



THE WILLOWS
AT HOWELL

A Trilogy Senior Living Community

Monthly

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Laura G.	September 04
Craig S.	September 04
Miles A.	September 07
Thomas L.	September 07
Barbara H.	September 10
Dorothy H.	September 15
Katherine D.	September 19
Mary S.	September 19
Delphine F.	September 19
John M.	September 21
Evelyn R.	September 21
Frances S.	September 23
Lucille R.	September 24
Clifford L.	September 26
Doris S.	September 26

Staff

Dylan A.	September 01
Kelsey K.	September 02
Deborah F.	September 04
Kari H.	September 05
Jeremy W.	September 06
Martina B.	September 07
Heather A.	September 07
Lauren M.	September 07
Jessica B.	September 07
Anne-Marie C.	September 11
Sharon T.	September 13
Ann O.	September 13
Alissa W.	September 16
Jack M.	September 21
Kirsten N.	September 21
Jeronima B.	September 30



Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our *Vitality* program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,

Jamie Scott
Executive Director

The Willows Garden Walk Art Party

The Willows Garden Walk Art Party was a blast! Congratulations to all of our Art Show winners, and thank you to everyone who donated to our charity partners.



Potter Park Zoo

We went to Potter Park Zoo in Lansing, The residents were having fun with our guest (Beautiful Peacock) at lunchtime. Mrs. Scott was able to see a monkey, which is her favorite animal. Of course, we didn't forget about souvenirs.



LIVE A DREAM

Trilogy Health Service Live a Dream took the residents to a Tiger Game!, We even made it to the big screen! Our resident, Ms. Diamond went to game for her Birthday! The Willows at Howell residents appreciated for this trip.



Volunteer News

Do you love music? Painting? Literature? Building things? Consider sharing your passion with our residents! Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, leading discussion groups, teaching us about instruments and orchestration, instructing art lessons, leading religious inspirational groups, and more. We love volunteers! We welcome individuals to gain experience while engaging with our residents. In the past we have enjoyed learning from our volunteers and enjoying the love and talent that they offer, and we welcome your talents as well! Contact our Life Enrichment Director, and she will help find you a meaningful volunteer role



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517-552-9323

willowsathowell.com | [t](#) [f](#)

Jamie Scott
Executive Director

Lori Gates
Director of Health Services

TBD
Assistant Director of Health Services

Jackie Zolnier
Assisted Living Director

Rose Stockbridge
Director of Social Services

Holly Pellarin
Business Office Manager

Jo Poliskey
Director of Food Service

Kaitlyn Lewis
Community Service Representative

Kelly Bartrum
Director of Environmental Services

Neil Palmer
Director of Plant Operations

Melisa Person
Legacy Neighborhood Director

Lily Mundy
Life Enrichment Director

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical
was based in California?

Question 5: What soft drink
was invented in 1892?

*Flip the page for last
month's trivia answers:*

*Q1: At what age does your
brain fully form? 25
Q2: The ocean covers more than
percent of the Earth's surface. 70
Q3: What is a group of lions called? A pride
Q4: True or false: Paul Revere shouted
"The British Are Coming!". False
Q5: What is the only sport to be
played on the moon? Golf*

SUDOKU

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ATTRACTIONS
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