Wellbrooke of Westfield Assisted Living

Wednesday Thursday Tuesday Sunday Monday A - Artisans M - Music to My Ears Location Legend (continued): Location Legend: CC - Creative Cooking O - Out & About NS- Nurses Station HCDR- Health Center Dining 9:30 Sit & Be FIT!-AL Gym 9:30 **GF** - Gathering of Friends **S** - Signature Events Room 10:45 Church Service- L 10:30 GG - Group Games V - Vitality ALDR- Assisted Living Dining 1:30 Ice Cream & Cruise-rsvp I - Inspirations Room 2:00 AL Bingo-Pub 11:30 K - Keeping it Sharp/Reminisce L- Lobby 3:30 Artisans-Mason Jar 2:00 L - Lifelong Learning CY- Courtyard Centerpieces- DR MM - Mindful Moments BR- Billiards Room 2:30 UT - Upstairs Theatre 3:30 Labor Day **9:30** Heart of the Nation 9:30 Monday Musical 9:30 Tambourine Tuesdays-**10:30** Through the Ages 9:30 Sit & Be FIT !- AL Gym 9:30 Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L Catholic Mass-UT AL Gym 10:30 10:30 Sunday Hymns-L 2:00 Bible Study-AL Pub 10:00 70's Music w/ Sam Piercy-1:15 Chef's Circle-HCDR 2:00 AL Bingo-Pub 3:30 Labor Day Ice Cream 1:30 Mindful Meditations- BR 1:30 Bingo-HCDR 2:00 Country Cruise-RSVP 11:30 Social- HCDR/CY 3:30 Artisans- Westfield's Quilt-2:30 Card Club- HCDR 1:30 Meijer Shopping Outing-6:00 Knit Pickers-Crocheting 2:00 3:30 Shirts Tie Dye For- CY **6:00** Game Show Mondays: 101- AL Pub HCDR rsvp 2:30 Card Club-HCDR Jeopardy- L 3:30 Grandparent's Day 15 9:30 Heart of the Nation 9:30 Monday Musical 9:30 Tambourine Tuesdavs-**10:30** Through the Ages 9:30 Sit & Be FIT!-AL Gym 9:30 Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L Catholic Mass-UT AL Gym 10:30 10:00 Guitar Visits with Robin 11:00 Country Fair Week: Titus 1:15 Chef's Circle-HCDR **10:30** Sunday Hymns-L 2:00 AL Bingo-Pub 1:30 Mindful Meditations- BR Harrison Bakery at Reynolds-rsvp 1:30 Bingo-HCDR 2:00 Ice Cream & Cruise-rsvp 11:30 2:00 Bible Study-AL Pub 2:00 Music w/ John David- L 6:00 Knit Pickers-Crocheting 3:30 Artisans-Country Fair 1:30 2:30 Card Club- HCDR 3:30 Labor Day Ice Cream 3:30 Shirts Tie Dye For- CY 101- AL Pub Banner- HCDR Social- HCDR/CY 3:30 3:30 Name that Croon- BR 20 22 Fall Begins 23 9:30 Tambourine Tuesdays-9:30 Heart of the Nation 9:30 Monday Musical **10:30** Through the Ages 9:30 Sit & Be FIT!-AL Gym 9:30 Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L 10:30 Catholic Mass-UT AL Gym 2:00 Bible Study-AL Pub 1:15 Chef's Circle-HCDR 10:30 Sunday Hymns-L **10:30** Tasty Tuesdays: Pigs in 2:00 AL Bingo-Pub 11:00 Sunday Brunch 3:30 Name that Croon- BR the Blanket- ALDR 1:30 Bingo-HCDR 2:00 First Day of Autumn 11:30 1:30 Mindful Meditations- BR **1:30** Walmart Shopping 6:00 Game Show Mondays: 6:00 Knit Pickers-Crocheting Drive-rsvp 1:00 2:30 Card Club- HCDR Outing-SIGN UP 3:30 Artisans-Fall Wreaths-2:00 Jeopardy- L 101- AL Pub 2:00 Music w/ Denny-L HCDR 3:30 25 Rosh Hashanah Begins 26 27 **9:30** Heart of the Nation 9:30 Monday Musical 9:30 Tambourine Tuesdays-**10:30** Through the Ages **10:00** Outing- Tour of Stuckey's 9:30 Movement-AL Gym Farm-SIGN UP Catholic Mass-UT Fitness-AL Gym 10:30 AL Gym 10:30 Sunday Hymns-L 2:00 Bible Study-AL Pub **10:30** Tasty Tuesdays: 1:15 Chef's Circle-HCDR **10:45** Church Service- L 1:30 Mindful Meditations- BR 3:30 Name that Croon- BR Strawberry Shortcake-1:30 Bingo-HCDR 2:00 AL Bingo-Pub 11:30 3:00 Music with Dave Lowe- L 2:30 Card Club- HCDR **6:00** Game Show Mondays: ALDR 6:00 Knit Pickers-Crocheting 2:00

2:00 Stuckey's Farm Cruise-

rsvp 3:00 Card Club- HCDR 101- AL Pub

Activities are subject to change. Please refer to Lifeshare monitors for the most up to date information.

Family Freud- L

3:30 Fall Centerpieces- HCDR



Friday

3:30

Saturday

Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Harp Visits S'more Fun Adventure	11:30 1:30	Bingo- HCDR Social Saturdays- DR Movie Matinee: The Great Outdoors-UT Sunshine Saturdays: Fall Garden- CY
Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Wine & Dine Happy Hour- L	11:30 1:30	Grandparents Day Bingo- HCDR Grandparents Day Social & Snacks- DR Movie Matinee: Parenthood-UT Sunshine Saturdays: Fall Garden- CY
Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Fair Funnies- DR Wellbrooke Fair Festival Kick Off- L/CY Campus Retreat- Old Fashioned County Fair-	11:30 1:30	Citizenship Day Bingo- HCDR Social Saturdays- DR Movie Matinee: State Fair- UT Sunshine Saturdays: Fall Garden- CY
Native American Day Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Resident Council-UP Card Games w/ Lynn- HCDR Tailgate Party Happy	11:30 1:30	Bingo- HCDR Social Saturdays- DR Movie Matinee: The Blind Side-UT Sunshine Saturdays: Fall Garden- CY
Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Fall Festival Happy Hour- L		

Wellbrooke of Westfield Health Center

BR

HCDR

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2:30 Card Club- HCDR

3:30 Fall Centerpieces-

2:00 Bible Study-AL Pub

3:30 Name that Croon- BR

6:00 Game Show Mondays:

Family Freud- L

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GG

Wednesday Thursday Monday Tuesday Sunday A - Artisans Music to My Ears Location Legend (continued): Location Legend: CC - Creative Cooking O - Out & About NS- Nurses Station K 9:3 HCDR- Health Center Dining **9:30** Sit & Be FIT !- AL Gym **GF** - Gathering of Friends **S** - Signature Events Room MN 10:30 September Sensations-I 10:3 GG - Group Games V - Vitality ALDR- Assisted Living Dining NS I - Inspirations Room 10:45 Church Service- L K 11:3 K - Keeping it Sharp/Reminisce L- Lobby GG 2:0 K 11:30 Thoughtful Thursdays-L - Lifelong Learning CY- Courtyard DR MM - Mindful Moments BR- Billiards Room M 2:3 0 1:30 Ice Cream & Cruise-UT - Upstairs Theatre S 3:3 rsvp Labor Day 9:30 Tambourine Tuesdays-**9:30** Heart of the Nation V 9:30 Monday Musical V 10:30 Through the Ages **9:30** Sit & Be FIT !- AL Gym K 9:3 Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L l 10:3 Catholic Mass-UT AL Gym M 10:30 Sunday Hymns-L MN 10:30 What's the next line?-**C** 10:00 70's Music w/ Sam 1:15 Chef's Circle-HCDR K 11:30 Thoughtful Thursdays-K 11:3 GG 2:0 GG 1:30 Mindful Meditations-1:30 Bingo-HCDR NS Piercv- L DR 0 1:30 Meijer Shopping ΜN **0** 2:00 Country Cruise-RSVP BR 2:00 Bible Study-AL Pub **3:30** Garden Sensations 2:30 Card Club- HCDR GF 3:30 Labor Day Ice Cream 3:30 Artisans- Westfield's K Outing-rsvp 6:00 Knit Pickers-Crocheting GG <mark>S</mark> 3:3 **3:30** Shirts Tie Dye For- CY Social- HCDR/CY 2:30 Card Club-HCDR 101- AL Pub Ouilt- HCDR GG 6:00 Game Show Mondays: 3:30 Tastes of September-Grandparent's Day 12 9:30 Monday Musical **9:30** Tambourine Tuesdays-K 9:3 **9:30** Heart of the Nation V 10:30 Through the Ages V 9:30 Sit & Be FIT !- AL Gvm Catholic Mass-UT Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L L 10:3 AL Gym M 10:00 Guitar Visits with Robin **0** 11:00 Country Fair Week: 1:15 Chef's Circle-HCDR M 10:30 Sunday Hymns-L K 11:30 Thoughtful Thursdays: GG Titus Bakery at K 11:3 1:30 Mindful Meditations-Harrison 1:30 Bingo-HCDR Fair Facts- DR <mark>S</mark> 1:3 2:00 Ice Cream & Cruise-2:00 Bible Study-AL Pub Reynolds-rsvp 3:30 Garden Sensations BR M 2:00 Music w/ John David- L K 2:30 Card Club- HCDR **GF** 3:30 Labor Day Ice Cream L 6:00 Knit Pickers-Crocheting rsvp **3:30** Shirts Tie Dye For- CY Social- HCDR/CY MM **3:30** Tastes of September-101- AL Pub 3:30 Artisans-Country Fair MM 2:3 S 3:3 M 3:30 Name that Croon- BR NS Banner- HCDR 20 22 23 Fall Begins V **9:30** Sit & Be FIT !- AL Gym K 9·3 **9:30** Heart of the Nation 9:30 Monday Musical 9:30 Tambourine Tuesdays-**V** 10:30 Through the Ages Movement-AL Gym Fitness-AL Gym 10:45 Church Service- L L 10:3 Catholic Mass-UT AL Gym 1:15 Chef's Circle-HCDR M 10:30 Sunday Hymns-L MN 10:30 What's the next line?-CC 10:30 Tasty Tuesdays: Pigs in K 11:30 Thoughtful Thursdays-GG K 11:3 S 11:00 Sunday Brunch the Blanket- ALDR 1:30 Bingo-HCDR NS DR 0 1:30 Walmart Shopping MN **0** 2:00 First Day of Autumn 1:30 Mindful Meditations-GG 2:0 2:00 Bible Study-AL Pub **3:30** Garden Sensations Μ 3:30 Name that Croon- BR BR Outing-SIGN UP 6:00 Knit Pickers-Crocheting Drive-rsvp GG GG **K** 2:30 Card Club- HCDR 6:00 Game Show Mondays: 2:00 Music w/ Denny-L 101- AL Pub 3:30 Artisans-Fall Wreaths-S 2:0 S 3:3 3:30 Tastes of September-Jeopardy- L HCDR 27 25 Rosh Hashanah Begins 26 **9:30** Tambourine Tuesdays-K 9:3 **9:30** Monday Musical V 10:30 Through the Ages **0** 10:00 Outing-Tour of **9:30** Heart of the Nation Movement-AL Gym Fitness-AL Gym Stuckey's Farm-SIGN L 10:3 Catholic Mass-UT AL Gym M 10:30 Sunday Hymns-L MN 10:30 What's the next line?-CC 10:30 Tasty Tuesdays: 1:15 Chef's Circle-HCDR UP GG K 11:3 1:30 Mindful Meditations-NS Strawberry Shortcake-1:30 Bingo-HCDR 10:45 Church Service- L

ALDR

rsvp

GG 3:00 Card Club- HCDR

0 2:00 Stuckey's Farm Cruise-



Friday

K 11:30 Thoughtful Thursdays-

2:30 Card Club- HCDR

3:00 Music with Dave Lowe-

DR

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3:30 Garden Sensations

101- AL Pub

6:00 Knit Pickers-Crocheting

Saturday

K GG M S	10:30 11:30 2:00 2:30	Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Harp Visits S'more Fun	GF GF MM	11:30 1:30 2:30	Bingo- HCDR Social Saturdays- DR Movie Matinee: The Great Outdoors-UT Sunshine Saturdays: Fall Garden- CY Remember When-NS
	10:30 11:30 2:00	Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Wine & Dine Happy Hour- L		11:30 1:30	Grandparents Day Bingo- HCDR Grandparents Day Social & Snacks- DR Movie Matinee: Parenthood-UT Sunshine Saturdays: Fall Garden- CY
	10:30 11:30 1:30 2:30	Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Fair Funnies- DR Wellbrooke Fair Festival Kick Off- L/CY Harp Visit Campus Retreat- Old		11:30 1:30 2:30	Citizenship Day Bingo- HCDR Social Saturdays- DR Movie Matinee: State Fair-UT Sunshine Saturdays: Fall Garden- CY Remember When-NS
	9:30 10:30 11:30 2:00 2:00	lative American Day Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Resident Council-BR Tailgate Party		11:30 1:30 2:30	Bingo- HCDR Social Saturdays- DR Movie Matinee: The Blind Side-UT Sunshine Saturdays: Fall Garden- CY Remember When-NS
30 K I GG S	10:30 11:30 2:00	Chair Yoga- AL Gym Catholic Service w/ St. Maria Goretti- BR Friday Funnies- DR Card Games w/ Lynn- HCDR Fall Festival Happy Hour- L			

Wellbrooke of Westfield Legacy Lane



ELERAL LAR CANTA							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Activities are subject to change. Please refer to Lifeshare for the most up to date information.	lf you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.	 A - Artisans C - Creative Cooking G - Gathering of Friends G - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality 	Brunch will be held on Sunday August 21st. Please RSVP with a staff member. Each resident is allowed two guests free of charge and each guest after that will be charged \$7.	1 V Ribbon Dance K Categories C Cranberry Pecan Cheeseballs Relax & Recharge A Pressed Flowers M Bluegrass Boogie G Double Dip Phrases Healthy Hands GF Let's Get the Kids Ready for School!	 Summertime Walking Club Turn Over Sausage & Pepper Hawaiian Sliders Relax & Recharge Newspaper Art September Happy Hour Fair Midway Games Healthy Hands Old Time Theater 	 3 V Laughter Yoga K Working with Letters C Peanut Butter Cookie Cups Relax & Recharge A Creative Storytelling M Saturday Sunshine G Ladder Ball Healthy Hands GF Hangman 	
4	5 Labor Day	6	7	8	9	10	
 Pumpkin Pass Summer Vacations Cookies and Cream Ice Cream Relax & Recharge Fleece Blankets Inspirational Sundays What Belongs Together Healthy Hands Charades! 	 Blowing Bubbles Inspired Tales Monster Cookie Energy Bites Relax & Recharge Labor Day Cards Labor Day Trivia Horseshoes Healthy Hands Flower Arranging 	K American Landmarks C Pizza Quesadillas Relax & Recharge A Wrap'n Llama	 Stop and Smell the Falling Leaves Nail Spa Summer Colors Chocolate Truffles Relax & Recharge Bingo Sittercise with Sam Warm Vanilla Sugar Scrub Who Sang It Best? 	 Ribbon Dance Categories Bacon Cheese Balls Relax & Recharge Sunflower Painting Bluegrass Boogie Double Dip Phrases Healthy Hands Let's Get the Kids Ready for School! 	 Summertime Walking Club Turn Over Ham, Egg, & Cheese Hawaiian Sliders Relax & Recharge Chalk Prints September Happy Hour Fair Midway Games Healthy Hands Old Time Theater 	 Laughter Yoga Working with Letters Chocolate Cookie Cups Relax & Recharge Fall Leaf Garland Saturday Sunshine Ladder Ball Healthy Hands GF Hangman 	
11 Grandparent's Day	12	13	14	15	16	17 Citizenship Day	
 Pumpkin Pass Summer Vacations Strawberry Ice Cream Relax & Recharge Fleece Blankets Inspirational Sundays What Belongs Together Healthy Hands Charades! 	 Blowing Bubbles Inspired Tales Blueberry Muffin Energy Bites Relax & Recharge Grandparent's Day Family Tree Folk Music Mondays Horseshoes Healthy Hands Flower Arranging 	 Dance, Dance American Landmarks Strawberry Peanut Butter Quesadillas Relax & Recharge Slime Experiment Summertime Sorting Fair Winners Healthy Hands An Evening on the Porch 	 Stop and Smell the Falling Leaves Nail Spa Summer Colors Nutty Truffles Relax & Recharge Bingo Sittercise with Sam The Dot Art Day 1 Who Sang It Best? 	 Ribbon Dance Categories Chocolate Chip Cheesecake Balls Relax & Recharge The Dot Art Day 2 Bluegrass Boogie Double Dip Phrases Healthy Hands Let's Get the Kids Ready for School! 	 Summertime Walking Club Turn Over Philly Cheesesteak Hawaiian Sliders Relax & Recharge Clay Mountain Photo Holder Day 1 September Happy Hour Fair Midway Games Healthy Hands Old Time Theater 	 Laughter Yoga Working with Letters Caramel Cookie Cups Relax & Recharge Clay Mountain Photo Holder Day 2 Saturday Sunshine Ladder Ball Healthy Hands Hangman 	
18	19	20	21	22 Fall Begins	23 Native American Day	24	
 Pumpkin Pass Summer Vacations Chocolate Ice Cream Sunday Brunch Relax & Recharge Fleece Blankets Inspirational Sundays What Belongs Together Healthy Hands 	 Blowing Bubbles Inspired Tales Peanut Butter Chocolate Chip Energy Bites Relax & Recharge Ask A Beautiful Question Folk Music Mondays Horseshoes Healthy Hands 	 American Landmarks Veggie Quesadillas Relax & Recharge Paper Picture Frames 	 Stop and Smell the Falling Leaves Nail Spa Summer Colors Candy Truffles Relax & Recharge Bingo Salted Painting Sittercise with Sam Who Sang It Best? 	 Ribbon Dance Categories Salami Cheese Balls Relax & Recharge Rustic Wood Pumpkins Bluegrass Boogie Double Dip Phrases Healthy Hands Let's Get the Kids Ready for School! 	 Summertime Walking Club Turn Over Caprese Hawaiian Sliders Relax & Recharge Apple Chalkboard Greetings September Happy Hour GG Fair Midway Games Healthy Hands Old Time Theater 	 Laughter Yoga Working with Letters Cookies & Cream Cookie Cups Relax & Recharge Nature Bookmarks Saturday Sunshine GG Ladder Ball Healthy Hands GF Hangman 	
25 Rosh Hashanah Begins	26	27	28	29	30		
 Pumpkin Pass Summer Vacations Caramel Ice Cream Relax & Recharge Fleece Blankets Inspirational Sundays What Belongs Together Healthy Hands Charades! 	 Blowing Bubbles Inspired Tales Sweet and Salty Energy Bites Relax & Recharge Fall Leaf Candle Mason Jar Folk Music Mondays Horseshoes Healthy Hands Flower Arranging 	 American Landmarks PB & J S'mores Quesadillas Relax & Recharge Popcorn Fall Trees Summertime Sorting Fair Winners Healthy Hands 	 Stop and Smell the Falling Leaves Nail Spa Summer Colors Cranberry Truffles Relax & Recharge Bingo Clay Pinch Pots-Day 1 Sittercise with Sam Who Sang It Best? 	 Ribbon Dance Categories Nutty Pimento Cheese Balls Relax & Recharge Clay Pinch Pots-Day 2 Bluegrass Boogie Double Dip Phrases Healthy Hands Let's Get the Kids Ready for School! 	 Summertime Walking Club Turn Over Roasted Veggie Hawaiian Sliders Relax & Recharge Have a Gentle Conversation September Happy Hour Fair Midway Games Healthy Hands Old Time Theater 		

