Bible Study– Skylight Patio w Victoria C 3:00 Nickle Bingo	9:00 Exercise/ Library 10:00 Anagrams /C Bldg. 1:00 Yoga Chair Dance/ Lib S 2:00Happy Hour w / Tony In Skylight 3:00 Travel the World/ Lib	P 9:00 Exercise / Lib 10:15 Anagrams /CBldg C 1:00 Bridge Club/ CBldg. 2:00 Fifties Trivia /Lib L 3:00 Nickle Bingo/Lib	P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities