

# SEPTEMBER



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*Kickoff Life with us!*



Passport to  
*Exceptional Care,  
Extraordinary Living.*

10:30 Exercise  
11:00 Would you rather...  
1:00 Lunch  
2:30 Bingo  
3:30 Welcome Party! :)

1

10:30 Exercise  
11:00 I should have known...  
12:00 St. Ann's Communion  
2:00 Balance & Strengthening  
3:30 Happy Hour w/Kim

2

10:30 Exercise  
11:00 Bingo  
1:00 Lunch  
5:30 Dinner

3

10:30 Exercise  
1:00 Lunch  
2:30 Movie & Popcorn  
5:30 Dinner

4

Happy Labor Day!  
10:30 Exercise  
11:00 Wheel of Fortune  
2:30 Balloon Volleyball  
3:30 Root Beer Floats

5

10:30 Exercise  
11:00 Wellness w/Empowerme  
1:00 Lunch  
2:30 Bingo  
3:30 Red Hot Chili Steppers

6

10:30 Exercise  
11:30 Lunch Bunch! :)  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Pet visit w/Neelie

7

10:30 Exercise  
11:00 Ride Around w/Jim  
1:00 Lunch  
2:30 Bingo  
3:30 Red Hot Chili Steppers

8

10:30 Exercise  
11:00 I should have known...  
12:00 St. Ann's Communion  
2:00 Spa Day  
3:30 Happy Hour with Richelle!

9

10:30 Exercise  
11:00 Bingo  
1:00 Lunch  
5:30 Dinner

10

Grandparents Day!  
10:30 Exercise  
1:00 Lunch  
4:25 Chiefs Kickoff tail gate party!  
5:30 Dinner

11

10:30 Exercise  
11:00 EZ & Fun Trivia  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Word Round Up

12

10:30 Exercise  
11:00 Wellness w/Empowerme  
1:00 Lunch  
2:30 Bingo  
3:30 Red Hot Chili Peppers

13

10:30 Exercise  
11:00 Get to know your neighbor  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Pet visit w/Neelie

14

10:30 Exercise  
11:00 Welcome Party! :)  
1:00 Lunch  
2:30 Bingo  
3:30 Red Hot Chili Steppers

15

10:30 Exercise  
11:00 Musical Ball Game  
12:00 St. Ann's Communion  
2:00 Balance & Strenthening  
3:30 Happy Hour w/ JamminJan

16

10:30 Exercise  
11:00 Bingo  
1:00 Lunch  
5:30 Dinner

17

10:30 Exercise  
1:00 Lunch  
2:30 Movie & Popcorn  
5:30 Dinner

18

10:30 Exercise  
11:00 Hangman  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Ice Cream treat! :)

19

10:30 Exercise  
11:00 Wellness w/Empowerme  
1:00 Lunch  
2:30 Bingo  
3:30 Happy Hour w/Keith Klein

20

10:30 Exercise  
11:00 Word Target Game  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Pet visit w/Neelie

21

Fall Begins  
10:30 Exercise  
11:30 Picnic @ the Park  
2:30 Bingo  
3:30 Red Hot Chili Steppers

22

10:30 Exercise  
11:00 I should have known...  
12:00 St. Ann's Communion  
2:30 Movie & Popcorn

23

10:30 Exercise  
11:00 Bingo  
1:00 Lunch  
5:30 Dinner

24

10:30 Exercise  
1:00 Lunch  
1:00 Chiefs @ Indianapolis Colts  
5:30 Dinner

25

10:30 Exercise  
11:00 Word Round Up  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Resident Council

26

10:30 Exercise  
11:00 Wellness w/Empowerme  
1:00 Lunch  
2:30 Bingo  
3:30 Birthday Celebration!

27

10:30 Exercise  
11:00 Resident Council  
1:00 Lunch  
2:30 Balloon Volleyball  
3:30 Pet visti w/Neelie

28

10:30 Exercise  
11:00 Ride Around w/Jim  
1:00 Lunch  
2:30 Bingo  
3:30 Happy Hour w/Jazzy Jazz

29

10:30 Exercise  
11:00 Silly Trivia  
12:00 St. Ann's Communion  
1:00 Lunch  
2:30 Movie & Popcorn

30



# SEPTEMBER



# Memory Care ACTIVITY CALENDAR

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

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Passport to  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10:00 Coffee & Word games 10:30 Exercise & cooldown 11:30 Nails 1:00 Patio Time 2:30 Movie & Popcorn 3:30 One on One	10:00 Daily Chronicles 10:30 Exercise & cool down 11:30 One on One 12:00 St. Ann's Communion 1:00 Patio Trivia 3:30 Happy Hour w/ Kim Osborne	1:30 Lite 'n' Lively 2:00 Today in History 3:00 Reminiscing 3:30 Word Board Games
9:30 Devotions & Coffee 2:00 Balloon Volleyball 3:00 Baking with Jill	Happy Labor Day 10:00 Coffee & Word Games 10:30 Exercise 11:00 One on One 1:00 Patio Chat 3:30 Labor Day Activities w/ Root Beer Floats	10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Time 1:30 Baking 2:30 One on One 3:30 Table Games	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 2:30 Bingo 3:30 Pet visit w/Neelie	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 Nail Spa 1:00 Musical Ball Game 1:30 Nail Spa 2:30 Movie & Popcorn	10:00 Daily Chronicles 10:30 Exercise & Cool down 11:30 One on One 12:00 St. Ann's Communion 1:00 Patio Chat 3:30 Happy Hour w/Richelle	1:30 Lite 'n' Lively 2:00 Today in History 3:00 Reminiscing 3:30 Word Board Games
Grandparents Day! :) 9:30 Devotions & Coffee 2:00 Balloon Volleyball 3:00 Baking with Jill 4:25 CHIEF's Kickoff tail gate party!	10:00 Coffee & News 10:30 Exercise & Cool down 11:00 One on One 1:00 Patio Chat 1:30 Table Games 2:30 Snack & Trivia	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 1:30 Baking 2:30 One on One	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 2:30 Bingo 3:30 Pet Visit w/Neelie	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 Nail Spa 1:00 Musical Ball Game 1:30 Nail Spa 2:30 Movie & Popcorn	10:00 Daily Chronicles 10:30 Exercise & Cool down 11:30 One on One 12:00 St. Ann's Communion 1:00 Patio Chat 3:30 Happy Hour w/JamminJan	1:30 Lite 'n' Lively 2:00 Today in History 3:00 Reminiscing 3:30 Word Board Games
9:30 Devotions & Coffee 2:00 Balloon Volleyball 3:00 Baking with Jill	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 1:30 Table Games 3:30 Ice Cream Treat! :)	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 1:30 Baking cookies 3:30 Happy Hour w/ Keith Klein	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 One on One 1:00 Patio Chat 2:30 Bingo 3:30 Pet visit w/Neelie	10:00 Coffee & News 10:30 Exercise & Cool down 11:30 Nail Spa 1:00 Musical Ball Game 1:30 Nail Spa 2:30 Movie & Popcorn	10:00 Daily Chronicles 10:30 Exercise & Cool down 11:30 One on One 12:00 St. Ann's Communion 1:00 Patio Chat 3:00 Balloon Volleyball	1:30 Lite 'n' Lively 2:00 Today in History 3:00 Reminiscing 3:30 Word Board Games
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