



THE WILLOWS
AT WILLARD

A Trilogy Senior Living Community

Monthly

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

| | |
|-------------|--------------|
| Mary B. | September 07 |
| Lawrence H. | September 21 |
| William C. | September 23 |
| Jeannine S. | September 29 |

Staff

| | |
|---------------|--------------|
| Jacqueline P. | September 04 |
| Courtney H. | September 05 |
| Peggy P. | September 09 |
| Maelyn S. | September 10 |
| Nicole W. | September 11 |
| Jynelle R. | September 16 |
| Amber H. | September 22 |
| Jennifer M. | September 27 |
| Sandra V. | September 29 |
| Tammy H. | September 30 |



Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our *Vitality* program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,

Danielle Phillips
Executive Director

Volunteers Needed

The Willows at Willard is looking for you! If you are kind, compassionate and have a servant's heart, please schedule a tour with John our Life Enrichment Director. We would love to meet and share all the exciting volunteer opportunities that enrich the lives of our residents daily.

Upcoming Events

Please RSVP by Sept. 12th for Sunday Brunch on Sept. 18th from 1130 to 1 pm.

Photo Highlights



More Photo Highlights





THE WILLOWS AT WILLARD

A Trilogy Senior Living Community

1050 Neal Zick Road
Willard, OH 44890
419-935-6511
willowsatwillard.com |

Danielle Phillips
Executive Director

Courtney Hughes
Director of Health Services

Shelley Adams
Assistant Director of Health Services

Becky Wineman
Community Service Representative

Deb Schaffer
Director of Community Lifestyle

Jynelle Rex
Business Office Manager

John Guilfoyle
Life Enrichment Director

Deb Tackett
Director of Dining Services

Loucinda Gayheart
Director of Environmental Services

Jennifer Montoney
Director of Social Services

Keith Christiansen
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical was based in California?

Question 5: What soft drink was invented in 1892?

SUDOKU

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| 1 | 8 | 3 | | 5 | 7 | 4 | | 9 |
| 2 | | | | | 9 | 5 | | |
| 9 | | | | 3 | 1 | | | 7 |

Flip the page for last month's trivia answers:

Q1: At what age does your brain fully form? 25
 Q2: The ocean covers more than _____ percent of the Earth's surface. 70
 Q3: What is a group of lions called? A pride
 Q4: True or false: Paul Revere shouted "The British Are Coming!". False
 Q5: What is the only sport to be played on the moon? Golf

Word Search

F H G S R C P B F G D M N A L M N L C
 C L N G E B M H U W O W E O M L B S Z
 O D O U T T Q S U V A R I E T Y Z U D
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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY