



THE OAKS
AT NORTHPOINTE

A Trilogy Senior Living Community

Outlook

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Charles S.	09/01
Jerome N.	09/01
Sylvia D.	09/05
Robert E.	09/06
Rollin H.	09/11
Barbara M.	09/12
Eleanor B.	09/14
Karyl R.	09/16
Eddie W.	09/17
Margaret P.	09/21
Michael S.	09/22

Staff

Cassidy V.	09/01
Steven D.	09/01
Joven J.	09/12
Kelly P.	09/13
Trista P.	09/17
Kylie A.	09/19
Samantha A.	09/23
Isabella J.	09/23



Executive Director Corner

Welcome to September, everyone!

I hope

everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength

training up to three times a week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in service,

Megan Guthrie
Executive Director

Entertainment

Our staycation was a big hit as Elvis entertained and we enjoyed water fun with the dunk tank and slip n slide.



Judy Dancing with Elvis



Elvis and Marian

Summer Retreat

Join us September 15 for our Fall Retreat, "Viva Las Vegas" style.

Sunday Brunch

Our Sunday Brunch will be held on September 25 from 11:30-12:30pm. Please join us for a wonderful meal with your loved one! Please RSVP for seating.

More from Entertainment



Elvis and Joyce



Anita going down the slip n slide

Volunteers Needed

We are always looking for volunteers that would like the opportunity to enhance the lives of others as well as their own. It can be something as simple as talking with a resident, playing cards, putting a puzzle together, calling bingo, painting fingernails or using your unique talents to lead a group program. Please contact Deidre or a member of our Life Enrichment team at 740-452-3000 for more information.



Carol at the Aquarium

Out & About

We have been busy these past few months we enjoyed a day in Amish country touring "The Farm" and eating lunch at Der Dutchman. We also went to the Newport Aquarium where we learned all about life under the sea and enjoyed dinner at Texas Roadhouse.



Dale and Joy at the Aquarium



The Residents at Newport Aquarium

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link oaksatnorthpointe.com.

The Private Dining Room, Recreation Room, and Activity Room can be reserved for family parties and community groups. Please contact a member of Life Enrichment for details.

Happy Hour is weekly and starts at 3:00pm on Fridays, join us and enjoy unique foods and beverages as we have different weekly themes. Happy Hour is held at Putnam Landing.

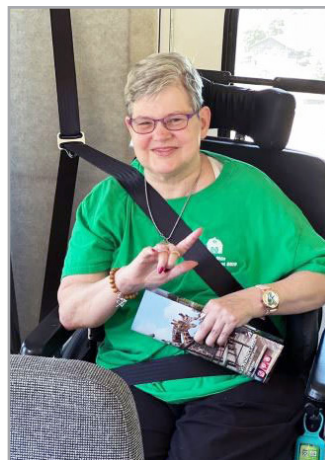
The Trilogy Foundation grants Live a Dream to residents wishing to relive an experience or engage in something they have always wanted to try. See a member of Life Enrichment for details.



*Barbara and Phyllis
at The Farm*



Edith at The Farm



Crystal at The Farm



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Zanesville, OH 43701

740-452-3000

oaksatnorthpointe.com |

Megan Guthrie
Executive Director

Trina Dunkle
Director of Health Services

Tera Dilley
Assistant Director of Health Services

Cassie Riffie
Community Service Representative

Kylie Archer
Resident Services Director

Deidre Hasel
Life Enrichment Director

Ambra Cowan
Director of Food Services

Teresa Ott
Business Office Manager

Monty Crotzer
Director of Plant Operations

Kristen Phelps
Environmental Services Director

Jennifer Fisher
MDS Director

Effie Burchfield
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical
was based in California?

Question 5: What soft drink
was invented in 1892?

*Flip the page for last
month's trivia answers:*

Q1: At what age does your
brain fully form? 25
Q2: The ocean covers more than
percent of the Earth's surface. 70
Q3: What is a group of lions called? A pride
Q4: True or false: Paul Revere shouted
"The British Are Coming". False
Q5: What is the only sport to be
played on the moon? Golf

SUDOKU

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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY