



THE SPRINGS
AT LAFAYETTE

A Trilogy Senior Living Community

News

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Janice N.	9/04
Barrett H.	9/06
Dortha M.	9/10
J Diane F.	9/18
Sandra S.	9/20
Dennis H.	9/23
Martha C.	9/26
Larry B.	9/26
Richard B.	9/27
Staff	
Darlene C.	9/02
Catherine C.	9/09
Debra N.	9/09
Gina R.	9/11
Amanda V.	9/14
Jordyn P.	9/18
Shatara F.	9/20
Christine W.	9/27
Shawna S.	9/29

TOT

This month we took taste of town to an at home backyard BBQ feel. The food and company was a big hit.



Executive Director Corner

Welcome to September, everyone!

I hope

everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is Healthy Aging Month – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in service,

Jeff Weaver

Executive Director



PATIO DINING

What we thought was going to be a night in a hot air balloon, ended up just being a wonderful dinner on the patio. Wilma has always wanted to ride a hot balloon the wind was not cooperating for us this evening. We cannot wait for a reschedule date. If anyone else would like to go on a ride with us, please let Amber LED know.



THERAPY

Our rehab to home ladies enjoying Saturday morning breakfast together. Sometimes the best therapy you can get is eating in the dining room with friends.



Cluster Update

A couple of months back, we announced the roll out of our cluster transportation program. We are very happy to announce that this program has become more successful than we had originally envisioned. With the adoption of the cluster program, we have been able to increase the number of appointments we could accommodate while limiting the number of outside transports now to only a handful for the ENTIRE district since the implementation of this program. A big thank you to our campus drivers for their teamwork, our dispatch Dennis for his leadership, and to you all for your patience and feedback throughout this process.

Live A Dream

If you have a dream (big or small) something you have always wanted to do or maybe something you've already done but dreamed to do it again, please let someone in Life Enrichment know. Let us help you make that wonderful dream come true!

Upcoming Events

9/07- We are a "10" CSS Party

9/14- Sparkling Fall Time Vineyard

9/17- Walk to End Alzheimer's

CANVAS PAINTING CLASS

We had a free style paint class. We loved coming up with different ideas on what to paint. Class was a blast!



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springsatlafayette.com |

Jeff Weaver
Executive Director

Rebecca Hubbard
Director of Nursing

Danielle Makowicz
Assistant Director of Nursing

Maggie Morehouse
MDS Coordinator

Lisa Botka
Business Office Manager

Emily Fuller
AP/Payroll

Natasha Isley
Director of Assisted Living

Amber McCall
Director of Life Enrichment

Peter Brutsman
Director of Food Services

Stephanie Tague
Assistant Director of Food Services

Joshua Wood
Director of Plant Operations

Barb Chumley
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical was based in California?

Question 5: What soft drink was invented in 1892?

SUDOKU

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9				3	1			7

Flip the page for last month's trivia answers:

Q1: At what age does your brain fully form? 25
 Q2: The ocean covers more than _____ percent of the Earth's surface. 70
 Q3: What is a group of lions called? A pride
 Q4: True or false: Paul Revere shouted "The British Are Coming!". False
 Q5: What is the only sport to be played on the moon? Golf

Word Search

F H G S R C P B F G D M N A L M N L C
 C L N G E B M H U W O W E O M L B S Z
 O D O U T T Q S U V A R I E T Y Z U D
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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY