



thehearth

The Hearth at  
Tuxis Pond  
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HearthTuxisPond

Live More



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<h1>September 2022</h1> <h2>The Hearth at Tuxis Pond Senior Living Activities Calendar</h2>												
<b>4</b> 10:00 Morning Mass-TR 10:30 Communion Visit-TR 11:00 Stretch Together-TR 1:00 Sunday Movie-TR 4:00 Sunday Happy Hour-Café 6:00 Movies Together-TR			<b>5 Labor Day</b> *Activity Pages Available* 10:00 Televised Mass-TR 10:00 Walking Club-FL 11:00 Move and Groove-FL 1:00 Patriotic Movie-TR 3:00 Rosary-TR 4:00 Happy Hour Social-Cafe 6:00 Resident Movie of Choice-TR		<b>6</b> 10:00 Morning Mass-TR 11:00 Healthy Heart Exercise-TR 1:30 Walmart Shopping-FL 1:30 Bodacious Bingo-TR 3:00 Poker Players-TW 3:00 Focus: Buddy Holly-TR 4:00 Twisty Tuesday Social-Café 6:00 Tuesday Night Movie-TR		<b>7 Board Meeting</b> 10:00 Big Y Shopping-FL 10:00 Board Meeting-PDR 11:00 Stretch and Flex-TR 11:45 Liv's Seafood (OS)-FL 1:00 Tough it Out Trivia-TR 2:00 Speaker: Dianne Coyle-TR 3:00 Balance Challenge-TR 4:00 Wednesday Wine Social-Café 6:00 Netflix: The Crown (2,9)-TR					
<b>11 Grandparent's Day</b> 10:00 Televised Mass-TR 10:30 Communion with Joe-TR 11:00 Sunday Stretch-TR 1:00 Sunday Matinee-TR 4:00 Sunday Social-Cafe 6:00 Movie Night Fun-TR			<b>12 Word Challenge Day</b> 10:00 Mass Together-TR 10:00 Walk with Friends-FL 11:00 Exercise for Life-TR 1:30 Wii Jeopardy-TR 3:00 Rosary-TR 3:00 Ambassadors Club Meets-FL 3:30 Online Crossword-TR 4:00 Drink of the Day-Café 6:00 Movie Club-TR		<b>13 Lobster Bake</b> 11:00 Cardio Connection-TR 11:30 Lobster Bake-CY 11:30 Music with Sal A.-CY 1:30 Beach Ride with Carol-FL 1:30 Bingo with Friends-TR 3:00 Cards Together-TW 3:00 Board Games Galore-TR 4:00 Happy Hour-Café 6:00 Netflix Pics-TR		<b>14 Trivia Challenge Fun</b> 10:00 Stop and Shop Run-FL 10:00 Manicure Trip-TR 11:00 Healthy Heart Exercise-TR 11:45 Jai Mei Lunch-FL 1:00 Trivia Challenge-TR 2:00 Alyssa's Art Instruction-TR 3:00 Standing Balance-TR 4:00 Happy Hour Cocktails-Café 6:00 Netflix: The Crown (2,10)-TR					
<b>18</b> 10:00 Televised Mass-TR 10:30 Communion with Joe-TR 11:00 Shake It Out-TR 1:00 Afternoon Movie Fun-TR 4:00 Social Hour-Café 6:00 Sunday Night Movie-TR			<b>19</b> 10:00 Weekly Walkers-FL 10:00 Monday Mass-TR 11:00 Cardio Connection-TR 1:30 Trivia Plaza Challenge-TR 3:00 Rosary-TR 3:00 Resident Ambassadors-Cafe 3:30 Travel: New Zealand-TR 4:00 Happy Hour-Café 6:00 Movie Night-TR		<b>20 Food Forum</b> 10:00 Current Events-TR 11:00 Move and Groove-TR 1:00 Music with Johnny P-TR 2:00 Bishop's Orchard Trip-FL 2:30 Food Forum with Ali-TR 3:00 Resident Led Cards-TW 3:00 Famous Pianists-TR 4:00 Happy Hour-Café 6:00 Movie Screening-TR		<b>21</b> 10:00 Dollar Tree Shopping-FL 10:00 Manicure Stop-FL 11:00 Exercise Challenge-TR 11:45 Lunch: Donohue's-FL 1:00 Trivia for Thinking-TR 2:00 Fired Up Art Program-TR 3:00 Standing Tall-TR 4:00 Wine Spritzer Wed.-Café 6:00 Netflix: The Crown (3,1)-TR					
<b>25 Rosh Hashana</b> 10:00 Televised Mass-TR 10:30 In-Person Communion-TR 11:00 Exercise Together-TR 1:00 Movie with Friends-TR 4:00 Happy Hour-Café 6:00 Movie Together-TR			<b>26</b> 10:00 Monday Mass-TR 10:15 Morning Greetings-Café 11:00 Monday Stretch-TR 1:30 Wii Jeopardy-TR 3:00 Rosary-TR 3:30 John Phillips Sousa-TR 4:00 Ice Cream Happy Hour-Café 6:00 Movie Night-TR		<b>27</b> 11:00 Focus on Fitness-TR 1:30 Bingo with Friends-TR 1:30 Dairy Queen/Ride-FL 3:00 Card Game Fun-TW 3:00 Focus: Gene Kelly-TR 4:00 Happy Hour-Café 6:00 Movie Choice-TR		<b>28</b> 10:00 Walmart-FL 11:00 Shaping Up-TR 11:45 Lunch Out: Lenny and Joe-FL 1:00 Resident Trivia-TR 1:30 Wednesday Ride-FL 2:00 Art with Alyssa-TR 3:00 Stand and Stretch-TR 4:00 Drink of Choice-Café 6:00 Netflix: The Crown (3,2)-TR					
<b>29</b> 10:00 Boardwalk Stroll-FL 10:00 What Would You Do?-Cafe 11:00 Thursday Stretch-TR 1:00 Cornhole Together-TR 2:00 Monthly Birthday Party-TR 3:00 Rosary-TR 3:30 The Beatles-TR 4:00 Happy Hour-Café 6:00 Resident Movie Choice-TR			<b>30</b> 10:00 Walking Club-FL 10:15 Friday Funnies-Café 10:30 Ride with Carol-FL 11:00 Tighten it Up-TR 1:30 Bingo Bonanza-TR 3:00 Music of the 50's-TR 3:00 Poker Club-TW 4:00 Finally Friday Social-Café 6:00 Movie with Friends-TR									
<b>Live More Director:</b> Becky Elmo  <b>Live More Manager:</b> Alyssa Allen  <b>Live More Coordinators:</b> Emily, Phyllis and Kayla			<b>Breakfast: 7:30-9:30 am</b>  <b>Lunch: 11:30 am-1:00 pm</b>  <b>Dinner: 4:30-6:30 pm</b>		<b>Hairdresser:</b>  Mondays: 9:00 am-3:00 pm  Wednesdays: 9:00 am-3:00 pm  Please see the front desk to set up an appointment.		<b>Please sign up with Reception at the front desk for any bus rides or shopping trips.</b>		<b>National Assisted Living Week:</b> September 11-17		<b>Program Location Key:</b> TR=Tuxis Room TW=Tidewater Room FL=Front Lobby PDR=Private Dining Room CY=Courtyard	