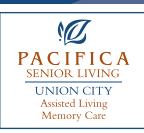
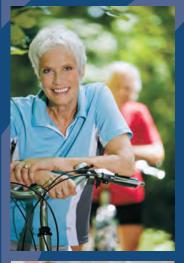
Pacifica Tidings



September 2022



Who am I?

I was born in San Francisco. I have a master's degree in Education and was a High School teacher. I love music and dancing. I was a member of a Professional Dance Band in Alameda and Santa Clara counties. During my free time, I play trumpet and guitar. I like helping and connecting with people.

A Note from the Executive Director

Greetings Everyone!

"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer ".

Warm Regards, Mandy Taylor



Welcome to
Our Community

Joan McArthur George DeLeon Linda Watts



Project Edition (Associated Section Control of Control

Special Events & Memorable Moments





Health & Fitness by

Benefits of Mental Health

- 1. Decrease Stress
- 2. Increase self-esteem and self confidence
- 3. Better sleep
- 4. Boost your brain



Sept. 2 - National Food Bank Day

Sept. 3 - National Tailgating Day

Sept. 5 - Labor Day

Sept. 7 - National Beer

Lover's Day

Sept. 11 - National Grandparents Day

Sept. 13 - National Peanut Day

Sept. 16 –National Guacamole Day

Sept. 18 – Wife Appreciation Day

Sept. 20 –National Pepperoni Pizza Day

Sept. 22 –National Ice Cream Cone Day

Sept. 24 –National Singles Day

Sept. 25 –National Quesadilla Day

Sept. 27 –National Corned Beef Hash Day

Birthdays

Beryl Ann Hoff— 09/03/1929

Eleanor Barber - 09/08/1940

James Nye -09/13/1937

Samuel Crawford - 09/27/1935



Spiritual Activities

Every Sunday a
Deacon from St.
Anne's Catholic
Church comes to
give communion to
our residents.

9:15 am - Communion at Assisted Living

9:30 am - Communion at Memory Care

Who Am I? (answer)

SANTOS ALVAREZ

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Management Team

Interim Executive Director

Business Office Manager Robert Roby

Resident Service Director **Shenina Mason**

Memory Care Director
Bernadette Bender

Activity Director

Marissa Baldomero

Food Services Director
James Marinez

Plant Operations Director



Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.





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Welcome Home!