


SEPTEMBER 2022

PACIFICA SENIOR LIVING VISTA

(760) 941-1480
Legacies™ Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 P 9:00 Chair Exercise S 10:00 Snacks + Alexa 11:00 Color Me Calm 12:00 Lunch Time M 2:00 Happy Hour w /Music Station in Skylight 3:00 Bingo and Snacks	2 P 9:00 Chair Exercise M 10:00 Anagrams 11:00 Sing-a-longs 12:00 Lunch Time C 2:00 Snack Time 3:00 Twister Game	3 P 9:00 Chair Exercises 10:00 Snack + Board Games C 11:00 Bingo 12:00 Lunch Time 2:00 Movie + Snack O 3:00 Walking Club
4 P 9:00 Chair Exercise S 10:00 Snacks 11:00 Board Games C 12:00 Lunch Time 2:00 Bingo 3:00 Kickball Fun 4:00 Relax To Music	5 P 9:00 Chair Exercises S 10:30 Anagrams C 11:00 Arts + Crafts 12:00 Lunch Time M 2:00 Love on a Leash 3:00 Sing-a-longs Snacks	6 P 9:00 Chair Exercises 10:30 Senior Samba w/ Tamar S 11:00 Arts + Crafts C 12:00 Lunch Time L 2:00 Bingo 3:00 Sing-a-longs + Snacks	7 P 9:00 Chair Exercise M 10:00 Trivia + Snacks S 11:00 Sing-a-longs 12:00 Lunch Time C 2:00 Ice Cream Social 3:00 Bingo + Snacks 4:00 Relax To Music	8 P 9:00 Chair Exercises S 10:00 Snacks + Alexa 11:00 Color Me Calm M 12:00 Lunch Time S 2:00 Happy Hour w/ Taylor in Legacies 3:00 Bingo + Snacks	9 P 9:00 Chair Exercise M 10:00 Anagrams 11:00 Sing-a-longs 12:00 Lunch Time C 2:00 Snack Time 3:00 Twister Game	10 P 9:00 Chair Exercises 10:00 Snack + Board Games 11:00 Bingo 12:00 Lunch Time 2:00 Movie + Snack O 3:00 Walking Club
11 C 9:00 Chair Exercise s 10:00 Snacks 11:00 Board Games S 12:00 Lunch Time 2:00 Bingo P 3:00 Kickball Fun 4:00 Relax To Music	12 P 9:00 Chair Exercises S 10:30 Anagrams 11:00 Arts + Crafts 12:00 Lunch Time 2:00 Love on a Leash M 3:00 Sing-a-longs + Snacks	13 P 9:00 Chair Exercises 10:30 Senior Samba w/ Tamar S 11:00 Arts + Crafts C 12:00 Lunch Time 2:00 Bingo 3:00 Sing-a-longs + Snacks	14 9:00 Chair Exercise S 10:00 Trivia + Snacks 11:00 Sing-a-longs 12:00 Lunch Time C 2:00 Ice Cream Social 3:00 Bingo + Snacks L 4:00 Relax To Music	15 S 9:00 Chair Exercises L 10:00 Snacks + Alexa 11:00 Color Me Calm M 12:00 Lunch Time C 2:00 Happy Hour w/ Robert in Skylight 3:00 Bingo+ Snacks	16 9:00 Chair Exercises M 10:00 Anagrams 11:00 Sing-a-longs S 12:00 Lunch Time C 2:00 Snack Time 3:00 Twister Game	17 S 9:00 Chair Exercises 10:00 Snack + Board Games C 11:00 Bingo 12:00 Lunch Time 2:00 Movie + Snack O 3:00 Walking Club
18 P 9:00 Chair Exercise S 10:00 Snacks 11:00 Board Games C 12:00 Lunch Time 2:00 Bingo P 3:00 Kickball Fun M 4:00 Relax To Music	19 C 9:00 Chair Exercises S 10:30 Anagrams 11:00 Arts + Crafts 12:00 Lunch Time M 2:00 Love on a Leash 3:00 Sing-a-longs + Snacks	20 S 9:00 Chair Exercises 10:30 Senior Samba w/ Tamar 11:00 Arts + Crafts 12:00 Lunch Time C 2:00 Bingo 3:00 Sing-a-longs + Snacks	21 S 9:00 Chair Exercise 10:00 Trivia + Snacks M 11:00 Sing-a-longs 12:00 Lunch Time C 2:00 Ice Cream Social 3:00 Bingo + Snacks L 4:00 Relax To Music	22 P 9:00 Chair Exercises S 10:00 Snacks + Alexa 11:00 Color Me Calm 12:00 Lunch Time C 2:00 Happy Hour w/ Randy In Legacies 3:00 Bingo + Snacks	23 P 9:00 Chair Exercise C 10:00 Anagrams 11:00 Sing-a-longs M 12:00 Lunch Time S 2:00 Snack Time C 3:00 Twister Game	24 P 9:00 Chair Exercises S 10:00 Snack + Board Games C 11:00 Bingo 12:00 Lunch Time 2:00 Movie + Snack O 3:00 Walking Club
25 P 9:00 Chair Exercise S 10:00 Snacks 11:00 Board Games C 12:00 Lunch Time 2:00 Bingo 3:00 Kickball Fun 4:00 Relax To Music	26 C 9:00 Chair Exercises S 10:30 Anagrams 11:00 Arts + Crafts 12:00 Lunch Time M 2:00 Love on a Leash 3:00 Sing-a-longs + Snacks	27 P 9:00 Chair Exercises 10:30 Senior Samba w/ Tamar S 11:00 Arts + Crafts C 12:00 Lunch Time M 2:00 Bingo 3:00 Sing-a-longs + Snacks	28 P 9:00 Chair Exercises 10:00 Trivia & Snacks 11:00 Sing-A-Longs 12:00 Lunch Time 2:00 Ice Cream Social 3:00 Bingo & Snacks 4:00 Relax To Music	29 P 9:00 Chair Exercise S 10:00 Snacks + Alexa 1:00 Color Me calm 12:00 Lunch Time S 2:00 Happy Hour w/ Tony / Skylight C 3:00 Bingo and Snacks	30 P 9:00 Chair Exercise C 10:00 Anagrams 11:00 Sing-a-longs S 12:00 Lunch Time 2:00 Snack Time C 3:00 Twister Game	P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities