


SEPTEMBER 2022

PACIFICA SENIOR LIVING COUNTRY CREST

(530) 533-7857
Legacies™ Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities R Reminiscing	S Birthdays O Ramon Bascochea 9/7 P Vernon O'Brian 9/8 R Charles Smith 9/19 C Will Ward 9/20 L M	S PASSPORT P THROUGH PACIFICA THIS C MONTH IS ITALY! L COME GET YOUR PASSPORT O STAMPED! R WEDNESDAY THE 28TH M	S 9:30 Coffee Crew 1 O 10:00 Gardening Club L 10:30 Scenic Drive C 11:30 Bingo P 12:00 Lunch R 1:00 Hit the Net M 2:00 Memory Sharing L 4:30 Dinner and Music	C 9:30 Wheel Of Fortune 2 O 10:00 Weekend Walkers R 10:30 Patio Chat P 11:00 Fun With Stretches L 11:30 Market Game S 1:00 Friday Funnies M 2:00 Snack Time L 4:30 Dinner and Music	O 9:30 Morning Gathering 3 C 10:00 Bingo P 11:00 Chair Yoga L 11:30 Fun with Coloring R 1:00 Memory Sharing S 2:00 Snack M 3:00 Movie /Popcorn L 4:30 Dinner & Music
S 9:30 Coffee Social 4 P 10:00 Exercise with Lola C 11:00 Puzzle Mania L 12:00 Lunch O 1:00 Music on the Patio R 2:00 Snacks/Story Time L 4:00 Church Service M 4:30 Dinner and Music	S 9:30 Coffee Club 5 O 10:00 Patio Chat C 11:00 Paper Plate Crafts L 12:00 Lunch R 1:00 Pampered Nails P 1:30 Wonderful Walkers L 2:00 Snacks/Bingo M 4:30 Dinner and Music	S 9:30 Espresso Expressions 6 O 10:00 Patio P 11:00 Sittersize L 12:00 Lunch R 12:30 Memory Sharing C 1:00 Color to Music L 2:00 Happy Hour M 4:30 Dinner and Music	S 9:30 Starting Up 7 P 10:30 Fun With Exercise C 11:00 Balloon Toss Fun L 12:00 Lunch O 1:00 Rest & Relax R 2:00 Tea Time on The Patio M 3:30 Table talk & cards L 4:30 Dinner & Music	S 9:30 Coffee Crew 8 O 10:00 Gardening Club L 10:30 Table Mountain Restaurant C 11:30 Bingo P 1:00 Hit the Net R 2:00 Memory Sharing M 4:30 Dinner and Music	C 9:30 Wheel Of Fortune 9 O 10:00 Weekend Walkers R 10:30 Patio Chat P 11:00 Fun With Stretches L 11:30 Market Game S 1:00 Friday Funnies M 2:00 Snack Time L 4:30 Dinner and Music	O 9:30 Morning Gathering 10 C 10:00 Bingo P 11:00 Chair Yoga L 11:30 Fun with Coloring R 1:00 Memory Sharing S 2:00 Snack M 3:00 Movie /Popcorn L 4:30 Dinner & Music
S 9:30 Coffee Social 11 P 10:00 Exercise with Lola C 11:00 Puzzle Mania L 12:00 Lunch O 1:00 Music on the Patio R 2:00 Snacks/Story Time L 4:00 Church Service M 4:30 Dinner and Music	S 9:30 Coffee Club 12 O 10:00 Patio Chat C 11:00 Paper Plate Crafts L 12:00 Lunch R 1:00 Pampered Nails P 1:30 Music with Gary (L) L 2:00 Snacks/Bingo M 4:30 Dinner and Music	S 9:30 Espresso Expressions 13 O 10:00 Patio P 11:00 Sittersize L 12:00 Lunch R 12:30 Memory Sharing C 1:00 Color to Music L 2:00 Happy Hour M 4:30 Dinner and Music	S 9:30 Starting Up 14 P 10:30 Fun With Exercise C 11:00 Balloon Toss Fun L 12:00 Lunch O 1:00 Rest & Relax R 2:00 Tea Time on The Patio M 3:30 Table talk & cards L 4:30 Dinner & Music	S 9:30 Coffee Crew 15 O 10:00 Gardening Club L 10:30 Scenic Drive C 11:30 Bingo P 12:00 Lunch R 1:00 Hit the Net M 2:00 Memory Sharing L 4:30 Dinner and Music	C 9:30 Wheel Of Fortune 16 O 10:00 Weekend Walkers R 10:30 Patio Chat P 11:00 Fun With Stretches L 11:30 Market Game S 1:00 Friday Funnies M 2:00 Snack Time L 4:30 Dinner and Music	O 9:30 Morning Gathering 17 C 10:00 Bingo P 11:00 Chair Yoga L 11:30 Fun with Coloring R 1:00 Memory Sharing S 2:00 Snack M 3:00 Movie /Popcorn L 4:30 Dinner & Music
S 9:30 Coffee Social 18 P 10:00 Exercise with Lola C 11:00 Puzzle Mania L 12:00 Lunch O 1:00 Music on the Patio R 2:00 Snacks/Story Time L 4:00 Church Service M 4:30 Dinner and Music	S 9:30 Coffee Club 19 O 10:00 Patio Chat C 11:00 Paper Plate Crafts L 12:00 Lunch R 1:00 Pampered Nails P 1:30 Wonderful Walkers L 2:00 Snacks/Bingo M 4:30 Dinner and Music	S 9:30 Espresso Expressions 20 O 10:00 Patio P 11:00 Sittersize L 12:00 Lunch R 12:30 Memory Sharing C 1:00 Color to Music L 2:00 Happy Hour M 4:30 Dinner and Music	S 9:30 Starting Up 21 P 10:30 Fun With Exercise C 11:00 Balloon Toss Fun L 12:00 Lunch O 1:00 Rest & Relax R 2:00 Tea Time on The Patio M 3:30 Table talk & cards L 4:30 Dinner & Music	S 9:30 Coffee Crew 22 O 10:00 Gardening Club L 10:30 The Patio Restaurant (L) C 11:30 Bingo P 1:00 Hit the Net R 2:00 Memory Sharing M 4:30 Dinner and Music	C 9:30 Wheel Of Fortune 23 O 10:00 Weekend Walkers R 10:30 Patio Chat P 11:00 Fun With Stretches L 11:30 Market Game S 1:00 Friday Funnies M 2:00 Snack Time L 4:30 Dinner and Music	O 9:30 Morning Gathering 24 C 10:00 Bingo P 11:00 Chair Yoga L 11:30 Fun with Coloring R 1:00 Memory Sharing S 2:00 Snack M 3:00 Movie /Popcorn L 4:30 Dinner & Music
S 9:30 Coffee Social 25 P 10:00 Exercise with Lola C 11:00 Puzzle Mania L 12:00 Lunch R 1:00 Music on the Patio O 2:00 Snacks/Story Time L 4:00 Church Service M 4:30 Dinner and Music	S 9:30 Coffee Club 26 O 10:00 Patio Chat C 11:00 Paper Plate Crafts L 12:00 Lunch R 1:00 Pampered Nails P 1:30 Wonderful Walkers L 2:00 Snacks/Bingo M 4:30 Dinner and Music	S 9:30 Espresso Expressions 27 O 10:00 Patio P 11:00 Sittersize L 12:00 Lunch R 12:30 Memory Sharing C 1:00 Color to Music L 2:00 Happy Hour M 4:30 Dinner and Music	S 9:30 Starting Up 28 P 10:30 Fun With Exercise C 11:00 Balloon Toss Fun L 12:00 Lunch O 1:00 Passport to Italy (L) R 2:00 Tea Time on The Patio M 3:30 Table talk & cards L 4:30 Dinner & Music	S 9:30 Coffee Crew 29 O 10:00 Gardening Club L 10:30 Scenic Drive C 11:30 Bingo P 12:00 Lunch R 1:00 Hit the Net M 2:00 Memory Sharing L 4:30 Dinner and Music	C 9:30 Wheel Of Fortune 30 O 10:00 Weekend Walkers R 10:30 Patio Chat P 11:00 Fun With Stretches L 11:30 Market Game S 1:00 Friday Funnies M 2:00 Snack Time L 4:30 Dinner and Music	