





The Hearth at Hendersonville Keepsake Village

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are subject to change based on the needs of the residents</p> <p>*Scenic bus rides every Tuesday Morning</p> <p>See the activity board for evening programs</p>	<p><u>Keepsake Village Staff:</u></p> <p>Tiffany Delay</p> <p><u>Live More</u></p> <p><u>Coordinators:</u></p> <p>Kyshana Partee</p> <p>Barb Lewis</p> <p>AnnMarie Worthington</p> <p>Rhonda McClain</p>	<p><u>September Birthday's</u></p> <p>* Juanita Shank</p> <p>* Bobbie Barbee</p> 		<p>1</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- EZ Does it Trivia 10:30- Music & Meditation 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Leaf Rubbing Craft 2:00- Snack and Chat 2:30- Drum Circle 3:00- Card Matching 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>2</p> <p>8:30- Rockin to the 50's 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Picture this discussion 10:30- Kickball 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Doodle Pictures 2:00- Snack and Chat 2:30- How did we live without? 3:00- Door Wreath Craft 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>3</p> <p>8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Basketball 10:30- What am I? 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Toss and Catch 2:00- Snack and Chat 2:30- Movie Matinee 4:00- Dinner with Friends 5:00- Evening programs</p>
<p>4</p> <p>8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayer and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Octopus Trivia and Video 2:00- Snack and Chat 2:30- Price is Right! 3:00- Balloon Volleyball 4:00- Dinner with friends 5:00- Evening Programs</p>	<p>5</p> <p>8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Labor Day Trivia 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Learn about Labor Day 2:00- Snack and Chat 2:30- KSV Creations: Pancakes 3:00- Taste Creation 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>6</p> <p>8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Move and Groove 10:30- Wheel of Fortune 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Picture A Word 3:00- "Photo Booth Day" Pictures 4:00- Dinner with Friends 5:00- Evening Programs</p> 	<p>7</p> <p>8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Music with Bill Sleeter 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Kickball 2:00- Snack and Chat 2:30- Fashion Do's & Don't 3:00- Quilt Decorating 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>8</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Mindful Meditation 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Football 2:00- Snack and Chat 2:30- Drum Circle 3:00- Film Festival Movies 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>9</p> <p>*Fish Fry</p> <p>8:30- Rockin to the 60's 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Cloud Nine Trivia 10:30- Music & Motion 11:00- Lunch with Friends 12:00- Freshen Up 1:00- 9's Bingo 2:00- Snack and Chat 2:30- Finish the Lyrics 3:00- Butterfly Craft 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>10</p> <p>8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Slogan Saturday 10:30- Balloon Kickball 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Dice Game 2:00- Snack and Chat 2:30- Mindful Meditation 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs</p>
<p>11</p> <p>8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayer and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00-Grandparents Day Memories 2:00- Snack and Chat 2:30- Music and Motion 3:00- Toss and Catch 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>12</p> <p>8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Finish the Lines 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Line Dancing 2:00- What am I? 2:30- KSV Creations: Pies 3:00- Taste Creation 4:00- Dinner with Friends 5:00- Evening Programs</p> 	<p>13</p> <p>8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Move and Groove 10:30- Short Stories 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Hymn Sing 3:00- Bowling 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>14</p> <p>8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Trivia 10:30- Kickball 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Fall Craft 2:00- Snack and Chat 2:30- Music and Movement 3:00- Courtyard Social 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>15</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Short Stories 10:30- Balloon Volleyball 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Basketball 2:00- 50's Day 3:00- Drum Circle 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>16</p> <p>8:30- Rockin to the Oldies 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Hang Man 10:30- Chair Yoga 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Board Games 2:00- Matching Pairs 2:30- Trash Trivia 3:00- Root Beer Float Social 4:00- Dinner with Friends 5:00- Evening programs</p>	<p>17</p> <p>8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Jokes and Riddles 10:30- Sit and Stretch 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Humming Bird Picture 2:00-Outdoor Chat 2:30- Junk Drawer Detective 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs</p>
<p>18</p> <p>8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Scrabble 2:00- Snack and Chat 2:30- Most Misspelled Words 3:00- Scarf Chair Dancing 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>19</p> <p>8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Baseball Trivia 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Pirate Name Tag 2:00- Talk like a Pirate! 2:30- KSV Creations: Apple Butter 3:00- Taste Creation 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>20</p> <p>8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Tennis 10:30- Tackling The Ivories 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Tickling the Ivories Trivia 3:00- Darts 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>21</p> <p>8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Music with Pam Weston 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Basketball 2:00- Snack and Chat 2:30- Fidget Quilt Time 3:00- Music and Motion 4:00- Dinner with Friends 5:00- Evening Programs * World Alzheimer's Day</p>	<p>22</p> <p>*1st Day of Autumn</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Fossil Discovery Video 10:30- Sit and Stretch 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Autumn Words in Words 2:00- Snack and Chat 2:30- Drum Circle 3:00- Fall Craft 4:00- Dinner with Friends 5:00- Evening Programs</p> 	<p>23</p> <p>8:30- Rockin to the Music 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Funny Sayings Friday 10:30- Music & Movement 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Autumn Relaxation Video 2:00- Snack and Chat 2:30- Finish the Phrase 3:00- Checkers 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>24</p> <p>8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Fishing Game 10:30- Fish Video 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Darts 2:00- Snack and Chat 2:30- Hang Man 3:00- Ring Toss 4:00- Dinner with Friends 5:00- Evening Programs</p>
<p>25</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Bowling 2:00- Snack and Chat 2:30- Rainbow Detective 3:00- Cruise Ship Recall 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>26</p> <p>8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Matching Pairs 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Kickball 2:00- Snack and Chat 2:30- KSV Creations: Cookies 3:00- Taste Creation 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>27</p> <p>8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Scarf Dancing 10:30- Telephone Game 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Ring Toss 3:00- Chair Yoga 4:00- Dinner with Friends 5:00- Evening programs</p>	<p>28</p> <p>8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Hymn Sing 10:30- Camping Detective 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Card for your Neighbor 2:00- Snack and Chat 2:30- Memory Streets Trivia 3:00- Chair Zumba 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>29</p> <p>8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Move and Groove 10:30- Finish the Lines 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Oktoberfest 2:30- Music and Karaoke 3:00- Drum Circle 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>30</p> <p>8:30- Rockin to the 50's 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Outdoor Social 2:00- Monthly Birthday Party 3:00- Baseball 4:00- Dinner with Friends 5:00- Evening Programs</p>	<p>419 East Main Street Hendersonville , TN 37075</p> <p>(615) 264-0779</p> <p>www.thehearthhendersonville.com</p> <p>www.facebook.com/ thehearthathendersonville</p>