The Willows at Okemos Assisted Living

september 2022

	Carlo					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>				 9:45 Trilogy Fit Exercise-HCAR 11:00 Bible Study w/Rise-Courtyard 2:00 Timeless Treasure Antique 	2 V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Euchre Club- HCAR S 2:00 Happy Hour w/Lee Piper	 J 10:30 Trilogy Fit Exercise-HCAR J 11:00 Meditation-HCAR 1:30 Ice Cream Social- HCAR
 10:30 Trilogy Fit Exercise-HCAR 11:00 Labor Day Trivia-HCAR 2:00 Sundays in the Sun-Outdoors 	5 Labor Day V 10:00 Trilogy Fit Exercise-HCAR K 11:00 Poetry Club- HCAR 2:30 Bingo- ALAR	9:45 Trilogy Fit Exercise-HCAR K 10:30 Book Club-HCAR S 11:00 Chef Circle- ALAR O 2:00 Baskin Robins	7 V 9:45 Trilogy Fit Exercise-HCAR I 11:00 Church Service-HCAR K 2:00 Jeopardy-HCAR	9:45 Trilogy Fit Exercise-HCAR I 11:00 Bible Study w/Rise-Courtyard CC 11:00 East Lansing Public Library O 2:00 Meijer	8:00 Sparkling Fall Time at the Vineyard Retreat 9:45 Trilogy Fit Exercise (Grape Stomping)-HCAR K 10:30 Wine Bottle and Flower Press Crafts- HCAR 2:00 Happy Hour w/Jay Hill	10 V 10:30 Trilogy Fit Exercise- HCAR I 11:00 Meditation-HCAR C 1:30 Ice Cream Social- HCAR
11:00 Grandparent's Day Brunch 2:00 Sundays in the Sun- Outdoors	12 V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Euchre Club- HCAR M 2:00 Sing-a-Long and Puppet Show w/Sheila-HCAR 6:00 Bingo- ALAR	V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Book Club-HCAR S 11:00 Chef Circle- ALAR O 1:00 MSU Planetarium	9:45 Trilogy Fit Exercise- HCAR 5 10:30 Resident Council- ALAR 6 2:00 Jeopardy- HCAR	V 9:45 Trilogy Fit Exercise-HCAR I 11:00 Bible Study w/Rise-Courtyard G 2:00 R.E Olds Museum Outing	16 V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Euchre Club- HCAR S 2:00 Happy Hour w/Jim Herrmann	17 Citizenship Day V 10:30 Trilogy Fit Exercise-HCAR I 11:00 Meditation-HCAR CC 1:30 Ice Cream Social- HCAR
 10:30 Trilogy Fit Exercise-HCAR 11:00 September Trivia-HCAR 2:00 Sundays in the Sun-Outdoors 	V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Poetry Club- HCAR M 2:00 Drum Circle w/lan-HCAR 6:00 Bingo- ALAR	V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Book Club-HCAR 5 11:00 Chef Circle- ALAR O 2:00 Dollar Tree	 9:45 Trilogy Fit Exercise-HCAR 3:00 Meridian Township Farmers Market 	Pall Begins V 9:45 Trilogy Fit Exercise-HCAR I 11:00 Bible Study w/Rise-Courtyard K 2:00 Jeopardy	 Native American Day 9:45 Trilogy Fit Exercise-HCAR 10:30 Poetry Club-HCAR 2:00 Happy Hour w/Paint Creek Boys 	V 10:30 Trilogy Fit Exercise- HCAR I 11:00 Meditation-HCAR CC 1:30 Ice Cream Social- HCAF
Rosh Hashanah Begins 10:30 Trilogy Fit Exercise-HCAR 11:00 Jewelry Making-HCAR 2:00 Sundays in the Sun-Outdoors	26 V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Euchre Club- HCAR A 2:00 Fall Door Decor-HCAR 6:00 Bingo- ALAR	V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Book Club-HCAR 5 11:00 Chef Circle- ALAR O 1:00 Out to the Movies	28 V 9:45 Trilogy Fit Exercise-HCAR K 2:00 Jeopardy-HCAR	V 9:45 Trilogy Fit Exercise-HCAR I 11:00 Bible Study w/Rise-Courtyard O 2:00 Walmart	 9:45 Trilogy Fit Exercise-HCAR 10:30 Euchre Club- HCAR 2:00 Happy Hour w/Nat and Ty 	

The Willows at Okemos Health Center



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<u>Birthdays</u>				 9:45 Trilogy Fit Exercise-HCAR 10:30 Chef Circle- HCAR 11:00 Bible Study w/Rise-Courtyard 2:00 Timeless Treasure Antique 3:00 Mindful Moments- 4 	2 V 9:45 Trilogy Fit Exercise-HCAR K 10:30 Euchre Club- HCAR S 2:00 Happy Hour w/Lee Piper MN 3:00 Mindful Moments- 4 Corners Cafe	 J 10:30 Trilogy Fit Exercise-HCAR J 11:00 Meditation-HCAR 1:30 Ice Cream Social- HCAR MM 3:00 Mindful Moments- 4 Corners Cafe
V 10:30 Trilogy Fit Exercise- HCAR K 11:00 Labor Day Trivia-HCAR 2:00 Sundays in the Sun- Outdoors MM 3:00 Mindful Moments- 4 Corners Cafe	Labor Day V 10:00 Trilogy Fit Exercise-HCAR K 11:00 Poetry Club- HCAR M 3:30 Mindful Moments	9:45 Trilogy Fit Exercise- HCAR K 10:30 Book Club-HCAR 2:00 Baskin Robins MN 3:00 Mindful Moments- 4 Corners Cafe	7 V 9:45 Trilogy Fit Exercise-HCAR I 11:00 Church Service-HCAR I 2:00 Jeopardy-HCAR I 3:00 Mindful Moments- 4 Corners Cafe I 6:00 Bingo-HCAR	9:45 Trilogy Fit Exercise-HCAR S 10:30 Chef Circle- HCAR I 11:00 Bible Study w/Rise-Courtyard CC 11:00 East Lansing Public Library O 2:00 Meijer	8:00 Sparkling Fall Time at the Vineyard Retreat 9:45 Trilogy Fit Exercise (Grape Stomping)-HCAR K 10:30 Wine Bottle and Flower Press Crafts- HCAR 2:00 Happy Hour w/Jay Hill	V 10:30 Trilogy Fit Exercise- HCAR I 11:00 Meditation-HCAR CC 1:30 Ice Cream Social- HCAR MM 3:00 Mindful Moments- 4 Corners Cafe
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