

The Springs of Mooresville-AL
Life Enrichment Calendar

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p> <p>M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>		Activities are subject to change please check Community Share for daily activities.	The activities on this calendar are a great way to complement your therapy services. Please ask your therapist which might be best for you.	<p>1</p> <p>O 10:00 Outing: Country Drive - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ring Toss GF 4:00 Gardening Club</p>	<p>2</p> <p>K 9:00 Crossword Group MM 10:00 MM: Cooking M 10:30 Live Music w/ Doug DeBaun S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - BBQ GF 6:00 Movie Matinee</p>	<p>3</p> <p>K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>4</p> <p>M 11:00 Gospel Choir S 11:30 Cocktail Hour K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>5 Labor Day</p> <p>K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Flower Arranging V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>6</p> <p>I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures & Music - AL</p>	<p>7</p> <p>A 10:00 Craft: Apple Prints S 11:30 Cocktail Hour O 1:00 Fall Carnival Fun MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>8</p> <p>K 10:30 Apple Tasting S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Horseshoes GF 4:00 Gardening Club K 6:00 Game Night</p>	<p>9</p> <p>K 9:00 Crossword Group MM 9:30 MM: Cooking O 10:00 Outing: Country Drive-RSVP S 11:30 Cocktail Hour V 2:00 Ball Fitness M 2:00 Live Music w/ Gary Grubbs</p>	<p>10</p> <p>K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>11 Grandparent's Day</p> <p>M 11:00 Gospel Choir S 11:30 Cocktail Hour K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>12</p> <p>K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Button Apple Canvas V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>13</p> <p>I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures and Music -</p>	<p>14</p> <p>A 10:00 Craft: Scrapbooking S 11:30 Cocktail Hour O 11:30 Outing: O' Charley's MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>15</p> <p>O 10:00 Outing: Walmart AL - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ball in a Basket GF 4:00 Gardening Club</p>	<p>16</p> <p>K 9:00 Crossword Group MM 10:00 MM: Cooking M 10:30 Live Music w/ Nathan Dillion S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - Summertime Fun!</p>	<p>17 Citizenship Day</p> <p>K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>18</p> <p>M 11:00 Gospel Choir S 11:00 Sunday Brunch K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>19</p> <p>K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Fall Yarn Wreath V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>20</p> <p>I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures & Music - AL</p>	<p>21</p> <p>A 10:00 Craft: Pool Noodle Pumpkins S 11:30 Cocktail Hour O 11:30 Outing: Blueberry Hill MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>22 Fall Begins</p> <p>O 10:00 Outing: Walmart HC - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ladderball GF 4:00 Gardening Club</p>	<p>23 Native American Day</p> <p>K 9:00 Crossword Group MM 10:00 MM: Cooking S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - Hello Fall! GF 6:00 Movie Matinee</p>	<p>24</p> <p>K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>25 Rosh Hashanah Begins</p> <p>M 11:00 Gospel Choir S 11:30 Cocktail Hour K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>26</p> <p>K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Cinnamon Scented Pinecones V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>27</p> <p>I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures & Music -</p>	<p>28</p> <p>A 10:00 Craft: Leaf Prints S 11:30 Cocktail Hour O 11:30 Outing: Greeks Pizzeria MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>29</p> <p>O 10:00 Outing: Country Drive-RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ring Toss GF 4:00 Gardening Club</p>	<p>30</p> <p>K 9:00 Crossword Group MM 10:00 MM: Cooking S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - Bonfire GF 6:00 Movie Matinee</p>	

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<p>A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Activities are subject to change please check Community Share for daily activities. The activities on this calendar are a great way to complement your therapy services. Ask your therapist which might be the best for you.</p>	<p>Leisure Cart Resources and Resident Mail are delivered daily.</p>	<p>1 O 10:00 Outing: Country Drive - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ring Toss GF 4:00 Gardening Club</p>	<p>2 MM 10:00 MM: Cooking M 10:30 Live Music w/ Doug DeBaun S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - BBQ GF 6:00 Movie Matinee</p>	<p>3 K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>4 M 11:00 Gospel Choir S 11:30 Cocktail Hour K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>5 Labor Day K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Flower Arranging V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>6 I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures & Music - AL</p>	<p>7 A 10:00 Craft: Apple Prints S 11:30 Cocktail Hour O 1:00 Fall Carnival Fun MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>8 K 10:30 Apple Tasting S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Horseshoes GF 4:00 Gardening Club K 6:00 Game Night</p>	<p>9 MM 9:30 MM: Cooking O 10:00 Outing: Country Drive-RSVP S 11:30 Cocktail Hour V 2:00 Ball Fitness M 2:00 Live Music w/ Gary Grubbs S 3:00 Happy Hour - Apples,</p>	<p>10 K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>11 Grandparent's Day M 11:00 Gospel Choir S 11:30 Cocktail Hour K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>12 9:45 Inspired Living Committee K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Button Apple Canvas V 3:30 Trilogy Fit MM 4:00 MM: Music and</p>	<p>13 I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures and Music -</p>	<p>14 A 10:00 Craft: Scrapbooking S 11:30 Cocktail Hour O 11:30 Outing: O' Charley's MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>15 O 10:00 Outing: Walmart AL - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ball in a Basket GF 4:00 Gardening Club</p>	<p>16 MM 10:00 MM: Cooking M 10:30 Live Music w/ Nathan Dillion S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - Summertime Fun! GF 6:00 Movie Matinee</p>	<p>17 Citizenship Day K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
<p>18 M 11:00 Gospel Choir S 11:00 Sunday Brunch K 2:00 LRC V 2:45 Putt-Putt I 3:30 Mt. Gilead Church MM 3:45 MM: Nurturing</p>	<p>19 K 10:00 Go Low S 11:30 Cocktail Hour A 2:00 Art: Fall Yarn Wreath V 3:30 Trilogy Fit MM 4:00 MM: Music and Memories K 5:30 Jingo</p>	<p>20 I 10:00 Catholic Mass L 10:30 Bible Study MM 10:45 MM: Soap N' Suds S 11:30 Cocktail Hour JG 1:30 Just the Guys GG 2:00 Bingo V 3:00 Walking Club M 3:30 Manicures & Music - AL</p>	<p>21 A 10:00 Craft: Pool Noodle Pumpkins S 11:30 Cocktail Hour O 11:30 Outing: Blueberry Hill MM 4:00 MM: Art M 5:45 Follow the Beat!</p>	<p>22 Fall Begins O 10:00 Outing: Walmart HC - RSVP S 11:30 Cocktail Hour MM 1:30 MM: Fishing S 2:00 Chef's Circle GG 2:30 Bingo V 3:30 Ladderball GF 4:00 Gardening Club</p>	<p>23 Native American Day MM 10:00 MM: Cooking S 11:30 Cocktail Hour V 2:00 Ball Fitness S 3:00 Happy Hour - Hello Fall! GF 6:00 Movie Matinee</p>	<p>24 K 10:45 Family Feud S 11:30 Cocktail Hour MM 1:45 MM: Pampering Partners GG 2:30 Pokeno I 3:30 Meditation Moments</p>
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