

# SEPTEMBER 2022

# PACIFICA SENIOR LIVING VISTA

(760) 941-1480  
Legacies™ Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
 <b>PACIFICA</b> SENIOR LIVING  <b>VISTA</b>				<p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks  <b>C</b> 11:00 Board Games  <b>L</b> 12:00 Lunch Time  <b>B</b> 2:00 Bingo  <b>K</b> 3:00 Kickball Fun  <b>R</b> 4:00 Relax To Music</p>	<p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks + Alexa  <b>C</b> 11:00 Color Me Calm  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Happy Hour w /Music Station in Skylight  <b>S</b> 3:00 Bingo and Snacks</p>	<b>1</b> <p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Anagrams  <b>M</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Snack Time  <b>O</b> 3:00 Twister Game</p>	<b>2</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Snack + Board Games  <b>C</b> 11:00 Bingo  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Movie + Snack  <b>O</b> 3:00 Walking Club</p>	<b>3</b>
<p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks  <b>C</b> 11:00 Board Games  <b>L</b> 12:00 Lunch Time  <b>B</b> 2:00 Bingo  <b>K</b> 3:00 Kickball Fun  <b>R</b> 4:00 Relax To Music</p>	<b>4</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:30 Anagrams  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Love on a Leash  <b>S</b> 3:00 Sing-a-longs Snacks</p>	<b>5</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:30 Senior Samba w/  <b>T</b> Tamar  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Bingo  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>6</b> <p><b>P</b> 9:00 Chair Exercise  <b>M</b> 10:00 Trivia + Snacks  <b>S</b> 11:00 Sing-a-longs  <b>C</b> 12:00 Lunch Time  <b>L</b> 2:00 Ice Cream Social  <b>B</b> 3:00 Bingo + Snacks  <b>R</b> 4:00 Relax To Music</p>	<b>7</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Snacks + Alexa  <b>C</b> 11:00 Color Me Calm  <b>M</b> 12:00 Lunch Time  <b>L</b> 2:00 Happy Hour w/ Taylor in Legacies  <b>S</b> 3:00 Bingo + Snacks</p>	<b>8</b> <p><b>P</b> 9:00 Chair Exercise  <b>M</b> 10:00 Anagrams  <b>C</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Snack Time  <b>O</b> 3:00 Twister Game</p>	<b>9</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Snack + Board Games  <b>C</b> 11:00 Bingo  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Movie + Snack  <b>O</b> 3:00 Walking Club</p>	<b>10</b>	
<p><b>C</b> 9:00 Chair Exercise s  <b>C</b> 10:00 Snacks  <b>S</b> 11:00 Board Games  <b>S</b> 12:00 Lunch Time  <b>B</b> 2:00 Bingo  <b>P</b> 3:00 Kickball Fun  <b>R</b> 4:00 Relax To Music</p>	<b>11</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:30 Anagrams  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Love on a Leash  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>12</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:30 Senior Samba w/  <b>T</b> Tamar  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Bingo  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>13</b> <p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Trivia + Snacks  <b>C</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Ice Cream Social  <b>B</b> 3:00 Bingo + Snacks  <b>R</b> 4:00 Relax To Music</p>	<b>14</b> <p><b>S</b> 9:00 Chair Exercises  <b>L</b> 10:00 Snacks + Alexa  <b>C</b> 11:00 Color Me Calm  <b>M</b> 12:00 Lunch Time  <b>L</b> 2:00 Happy Hour w/ Robert in Skylight  <b>S</b> 3:00 Bingo+ Snacks</p>	<b>15</b> <p><b>S</b> 9:00 Chair Exercises  <b>M</b> 10:00 Anagrams  <b>C</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Snack Time  <b>O</b> 3:00 Twister Game</p>	<b>16</b> <p><b>S</b> 9:00 Chair Exercises  <b>M</b> 10:00 Snack + Board Games  <b>C</b> 11:00 Bingo  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Movie + Snack  <b>O</b> 3:00 Walking Club</p>	<b>17</b>	
<p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks  <b>C</b> 11:00 Board Games  <b>L</b> 12:00 Lunch Time  <b>B</b> 2:00 Bingo  <b>P</b> 3:00 Kickball Fun  <b>M</b> 4:00 Relax To Music</p>	<b>18</b> <p><b>C</b> 9:00 Chair Exercises  <b>S</b> 10:30 Anagrams  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Love on a Leash  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>19</b> <p><b>S</b> 9:00 Chair Exercises  <b>C</b> 10:30 Senior Samba w/  <b>T</b> Tamar  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Bingo  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>20</b> <p><b>S</b> 9:00 Chair Exercise  <b>M</b> 10:00 Trivia + Snacks  <b>C</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Ice Cream Social  <b>B</b> 3:00 Bingo + Snacks  <b>R</b> 4:00 Relax To Music</p>	<b>21</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Snacks + Alexa  <b>C</b> 11:00 Color Me Calm  <b>L</b> 12:00 Lunch Time  <b>C</b> 2:00 Happy Hour w/ Randy In Legacies  <b>S</b> 3:00 Bingo + Snacks</p>	<b>22</b> <p><b>P</b> 9:00 Chair Exercises  <b>C</b> 10:00 Anagrams  <b>M</b> 11:00 Sing-a-longs  <b>L</b> 12:00 Lunch Time  <b>S</b> 2:00 Snack Time  <b>C</b> 3:00 Twister Game</p>	<b>23</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Snack + Board Games  <b>C</b> 11:00 Bingo  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Movie + Snack  <b>O</b> 3:00 Walking Club</p>	<b>24</b>	
<p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks  <b>C</b> 11:00 Board Games  <b>L</b> 12:00 Lunch Time  <b>B</b> 2:00 Bingo  <b>P</b> 3:00 Kickball Fun  <b>M</b> 4:00 Relax To Music</p>	<b>25</b> <p><b>C</b> 9:00 Chair Exercises  <b>S</b> 10:30 Anagrams  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Love on a Leash  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>26</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:30 Senior Samba w/  <b>T</b> Tamar  <b>C</b> 11:00 Arts + Crafts  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Bingo  <b>S</b> 3:00 Sing-a-longs + Snacks</p>	<b>27</b> <p><b>P</b> 9:00 Chair Exercises  <b>S</b> 10:00 Trivia &amp; Snacks  <b>C</b> 11:00 Sing-A-Longs  <b>L</b> 12:00 Lunch Time  <b>M</b> 2:00 Ice Cream Social  <b>B</b> 3:00 Bingo &amp; Snacks  <b>R</b> 4:00 Relax To Music</p>	<b>28</b> <p><b>P</b> 9:00 Chair Exercise  <b>S</b> 10:00 Snacks + Alexa  <b>C</b> 11:00 Color Me calm  <b>L</b> 12:00 Lunch Time  <b>S</b> 2:00 Happy Hour w/ Tony / Skylight  <b>C</b> 3:00 Bingo and Snacks</p>	<b>29</b> <p><b>P</b> 9:00 Chair Exercise  <b>C</b> 10:00 Anagrams  <b>M</b> 11:00 Sing-a-longs  <b>S</b> 12:00 Lunch Time  <b>C</b> 2:00 Snack Time  <b>C</b> 3:00 Twister Game</p>	<b>30</b> <p><b>P</b> Physical Wellness/Fitness  <b>S</b> Social/Spiritual Engagements  <b>C</b> Cognitive Visual &amp; Language Skills  <b>M</b> Music  <b>L</b> Life Enrichment Skills  <b>O</b> Outdoor Activities</p>		