



WELLBROOKE
OF CARMEL

A Trilogy Senior Living Community

News

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Mary M.	9/02
Mary K.	9/08
Nondas B.	9/13
Nancy C.	9/15
Thomas B.	9/18
Norma G.	9/21

Staff

Brook W.	9/06
Nancy G.	9/06
Aimee S.	9/12
Larry C.	9/22
Resheta T.	9/25
Austin R.	9/29

LEGACY LANE

Our Legacy Lane residents enjoy doing all types of activities.



Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible event - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved and thank you to everyone who came out!

This month is Healthy Aging Month – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength

training up to three times a week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,
Alberta Taybior
Executive Director



FATHER SON FISHING TRIP

It has been years since some of our residents have been able to spend time fishing with their sons. Everyone had an amazing time at Morse Reservoir then lunch after.



ARTISAN HIGHLIGHTS

Our artisan program is amazing. Our residents love creating new things every week.



A Note from Jenni



The kids are back in school, the nights are getting cooler, and we are still

going strong here at Wellbrooke of Carmel! Be on the lookout for themed Happy Hours, fun outings, and special celebrations for our residents! Your Life Enrichment/Activities team has been working hard to bring on the fun!

Please, please, please fill out your Customer Satisfaction Survey. We really are trying to do our best. Remember, if we deserve an "A" give us a "10", "B" is a "9" and so on.

As always, thank you for the opportunity to enrich the lives of your loved ones as the Life Enrichment Director at the Wellbrooke of Carmel.

-Jenni Carrillo, L&ED

Sunday Brunch

Sunday Brunch is scheduled for September 18th. Each resident receives 2 free guest meals, each additional guest is \$15. You must RSVP as space is limited.

Happy Hour

Families and Friends are invited to join us every Friday from 3:30-4:30 in the Bistro for Themed Happy Hour. Remember to check the board in the bistro for the weeks theme.

Customer Satisfaction Survey

It's that time of year again. Customer Satisfaction surveys go live on September 6th. Click on the link in your email and tell us how we are doing.



WELLBROOKE OF CARMEL

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Executive Director

Laura Hazel
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Jamie Kennedy
Assistant Director of Health Services

Christina Barnes
Business Office Manager

Jenni Carrillo
Life Enrichment Director

Jade Chilton
Director of Social Services

Mike Brown
Director of Food Services

Jeremy Miller
Director of Plant Operations

Jeri Kiser
Environmental Services Supervisor

Wendy Carl
Customer Service Representative

Samone Molone
Customer Service Specialist

Dani Snyder
Therapy Program Director

Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical
was based in California?

Question 5: What soft drink
was invented in 1892?

*Flip the page for last
month's trivia answers:*

*Q1: At what age does your
brain fully form? 25*
*Q2: The ocean covers more than
percent of the Earth's surface. 70*
Q3: What is a group of lions called? A pride
*Q4: True or false: Paul Revere shouted
"The British Are Coming". False*
*Q5: What is the only sport to be
played on the moon? Golf*

SUDOKU

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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY