

SEPTEMBER 2022

THE MERIDIAN AT WESTWOOD

(850) 863-5174
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>THE MERIDIAN <i>at Westwood</i> A Pacifica Senior Living Community</p>	<ul style="list-style-type: none"> P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities R Reminiscing 			<ul style="list-style-type: none"> S 9:30 Episcopal Services-5FLC 1 P 10:00 Let's Be Fit-AT 1:30/6:30 Movie In Theater-TH 3:00 Art Class-MR C 4:00 Wii Games-MR 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 2 O 10:30- Bus to Kohl's 1:30 Movie in Theater- TH C 2:00 BINGO- AT M 3:30 Social Hour with Mike and Louise- AT 6:30 Movie in Theater- TH 	<ul style="list-style-type: none"> M 9:45 JOY Singers with Maxine-MR 3 P 11:00 Table Top Bowling-AT 1:30 Movie in Theater-TH 2:00 Poker -AT S 3:00 Board Games-MR 6:30 Evening Movie
<ul style="list-style-type: none"> S 9:30 Christian Services-TH 4 P 11:00 Golf Challenge- AT M 1:00 Hymns on Piano with Rachel- AT 2:00 Cards/Games-MR C 2:00 YouTube Travels-TH 6:30 Movie in Theater-TH 	<p>Labor Day 5</p> <ul style="list-style-type: none"> P 10:00 Let's Be Fit-MR O 10:30- Bus to Publix 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour-AT 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit- AT 6 R 11:00 Talk with Tab-MR S 12:00 Birthday Luncheon 1:30 Movie in Theater -TH L 2:00 "Prescription: More Joy" With Life Coach Darlene -MR O 3:30 Bocce Ball 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 7 O 10:30- Bus to Walmart 11:00 Town Hall Meeting- MR 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour- AT 	<ul style="list-style-type: none"> S 9:30 Episcopal Services-5FLC 8 P 10:00 Let's Be Fit-AT R 11:00 Table Talk with Karen- MR 1:30/6:30 Movie In Theater-TH 3:00 Art Class with Rachel from Amedisys-MR C 4:00 Wii Games-MR 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 9 O 10:30- Bus to Kohl's 1:30 Movie in Theater- TH C 2:00 BINGO- AT M 3:30 Social Hour with Pianist Maddie Young -AT 6:30 Movie in Theater- TH 	<ul style="list-style-type: none"> M 9:45 JOY Singers with Maxine-MR 10 P 11:00 Table Top Bowling-AT 1:30 Movie in Theater-TH 2:00 Poker -AT S 3:00 Board Games-MR 6:30 Evening Movie
<ul style="list-style-type: none"> S 9:30 Christian Services-TH 11 P 11:00 Golf Challenge- AT 2:00 Cards/Games-MR C 2:00 YouTube Travels-TH 6:30 Movie in Theater-TH 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-MR 12 O 10:30- Bus to Publix 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour-AT 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> O 9:00 IHOP Breakfast Outing 13 P 10:00 Let's Be Fit- AT 1:30 Movie in Theater -TH L 2:00 Continance Control with Tabitha-MR O 3:30 Bocce Ball 	<ul style="list-style-type: none"> 9:15 Town Hall Meeting- MR 14 P 10:00 Let's Be Fit-AT O 10:30- Bus to Walmart 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour- AT 	<ul style="list-style-type: none"> S 9:30 Episcopal Services-5FLC 15 P 10:00 Let's Be Fit-AT 1:30/6:30 Movie In Theater-TH 3:00 Painting with Corina (Please Sign Up) -MR C 4:00 Wii Games -MR 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 16 O 10:30- Bus to Kohl's 1:30 Movie in Theater- TH C 2:00 BINGO- AT M 3:30 Social Hour with Walter the Accordion Player -AT 6:30 Movie in Theater- TH 	<ul style="list-style-type: none"> M 9:45 JOY Singers with Maxine-MR 17 P 11:00 Table Top Bowling-AT 1:30 Movie in Theater-TH 2:00 Poker -AT S 3:00 Board Games-MR 6:30 Evening Movie
<ul style="list-style-type: none"> S 9:30 Christian Services-TH 18 P 11:00 Golf Challenge- AT M 1:00 Marilyn Anderson on Piano- AT 2:00 Cards/Games-MR C 2:00 YouTube Travels-TH 6:30 Movie in Theater-TH 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-MR 19 O 10:30- Bus to Publix 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour-AT 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit- AT 20 O 11:30 Wharf 850 Lunch Outing 1:30 Movie in Theater -TH C 2:00 Fall Trivia -MR O 3:30 Bocce Ball 	<ul style="list-style-type: none"> 9:15 Resident Association Meeting-MR 21 O 10:30- Bus to Walmart 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour- AT 	<ul style="list-style-type: none"> S 9:30 Episcopal Services-5FLC 22 P 10:00 Let's Be Fit-AT 1:30/6:30 Movie In Theater-TH 3:00 Art Class-MR C 4:00 Wii Games-MR 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 23 O 10:30- Bus to Kohl's 1:30 Movie in Theater- TH C 2:00 BINGO- AT S 3:30 Social Hour -AT 6:30 Movie in Theater- TH 	<p>COIN SHOW 24</p> <ul style="list-style-type: none"> M 9:45 JOY Singers with Maxine-MR P 11:00 Table Top Bowling-AT 1:30 Movie in Theater-TH 2:00 Poker -AT S 3:00 Board Games-MR 6:30 Evening Movie
<p>COIN SHOW 25</p> <ul style="list-style-type: none"> S 9:30 Christian Services-TH P 11:00 Golf Challenge- AT 2:00 Cards/Games-MR C 2:00 YouTube Travels-TH 6:30 Movie in Theater-TH 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-MR 26 O 10:30- Bus to Publix 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT S 3:30 Social Hour-AT 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit- AT 27 1:30 Movie in Theater -TH L 2:00 Cell Phone Help -MR O 3:30 Bocce Ball O 4:30 Sea Land Dinner Outing 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 28 O 10:30- Bus to Walmart 11:00 Town Hall Meeting- MR 1:30/6:30 Movie In Theater-TH C 2:00 Bingo-AT M 3:30 Social Hour with Rick - AT 	<ul style="list-style-type: none"> S 9:30 Episcopal Services-5FLC 29 P 10:00 Let's Be Fit-AT 11:00 Coffee with Comrades 1:30/6:30 Movie In Theater-TH 3:00 Art Class-MR C 4:00 Wii Games-MR 6:30 Bingo for \$-MR 	<ul style="list-style-type: none"> P 10:00 Let's Be Fit-AT 30 O 10:30- Bus to Kohl's 1:30 Movie in Theater- TH C 2:00 BINGO- AT S 3:30 Social Hour-AT 6:30 Movie in Theater- TH 	