

The Willows at Springhurst
Cornell Trace

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more information about the Saturday Bridge Group please contact Arlene Fricke-908-337-3296.	To learn more about the Mah Jong group, please contact Kathy Birkead at 502-290-6304.	For Event RSVPs to the Life Enrichment Department, please contact 502-412-3775	For Calendar & Club House Reservations, please contact Life Enrichment at 502-412-3775	1 10:00 CH Reserved for Jennifer Winrich 10am-2pm. Villa Lunch starts at 12pm! 3:00 Yoga with Sherri	2 10:30 Office Hours (10:30am-11:30am) 1:00 Mah Jong (1-4:30pm)	3
4	5 Labor Day 1:30 Office Hours in Club House (1:30-2:30pm) 3:00 Chair Yoga	6 3:00 Happy Hour!! (RSVP 502-412-3775)	7	8 10:00 CH Reserved for Jennifer Winrich 10am-2pm. Villa Lunch starts at 12pm! 3:00 Yoga with Sherri	9 10:30 Office Hours (10:30am-11:30am) 1:00 Mah Jong (1-4:30pm)	10 1:00 Clubhouse Reserved for Shirlee Johnson 1pm-4pm
11 Grandparent's Day	12 1:30 Office Hours in Club House (1:30-2:30pm) 3:00 Chair Yoga	13 3:00 Happy Hour!! (RSVP 502-412-3775)	14 3:30 BUNCO, RSVP required to Ann Peters at 502-749-8886	15 10:00 CH Reserved for Jennifer Winrich 10am-2pm. Villa Lunch starts at 12pm! 3:00 Yoga with Sherri	16 10:30 Office Hours (10:30am-11:30am) 1:00 Mah Jong (1-4:30pm)	17 Citizenship Day
18	19 1:30 Office Hours in Club House (1:30-2:30pm) 3:00 Chair Yoga	20 11:30 Lunch and Learn 3:00 Happy Hour!! (RSVP 502-412-3775)	21 11:00 Outing to Huber's (May be cancelled due to weather)	22 Fall Begins 10:00 CH Reserved for Jennifer Winrich 10am-2pm. Villa Lunch starts at 12pm! 3:00 Yoga with Sherri	23 Native American Day 10:30 Office Hours (10:30am-11:30am) 1:00 Mah Jong (1-4:30pm)	24
25 Rosh Hashanah Begins	26 1:30 Office Hours in Club House (1:30-2:30pm) 3:00 Chair Yoga	27 3:00 Happy Hour!! (RSVP 502-412-3775)	28 10:45 Bookmobile 12:00 Potluck	29 10:00 CH Reserved for Jennifer Winrich 10am-2pm. Villa Lunch starts at 12pm! 3:00 Yoga with Sherri	30 10:30 Office Hours (10:30am-11:30am) 1:00 Mah Jong (1-4:30pm)	

The Willows at Springhurst
Personal Care

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events</p>	<p>V - Vitality</p>	<p>Walking Club may be canceled due to inclement weather. If it is raining or above 90 degrees we will do Sit and be Fit in the Activity Room.</p>		<p>1 10:00 Watering the Plants- On the back patio V 11:00 Sit and Be Fit M 1:30 Sing Along- In the activity room! A 3:00 Craft I 6:00 Bible Study with Trisha and Tom</p>	<p>2 10:00 Gardening Club- On the back Patio V 11:00 Sit and Be Fit M 2:00 Happy Hour GF 3:00 Bunco- After happy Hour in activity room</p>	<p>3 A 10:00 Garden Club- (Independent) I 10:30 St. Bernadette Catholic Communion L 3:00 Gin Rummy (Independent) V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>4 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) A 10:00 Garden Club- (Independent) M 2:00 Hymns Sing Along on Channel 97 or 37-3 I 2:30 WAGS Pet Therapy Dog (Activity Center)</p>	<p>5 Labor Day 10:00 Watering the plants- On the back patio L 2:00 Movie Matinee: Blue Miracle (Ch. 97 or 37-3) L 5:30 Calming Puzzles (Independent)</p>	<p>6 GF 10:00 Watering the Plants- On the back Patio V 11:00 Sit and Be Fit S 2:00 Resident Council K 3:00 America Says! GG 6:30 Evening Games with Ashton!!</p>	<p>7 GF 10:00 Watering the plants- On the back patio V 11:00 Sit and Be Fit I 1:30 Weekly Devotions in activity room GG 2:00 BINGO- In the activity room S 3:00 Parr's Store Open</p>	<p>8 10:00 Watering the Plants- On the back patio V 11:00 Sit and Be Fit M 1:30 Sing Along- In the activity room! A 3:00 Craft I 6:00 Bible Study with Trisha and Tom</p>	<p>9 10:00 Gardening Club- On the back Patio V 11:00 Sit and Be Fit M 2:00 Happy Hour GF 3:00 Bunco- After happy Hour in activity room</p>	<p>10 A 10:00 Garden Club- (Independent) I 10:30 St. Bernadette Catholic Communion L 3:00 Games (Independent) V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>11 Grandparent's Day I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) A 10:00 Garden Club- (Independent) M 2:00 Hymns Sing Along on Channel 97 or 37-3 I 2:30 WAGS Pet Therapy Dog (Activity Center)</p>	<p>12 10:00 Watering the plants- On the back patio L 2:00 Movie Matinee- Here Comes the Boom (Ch. 97 or 37-3) L 5:30 Calming Puzzles (Independent)</p>	<p>13 GF 10:00 Watering the Plants- On the back Patio 11:00 Outing: lunch and Botanical Garden V 11:00 Sit and Be Fit K 3:00 Jeopardy! GG 6:30 Evening Games with Ashton!!</p>	<p>14 GF 10:00 Watering the plants- On the back patio V 11:00 Sit and Be Fit I 1:30 Weekly Devotions in activity room GG 2:00 BINGO- In the activity room S 3:00 Parr's Store Open</p>	<p>15 10:00 Watering the Plants- On the back patio V 11:00 Sit and Be Fit M 1:30 Sing Along- In the activity room! A 3:00 Craft I 6:00 Bible Study with Trisha and Tom</p>	<p>16 10:00 Gardening Club- On the back Patio V 11:00 Sit and Be Fit M 2:00 Happy Hour GF 3:00 Bunco- After happy Hour in activity room</p>	<p>17 Citizenship Day A 10:00 Garden Club- (Independent) I 10:30 St. Bernadette Catholic Communion L 3:00 Games (Independent) L 3:00 Games (Independent) V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>18 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) A 10:00 Garden Club- (Independent) M 2:00 Hymns Sing Along on Channel 97 or 37-3 I 2:30 WAGS Pet Therapy Dog (Activity Center)</p>	<p>19 10:00 Watering the plants- On the back patio L 2:00 Movie Matinee- Uncharted (Ch. 97 or 37-3) L 5:30 Calming Puzzles (Independent)</p>	<p>20 GF 10:00 Watering the Plants- On the back Patio V 11:00 Sit and Be Fit K 3:00 Lotto! GG 6:30 Evening Games with Ashton!!</p>	<p>21 GF 10:00 Watering the plants- On the back patio V 11:00 Sit and Be Fit I 1:30 Weekly Devotions in activity room GG 2:00 BINGO- In the activity room S 3:00 Parr's Store Open</p>	<p>22 Fall Begins 10:00 Watering the Plants- On the back patio V 11:00 Sit and Be Fit M 1:30 Sing Along- In the activity room! A 3:00 Craft I 6:00 Bible Study with Trisha and Tom</p>	<p>23 Native American Day 10:00 Gardening Club- On the back Patio V 11:00 Sit and Be Fit M 2:00 Happy Hour GF 3:00 Bunco- After happy Hour in activity room</p>	<p>24 A 10:00 Garden Club- (Independent) I 10:30 St. Bernadette Catholic Communion L 3:00 Games (Independent) V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>25 Rosh Hashanah Begins I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) A 10:00 Garden Club- (Independent) M 2:00 Hymns Sing Along on Channel 97 or 37-3 I 2:30 WAGS Pet Therapy Dog (Activity Center)</p>	<p>26 10:00 Watering the plants- On the back patio L 2:00 Movie Matinee- Purple Hearts (Ch. 97 or 37-3) L 5:30 Calming Puzzles (Independent)</p>	<p>27 GF 10:00 Watering the Plants- On the back Patio 10:30 Outing: Huber's V 11:00 Sit and Be Fit K 3:00 Jeopardy! GG 6:30 Evening Games with Ashton!!</p>	<p>28 GF 10:00 Watering the plants- On the back patio V 11:00 Sit and Be Fit I 1:30 Weekly Devotions in activity room GG 2:00 BINGO- In the activity room S 3:00 Parr's Store Open</p>	<p>29 10:00 Watering the Plants- On the back patio V 11:00 Sit and Be Fit M 1:30 Sing Along- In the activity room! A 3:00 Craft I 6:00 Bible Study with Trisha and Tom</p>	<p>30 10:00 Gardening Club- On the back Patio V 11:00 Sit and Be Fit M 2:00 Happy Hour GF 3:00 Bunco- After happy Hour in activity room</p>	

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<p>A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About</p>	<p>S - Signature Events V - Vitality</p>	<p>Life Enrichment (502) 412-3775</p>	<p>Find The Willows of Springhurst on Social Media! Facebook.com/WillowsAt Springhurst/ Twitter.com/willowsspring? lang=en</p>	<p>1 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room A 2:00 Craft M 3:00 Sing Along</p>	<p>2 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room M 2:00 Happy Hour In Parrs Activity Room- Please Let a staff member know if you would like to attend!!</p>	<p>3 L 9:30 Water the plants K 10:30 Chit Chat Cafe GG 11:00 Balloon Bop V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>4 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) L 9:30 Water the plants K 10:30 Chit Chat Cafe M 11:00 Hymn Sing Along</p>	<p>5 Labor Day K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room 11:00 Chit Chat L 2:00 Movie Matinee: Blue Miracle (Ch. 97 or 37-3)</p>	<p>6 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room 11:00 Chit Chat GG 2:00 Bingo A 3:00 Expressive Art: Scrapbook Club</p>	<p>7 I 10:00 Weekly Devotions V 10:30 Trilogy Fit 11:00 Chit Chat O 2:00 Bingo!! K 3:00 Ice Cream Social</p>	<p>8 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room A 2:00 Craft M 3:00 Sing Along</p>	<p>9 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room GF 11:00 Chit Chat M 2:00 Happy Hour In Parrs Activity Room- Please Let a staff member know if you would like</p>	<p>10 L 9:30 Water the plants K 10:30 Chit Chat Cafe GG 11:00 Balloon Bop V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
<p>11 Grandparent's Day I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) L 9:30 Water the plants K 10:30 Chit Chat Cafe M 11:00 Hymn Sing Along</p>	<p>12 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room GF 11:00 Chit Chat L 2:00 Movie Matinee- Here Comes the Boom (Ch. 97 or 37-3)</p>	<p>13 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room GF 11:00 Chit Chat GG 2:00 Bingo A 3:00 Expressive Art: Scrapbook Club</p>	<p>14 I 10:00 Weekly Devotions V 10:30 Trilogy Fit GF 11:00 Chit Chat O 2:00 Bingo!! K 3:00 Ice Cream Social</p>	<p>15 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room GF 11:00 Chit Chat A 2:00 Craft M 3:00 Sing Along</p>	<p>16 K 10:00 Gardening on the Patio V 10:30 Trilogy Fit in the Activity Room GF 11:00 Chit Chat M 2:00 Happy Hour In Parrs Activity Room- Please Let a staff member know if you would like</p>	<p>17 Citizenship Day L 9:30 Water the plants K 10:30 Chit Chat Cafe GG 11:00 Balloon Bop V 5:30 Senior Yoga (Ch. 97 or 37-3)</p>
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Executive Director - Carla Sieckert Legacy Lane Coordinator - Taylor Carruthers 1st Shift Full Time Nurse - Abbey Spencer 2nd Shift Full Time Nurse - Melissa Partin	Main Phone: (502)412-3775 Legacy Lane Cordless Phone: (502)313-6266	Follow Us on Facebook! Springhurst Pines Senior Living		1 V 9:00 Ribbon Dance K 9:30 Chronicles & Chit Chat K 9:30 Categories CC 10:45 Cranberry Pecan Cheeseballs 12:45 Relax & Recharge A 2:00 Pressed Flowers M 3:30 Bluegrass Boogie	2 V 9:00 Summertime Walking Club K 9:30 Chronicles & Chit Chat K 9:30 Turn Over CC 10:45 Sausage & Pepper Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Newspaper Art	3 V 9:00 Laughter Yoga K 9:30 Chronicles & Chit Chat K 9:30 Working with Letters CC 10:45 Peanut Butter Cookie Cups 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Saturday Sunshine
4 V 9:00 Pumpkin Pass K 9:30 Chronicles & Chit Chat K 9:30 Summer Vacations CC 10:45 Cookies and Cream Ice Cream 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays	5 Labor Day V 9:00 Blowing Bubbles K 9:30 Chronicles & Chit Chat K 9:30 Inspired Tales CC 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge A 2:00 Labor Day Cards M 3:30 Labor Day Trivia	6 V 9:00 Dance, Dance K 9:30 American Landmarks K 9:30 Chronicles & Chit Chat CC 10:45 Pizza Quesadillas 12:45 Relax & Recharge A 2:00 Wrap'n Llama M 3:30 Summertime GG 4:00 Sorting Fair Winners	7 V 9:00 Stop and Smell the Falling Leaves K 9:30 Chronicles & Chit Chat K 9:30 Summer Colors CC 10:45 Chocolate Truffles 12:45 Relax & Recharge A 2:00 Warm Vanilla Sugar Scrub	8 V 9:00 Ribbon Dance K 9:30 Chronicles & Chit Chat K 9:30 Categories CC 10:45 Bacon Cheese Balls 12:45 Relax & Recharge A 2:00 Sunflower Painting M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases	9 V 9:00 Summertime Walking Club K 9:30 Chronicles & Chit Chat K 9:30 Turn Over CC 10:45 Ham, Egg, & Cheese Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Chalk Prints	10 V 9:00 Laughter Yoga K 9:30 Chronicles & Chit Chat K 9:30 Working with Letters CC 10:45 Chocolate Cookie Cups 12:45 Relax & Recharge A 2:00 Fall Leaf Garland M 3:30 Saturday Sunshine GG 4:00 Ladder Ball
11 Grandparent's Day V 9:00 Pumpkin Pass K 9:30 Chronicles & Chit Chat K 9:30 Summer Vacations CC 10:45 Strawberry Ice Cream 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs	12 V 9:00 Blowing Bubbles K 9:30 Chronicles & Chit Chat K 9:30 Inspired Tales CC 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge A 2:00 Grandparent's Day Family Tree	13 V 9:00 Dance, Dance K 9:30 American Landmarks K 9:30 Chronicles & Chit Chat CC 10:45 Strawberry Peanut Butter Quesadillas 12:45 Relax & Recharge A 2:00 Slime Experiment M 3:30 Summertime	14 V 9:00 Stop and Smell the Falling Leaves K 9:30 Chronicles & Chit Chat K 9:30 Summer Colors CC 10:45 Nutty Truffles 12:45 Relax & Recharge A 2:00 The Dot Art Day 1 M 3:30 Who Sang It Best?	15 V 9:00 Ribbon Dance K 9:30 Chronicles & Chit Chat K 9:30 Categories CC 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge A 2:00 The Dot Art Day 2 M 3:30 Bluegrass Boogie	16 V 9:00 Summertime Walking Club K 9:30 Chronicles & Chit Chat K 9:30 Turn Over CC 10:45 Philly Cheesesteak Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Clay Mountain Photo	17 Citizenship Day V 9:00 Laughter Yoga K 9:30 Chronicles & Chit Chat K 9:30 Working with Letters CC 10:45 Caramel Cookie Cups 12:45 Relax & Recharge A 2:00 Clay Mountain Photo Holder Day 2 M 3:30 Saturday Sunshine
18 V 9:00 Pumpkin Pass K 9:30 Chronicles & Chit Chat K 9:30 Summer Vacations CC 10:45 Chocolate Ice Cream 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs	19 V 9:00 Blowing Bubbles K 9:30 Chronicles & Chit Chat K 9:30 Inspired Tales CC 10:45 Peanut Butter Chocolate Chip Energy Bites 12:45 Relax & Recharge A 2:00 Ask A Beautiful	20 V 9:00 Dance, Dance K 9:30 American Landmarks K 9:30 Chronicles & Chit Chat CC 10:45 Veggie Quesadillas 12:45 Relax & Recharge A 2:00 Paper Picture Frames M 3:30 Summertime GG 4:00 Sorting Fair Winners	21 V 9:00 Stop and Smell the Falling Leaves K 9:30 Chronicles & Chit Chat K 9:30 Summer Colors CC 10:45 Candy Truffles 12:45 Relax & Recharge A 2:00 Salted Painting M 3:30 Who Sang It Best?	22 Fall Begins V 9:00 Ribbon Dance K 9:30 Chronicles & Chit Chat K 9:30 Categories CC 10:45 Salami Cheese Balls 12:45 Relax & Recharge A 2:00 Rustic Wood Pumpkins M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases	23 Native American Day V 9:00 Summertime Walking Club K 9:30 Chronicles & Chit Chat K 9:30 Turn Over CC 10:45 Caprese Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Apple Chalkboard	24 V 9:00 Laughter Yoga K 9:30 Chronicles & Chit Chat K 9:30 Working with Letters CC 10:45 Cookies & Cream Cookie Cups 12:45 Relax & Recharge A 2:00 Nature Bookmarks M 3:30 Saturday Sunshine
25 Rosh Hashanah Begins V 9:00 Pumpkin Pass K 9:30 Chronicles & Chit Chat K 9:30 Summer Vacations CC 10:45 Caramel Ice Cream 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs	26 V 9:00 Blowing Bubbles K 9:30 Chronicles & Chit Chat K 9:30 Inspired Tales CC 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge A 2:00 Fall Leaf Candle Mason Jar	27 V 9:00 Dance, Dance K 9:30 American Landmarks K 9:30 Chronicles & Chit Chat CC 10:45 PB & J S'mores Quesadillas 12:45 Relax & Recharge A 2:00 Popcorn Fall Trees M 3:30 Summertime	28 V 9:00 Stop and Smell the Falling Leaves K 9:30 Chronicles & Chit Chat K 9:30 Summer Colors CC 10:45 Cranberry Truffles 12:45 Relax & Recharge A 2:00 Clay Pinch Pots-Day 1 M 3:30 Who Sang It Best?	29 V 9:00 Ribbon Dance K 9:30 Chronicles & Chit Chat K 9:30 Categories CC 10:45 Nutty Pimento Cheese Balls 12:45 Relax & Recharge A 2:00 Clay Pinch Pots-Day 2 M 3:30 Bluegrass Boogie	30 V 9:00 Summertime Walking Club K 9:30 Chronicles & Chit Chat K 9:30 Turn Over CC 10:45 Roasted Veggie Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Have a Gentle	