





SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1. 9:30AM: Water Aerobics 1-2PM: Learn about Graft Foot Services from the Dr. 2PM: 42 (MR) 3PM: Coffee Chats</p>	<p>2. 12:00 Labor Day Picnic! 12:30PM: Bridge (PR) 3PM: Coffee Chats</p> 	<p>3. 11AM: Crafts with Linda (DR) 2:00-4:00 Movie Matinee 3PM: Coffee Chats (DR)</p>
<p>4. 3PM: Mexican Train (TBD)</p>	<p>5. WE WILL BE CLOSED ON LABOR DAY</p> 	<p>6. 10AM: Walking at Willow Bend 10:45AM: Fitness Class (DR) 1:30PM: Bingo (DR) 1:30PM: Mahjong (MR) 3PM: Coffee Chats</p>	<p>7. 9-11AM: Walmart OR Target Trip 1PM: Prestonwood Bible Study Trip 3PM: Coffee Chats 3PM: Mexican Train (PR) 4PM: Poker (MR)</p>	<p>8. 9AM: CASINO 9:30AM: Water Aerobics 2PM: 42 (MR) 3PM: Coffee Chats</p>	<p>9. 10:00AM: Central Market Trip 11:30 Yoga Class (DR) 12:30PM: Bridge (PR) 2PM: Silver Derby 3PM: Coffee Chats</p>	<p>10. 11AM: Crafts with Linda (DR) 2:00-4:00 Movie Matinee 3PM: Coffee Chats (DR)</p>
<p>11. 3PM: Mexican Train (TBD)</p>	<p>12. 9AM/11AM: Kroger Trips 1PM Prestonwood Bible Study (DR) 1PM: Pegs & Jokers (MR) 3PM: Coffee Chats</p>	<p>13. 10AM: Walking at Willow Bend 10:45AM: Fitness Class (DR) 1:30PM: Bingo (DR) 1:30PM: Mahjong (MR) 3PM: Coffee Chats</p>	<p>14. 9-11AM: Walmart OR Target Trip 1PM: Prestonwood Bible Study Trip 3-6PM: Food Truck & Karaoke 3PM: Coffee Chats 3PM: Mexican Train (PR) 4PM: Poker (MR)</p>	<p>15. 9:30AM: Water Aerobics 11:30AM: Lunch out @ l'da Clare 2PM: 42 (MR) 3PM: Coffee Chats</p>	<p>16. 10:00AM: Trader Joe's Trip 11:30 Yoga Class (DR) 12:30PM: Bridge (PR) 3PM: Coffee Chats</p>	<p>17. 11AM: Crafts with Linda (DR) 2:00-4:00 Movie Matinee 3PM: Coffee Chats (DR)</p>
<p>18. 3PM: Mexican Train (TBD)</p>	<p>19. 9AM/11AM: Kroger Trips 12:30-2:00: Flu Shots (DR) 1PM Prestonwood Bible Study (DR) 1PM: Pegs & Jokers (MR) 3PM: Coffee Chats</p>	<p>20. 10AM: Walking at Willow Bend 10:45AM: Fitness Class (DR) 12:30-1:30PM: Harris Jewelry (DR) 1:30PM: Bingo (DR) 1:30PM: Mahjong (MR) 3PM: Coffee Chats</p>	<p>21. 9-11AM: Walmart OR Target Trip 1PM: Prestonwood Bible Study Trip 3PM: Coffee Chats (DR) 3PM: Mexican Train (PR) 4PM: Poker (MR)</p>	<p>22. 9:30AM: Water Aerobics 10:30AM: Shopping Trip – Tuesday Morning 2PM: 42 (MR) 3PM: Coffee Chats 3PM: Happy Hour</p> 	<p>23. 10:00AM: Whole Foods Trip 11:30 Yoga Class (DR) 12:30PM: Bridge (PR) 3PM: Coffee Chats</p>	<p>24. 11AM: Crafts with Linda (DR) 2:00-4:00 Movie Matinee 3PM: Coffee Chats (DR)</p>
<p>25. 3PM: Mexican Train (TBD)</p>	<p>26. 9AM/11AM: Kroger Trips 1PM Prestonwood Bible Study (DR) 1PM: Pegs & Jokers (MR) 3PM: Coffee Chats</p>	<p>27. 10AM: Walking at Willow Bend 10:45AM: Fitness Class (DR) 1:30PM: Bingo (DR) 1:30PM: Mahjong (MR) 3PM: Coffee Chats</p>	<p>28. 9-11AM: Walmart OR Target Trip 1PM: Prestonwood Bible Study Trip 3PM: Coffee Chats (DR) 3PM: Mexican Train (PR) 4PM: Poker (MR)</p>	<p>29. 9:30AM: Water Aerobics 2PM: 42 (MR) 3PM: Coffee Chats</p>	<p>30. 10:00AM: Whole Foods Trip 11:30 Yoga Class (DR) 12:30PM: Bridge (PR) 3PM: Coffee Chats 3PM: September Birthday Celebrations</p>	

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