

The Oaks at Northpointe Assisted Living

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	Legend: ALC- Assisted Living Center ALAR- Assisted Living Activity Room PL- Putnam Landing HCTVR- Healthcare TV Room HCE- Healthcare Entrance	All Activities/ Times are subject to change.	1 V 9:30 Moving to Music- ALC K 10:00 Coffee Cart & Reminisce Trivia- ALC S 2:00 Jenn's Baby Shower- PL O 4:00 Dinner at Muddy Misers	2 V 9:00 Stretching/ Range of Motion- ALC S 9:30 Inspired Living-ALC CC 1:30 Pet Therapy M 2:30 Finish the Lyrics- HCTVR S 3:00 Mustache Happy Hour- PL	3 V 9:15 Exercise Dice/ Walking Group- ALC K 9:45 September IQ Quiz- ALC A 2:00 Fall Bouquet Canvas Painting- HCTVR CC 3:00 Bingo with Jodie-AC
4 I 10:00 North Terrace Church Service-HCTVR GF 11:00 Coffee & Donut Social- HCTVR M 1:15 Card Club-ALC GG 3:15 The Price is Right Game- HCTVR	5 Labor Day K 9:30 Labor Day Trivia- ALC V 10:00 Volleyball- ALC S 2:00 Ice Cream Social- Patio M 3:00 Sing-a-long-HCTVR	6 V 9:30 Exercise Program- ALC L 10:00 College/ University History- ALC M 2:00 String Pickers- HCTVR JG 3:15 Men's Group- PL O 4:00 Dinner at Pizza Cottage M 5:15 Bingo- ALC	7 V 9:00 Trilogy Fit- ALC I 9:30 Devotions/ Hymnals- ALC CC 1:00 Chef's Circle- Dining Room GF 2:30 Buckeye Necklaces- HCTVR CC 3:00 Manicures with Jodie- ALC GG 5:15 Bingo- ALC	8 V 9:30 Moving to Music- ALC K 10:00 Coffee Cart & Reminisce Trivia- ALC CC 1:30 Buckeye Candy- HCTVR O 2:30 Trip to Zanesville Airport	9 V 9:00 Stretching/ Range of Motion- ALC K 9:30 Lifeshare Games- ALC CC 1:30 Pet Therapy M 2:30 Finish the Lyrics- HCTVR S 3:00 OSU Happy Hour- PL	10 V 9:15 Exercise Dice/ Walking Group- ALC K 9:45 Mascots & Football Trivia- ALC A 2:00 Paper Sunflower Craft- HCTVR CC 3:00 Bingo with Jodie-AC
11 Grandparent's Day I 10:00 North Terrace Church Service-HCTVR GG 1:15 Card Club-ALC GF 2:00 Grandparent's Day Tea Party- HCTVR A 3:00 Adult Coloring Corner- ALC	12 V 10:00 Volleyball- ALC CC 1:30 Card Making Class with Connie & Crystal- HCTVR CC 2:00 Story & Conversation - Patio M 3:00 Sing-a-long- ALAC	13 V 9:30 Exercise Program- ALC O 11:00 Lunch at The Barn V 2:30 Corn Hole & Rootbeer Floats- HCTVR L 3:30 Navigate Technology- ALAR M 5:15 Bingo- ALC	14 V 9:00 Trilogy Fit- ALC S 9:30 Resident Council- AC CC 1:00 Chef's Circle- Dining Room GF 2:30 Jeopardy & Extreme Milkshakes- Patio CC 3:00 Manicures with Jodie- ALC GG 5:15 Bingo- ALC	15 K 10:15 Name that Vegas Casino- ALC GG 2:00 Casino/ Vegas Games- HCE A 3:00 Lucky Bracelets- HCE S 4:30 Vegas Dinner- Dining Room S 5:45 Dessert Food Truck- HCE M 6:30 Mick & Rick Band- HCE	16 V 9:30 Stretching/ Range of Motion- ALC O 10:00 Ride to Blue Rock Outing CC 1:30 Pet Therapy M 2:30 Finish the Lyrics- HCTVR S 3:00 Vegas Red Carpet Happy Hour- PL	17 Citizenship Day V 9:15 Exercise Dice/ Walking Group- ALC K 9:45 Random Trivia- ALC A 2:00 Playing Card Craft- HCTVR CC 3:00 Bingo with Jodie-AC
18 I 10:00 North Terrace Church Service-HCTVR GF 11:00 Coffee & Donut Social- HCTVR GG 1:15 Card Club-ALC K 3:15 On This Day...- HCTVR	19 K 9:30 Apple Trivia- ALC V 10:00 Volleyball- ALC CC 2:00 Story & Conversation - Patio M 3:00 Sing-a-long- ALAC	20 V 9:30 Exercise Program- ALC M 2:30 Music with Anthony Clay- HC Entrance JG 3:30 Men's Group- PL O 4:00 Dinner at Olive Garden K 5:15 Bingo- ALC I 7:00 Mennonite Choir- Courtyard	21 V 9:00 Trilogy Fit- ALC I 9:30 Devotions/ Hymnals- ALC CC 1:00 Chef's Circle- Dining Room CC 3:00 Manicures with Jodie- ALC A 3:30 Basket Craft- HCTVR GG 5:15 Bingo- ALC	22 Fall Begins V 9:30 Moving to Music- ALC K 10:00 Coffee Cart & Reminisce Trivia- ALC O 1:15 Walmart Outing A 3:30 Apple Canvas Painting- HCTVR	23 Native American Day V 9:00 Stretching/ Range of Motion- ALC K 9:30 Lifeshare Games- ALC CC 1:30 Pet Therapy M 2:30 Finish the Lyrics- HCTVR S 3:00 Apple Happy Hour- PL	24 V 9:15 Exercise Dice/ Walking Group- ALC K 9:45 Word Games- ALC A 2:00 Bird Nest Craft- HCTVR CC 3:00 Bingo with Jodie-AC
25 Rosh Hashanah Begins I 10:00 North Terrace Church Service-HCTVR S 11:15 Sunday Brunch-HCTVR GG 1:15 Card Club-ALC M 1:30 Music with Reid Coleman- HCTVR	26 K 9:30 Meaning behind USA Symbols- ALC V 10:00 Volleyball- ALC CC 2:00 Story & Conversation - Patio M 3:00 Sing-a-long- ALAC	27 V 9:30 Exercise Program- ALC L 10:00 Learning German- ALC O 1:15 Walmart Outing CC 3:30 German Chocolate Cupcakes- PL K 5:15 Bingo- ALC	28 V 9:00 Trilogy Fit- ALC I 9:30 Devotions/ Hymnals- ALC CC 1:00 Chef's Circle- Dining Room M 2:00 Music with Mike Ward- HCTVR CC 3:00 Manicures with Jodie- ALC GG 5:15 Bingo- ALC	29 V 9:30 Moving to Music- ALC K 10:00 Coffee Cart & Reminisce Trivia- ALC O 1:15 Walmart Outing A 3:00 Scratch Art- HCTVR	30 V 9:00 Stretching/ Range of Motion- ALC K 9:30 Lifeshare Games- ALC CC 10:00 Community Garage Sale (10am- 3pm)- Outdoors CC 1:30 Pet Therapy M 2:30 Finish the Lyrics- HCTVR S 3:00 Oktoberfest Happy Hour- PL	

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<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce</p>	<p>L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Legend: HCTVR- Healthcare TV Room MW- Marsha's Way HCE- Healthcare Entrance PL- Putnam's Landing HCDR- Healthcare Dining Room ALAR- Assisted Living Activity Room</p>	<p>*All Activities and times are subject to change*</p>	<p>1 V 10:45 Moving to Music- HCTVR K 11:15 Pictionary- Dining Room S 2:00 Jenn's Baby Shower- PL O 4:00 Dinner at Muddy Misers MM 4:00 Mindful Moments:</p>	<p>2 I 10:00 Meditation/ Aromatherapy- Sunroom V 10:45 Chair Yoga- HCTVR MM 11:30 Mindful Moments-MW CC 1:45 Pet Therapy- HCTVR M 2:30 Finish the Lyrics- HCTVR</p>	<p>3 V 10:30 Chair Dance/ Walking Group K 11:00 September I Q Trivia- Dining Room MM 11:30 Mindful Moments: Laundry Day-MW A 2:00 Fall Bouquet Canvas Painting- HCTVR</p>
<p>4 MM 9:15 Mindful Moments: Birds- MW I 10:00 North Terrace Church Service-HCTVR GF 11:00 Coffee & Donut Social- HCTVR K 2:30 Bingo- HCTVR GG 3:15 The Price is Right</p>	<p>5 Labor Day MM 10:00 Mindful Moments: Farm- MW V 10:45 Volleyball- HCTVR K 11:15 Labor Day Trivia-Dining Room S 2:00 Ice Cream Social- Patio M 3:00 Sing-a-long-HCTVR</p>	<p>6 V 10:45 Exercise Program- HCTVR L 11:15 College/ University History- Dining Room M 2:00 String Pickers- HCTVR JG 3:15 Men's Group- PL O 4:00 Dinner at Pizza Cottage MM 4:00 Mindful Moments:</p>	<p>7 MM 10:00 Mindful Moments: Cooking-MW V 10:45 Trilogy Fit- HCTVR I 11:15 Devotion & Hymnals- Dining Room CC 2:00 Chef's Circle- PL GF 2:30 Buckeye Necklaces- HCTVR</p>	<p>8 V 10:45 Moving to Music- HCTVR K 11:15 Pictionary- Dining Room CC 1:30 Buckeye Candy- HCTVR O 2:30 Trip to Zanesville Airport</p>	<p>9 I 10:00 Meditation/ Aromatherapy- Sunroom V 10:45 Chair Yoga- HCTVR MM 11:30 Mindful Moments-MW CC 1:45 Pet Therapy- HCTVR M 2:30 Finish the Lyrics- HCTVR</p>	<p>10 V 10:30 Football Pass/ Walking Group K 11:00 Mascots & Football Trivia- Dining Room MM 11:30 Mindful Moments: Laundry Day-MW A 2:00 Paper Sunflower Craft- HCTVR</p>
<p>11 Grandparent's Day MM 9:15 Mindful Moments: Birds- MW I 10:00 North Terrace Church Service-HCTVR GF 2:00 Grandparent's Day Tea Party- HCTVR K 3:15 Bingo- HCTVR</p>	<p>12 MM 10:00 Mindful Moments: Farm- MW V 10:45 Volleyball- HCTVR S 11:15 Inspired Living-Dining Room CC 1:30 Card Making Class with Connie & Crystal- HCTVR</p>	<p>13 I 10:30 Exercise/ Meditation Program- HCTVR O 11:00 Lunch at The Barn V 2:30 Corn Hole & Rootbeer Floats- HCTVR L 3:30 Navigate Technology- ALAR MM 4:00 Mindful Moments:</p>	<p>14 MM 10:00 Mindful Moments: Cooking-MW V 10:30 Trilogy Fit- HCTVR S 11:00 Resident Council- Sunroom CC 2:00 Chef's Circle- PL GF 2:30 Jeopardy & Extreme Milkshakes- Patio</p>	<p>15 K 11:15 Name that Vegas Casino- HCDR GG 2:00 Casino/ Vegas Games- HCE A 3:00 Lucky Bracelets- HCE MM 3:45 Mindful Moments: Casino- MW S 4:30 Vegas Dinner- Dining</p>	<p>16 O 10:00 Ride to Blue Rock Outing V 11:00 Chair Yoga- Dining Room MM 11:30 Mindful Moments-MW CC 1:45 Pet Therapy- HCTVR M 2:30 Finish the Lyrics- HCTVR</p>	<p>17 Citizenship Day V 10:30 Chair Dance/ Walking Group K 11:00 Random Trivia- Dining Room MM 11:30 Mindful Moments: Laundry Day-MW A 2:00 Playing Card Craft- HCTVR</p>
<p>18 MM 9:15 Mindful Moments: Birds- MW I 10:00 North Terrace Church Service-HCTVR GF 11:00 Coffee & Donut Social- HCTVR GG 2:30 Bingo- HCTVR K 3:15 On This Day...- HCTVR</p>	<p>19 MM 10:00 Mindful Moments: Farm- MW V 10:45 Volleyball- HCTVR K 11:15 Apple Trivia-Dining Room A 2:00 Apple Bird Feeders- HCTVR M 3:00 Name that Tune-</p>	<p>20 MM 10:00 Mindful Moments: Gardening-MW V 10:45 Exercise Program- HCTVR M 2:30 Music with Anthony Clay- HC Entrance JG 3:30 Men's Group- PL O 4:00 Dinner at Olive Garden</p>	<p>21 MM 10:00 Mindful Moments: Cooking-MW V 10:45 Trilogy Fit- HCTVR L 11:15 Amish Living- Dining Room CC 2:00 Chef's Circle- PL I 2:30 Bible Study & Hymnals- HCTVR</p>	<p>22 Fall Begins V 10:45 Moving to Music- HCTVR K 11:15 Pictionary- Dining Room O 1:15 Walmart Outing A 3:30 Apple Canvas Painting- HCTVR MM 4:00 Mindful Moments:</p>	<p>23 Native American Day I 10:00 Meditation/ Aromatherapy- Sunroom V 10:45 Chair Yoga- HCTVR MM 11:30 Mindful Moments-MW CC 1:45 Pet Therapy- HCTVR M 2:30 Finish the Lyrics- HCTVR</p>	<p>24 V 10:30 Chair Dance/ Walking Group K 11:00 Fill in the Phrase- Dining Room MM 11:30 Mindful Moments: Laundry Day-MW A 2:00 Bird Nest Craft- HCTVR GG 3:00 Euchre Club- PL</p>
<p>25 Rosh Hashanah Begins MM 9:15 Mindful Moments: Birds- MW I 10:00 North Terrace Church Service-HCTVR S 11:15 Sunday Brunch-HCTVR M 1:30 Music with Reid Coleman- HCTVR K 3:00 Bingo- HCTVR</p>	<p>26 MM 10:00 Mindful Moments: Farm- MW V 10:45 Volleyball- HCTVR K 11:15 Famous Germans in History-Dining Room GG 2:00 Beer Bottle Ring Toss/ Strongman Game- HCTVR</p>	<p>27 V 10:45 Exercise Program- HCTVR L 11:15 Learning German- Dining Room O 1:15 Walmart Outing CC 3:30 German Chocolate Cupcakes- PL MM 4:00 Mindful Moments:</p>	<p>28 MM 10:00 Mindful Moments: Cooking-MW V 10:45 Trilogy Fit- HCTVR I 11:15 Devotion & Hymnals- Dining Room CC 2:00 Chef's Circle Snack Served with Music- HCTVR</p>	<p>29 V 10:45 Moving to Music- HCTVR K 11:15 Pictionary- Dining Room O 1:15 Walmart Outing A 3:00 Scratch Art- HCTVR I 3:30 Meditation/ Aromatherapy-</p>	<p>30 CC 10:00 Community Garage Sale (10am- 3pm)- Outdoors V 10:45 Chair Yoga- HCTVR MM 11:30 Mindful Moments-MW CC 1:45 Pet Therapy- HCTVR M 2:30 Finish the Lyrics- HCTVR</p>	

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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality</p>	<p>Morning 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:45 Creative Cooking 11:30 Lunch Prep</p>	<p>Afternoon 12:45 Relax & Recharge 1:30 Connections: Reminisce 2:00 Artisans 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections Group Games 4:30 Dinner Prep 4:45 Keeping it Sharp</p>	<p>Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions</p>	<p>1 V Ribbon Dance K Categories CC Cranberry Pecan Cheeseballs Relax & Recharge A Pressed Flowers M Bluegrass Boogie GG Double Dip Phrases Healthy Hands</p>	<p>2 V Summertime Walking Club K Turn Over CC Sausage & Pepper Hawaiian Sliders Relax & Recharge A Newspaper Art M September Happy Hour GG Fair Midway Games</p>	<p>3 V Laughter Yoga K Working with Letters CC Peanut Butter Cookie Cups Relax & Recharge A Creative Storytelling M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>4 V Pumpkin Pass K Summer Vacations CC Cookies and Cream Ice Cream Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>5 Labor Day V Blowing Bubbles K Inspired Tales CC Monster Cookie Energy Bites Relax & Recharge A Labor Day Cards M Labor Day Trivia GG Horseshoes Healthy Hands</p>	<p>6 V Dance, Dance K American Landmarks CC Pizza Quesadillas Relax & Recharge A Wrap'n Llama M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>7 V Stop and Smell the Falling Leaves K Summer Colors CC Chocolate Truffles Relax & Recharge A Warm Vanilla Sugar Scrub M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>8 V Ribbon Dance K Categories CC Bacon Cheese Balls Relax & Recharge A Sunflower Painting M Bluegrass Boogie GG Double Dip Phrases Healthy Hands</p>	<p>9 V Summertime Walking Club K Turn Over CC Ham, Egg, & Cheese Hawaiian Sliders Relax & Recharge A Chalk Prints M September Happy Hour GG Fair Midway Games</p>	<p>10 V Laughter Yoga K Working with Letters CC Chocolate Cookie Cups Relax & Recharge A Fall Leaf Garland M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>11 Grandparent's Day V Pumpkin Pass K Summer Vacations CC Strawberry Ice Cream Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>12 V Blowing Bubbles K Inspired Tales CC Blueberry Muffin Energy Bites Relax & Recharge A Grandparent's Day Family Tree M Folk Music Mondays GG Horseshoes Healthy Hands</p>	<p>13 V Dance, Dance K American Landmarks CC Strawberry Peanut Butter Quesadillas Relax & Recharge A Slime Experiment M Summertime GG Sorting Fair Winners</p>	<p>14 V Stop and Smell the Falling Leaves K Summer Colors CC Nutty Truffles Relax & Recharge A The Dot Art Day 1 M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>15 V Ribbon Dance K Categories CC Chocolate Chip Cheesecake Balls Relax & Recharge A The Dot Art Day 2 M Bluegrass Boogie GG Double Dip Phrases</p>	<p>16 V Summertime Walking Club K Turn Over CC Philly Cheesesteak Hawaiian Sliders Relax & Recharge A Clay Mountain Photo Holder Day 1 M September Happy Hour</p>	<p>17 Citizenship Day V Laughter Yoga K Working with Letters CC Caramel Cookie Cups Relax & Recharge A Clay Mountain Photo Holder Day 2 M Saturday Sunshine GG Ladder Ball</p>
<p>18 V Pumpkin Pass K Summer Vacations CC Chocolate Ice Cream Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>19 V Blowing Bubbles K Inspired Tales CC Peanut Butter Chocolate Chip Energy Bites Relax & Recharge A Ask A Beautiful Question M Folk Music Mondays GG Horseshoes</p>	<p>20 V Dance, Dance K American Landmarks CC Veggie Quesadillas Relax & Recharge A Paper Picture Frames M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>21 V Stop and Smell the Falling Leaves K Summer Colors CC Candy Truffles Relax & Recharge A Salted Painting M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>22 Fall Begins V Ribbon Dance K Categories CC Salami Cheese Balls Relax & Recharge A Rustic Wood Pumpkins M Bluegrass Boogie GG Double Dip Phrases Healthy Hands</p>	<p>23 Native American Day V Summertime Walking Club K Turn Over CC Caprese Hawaiian Sliders Relax & Recharge A Apple Chalkboard Greetings M September Happy Hour GG Fair Midway Games Healthy Hands</p>	<p>24 V Laughter Yoga K Working with Letters CC Cookies & Cream Cookie Cups Relax & Recharge A Nature Bookmarks M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>25 Rosh Hashanah Begins V Pumpkin Pass K Summer Vacations CC Caramel Ice Cream Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>26 V Blowing Bubbles K Inspired Tales CC Sweet and Salty Energy Bites Relax & Recharge A Fall Leaf Candle Mason Jar M Folk Music Mondays GG Horseshoes Healthy Hands</p>	<p>27 V Dance, Dance K American Landmarks CC PB & J S'mores Quesadillas Relax & Recharge A Popcorn Fall Trees M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>28 V Stop and Smell the Falling Leaves K Summer Colors CC Cranberry Truffles Relax & Recharge A Clay Pinch Pots-Day 1 M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>29 V Ribbon Dance K Categories CC Nutty Pimento Cheese Balls Relax & Recharge A Clay Pinch Pots-Day 2 M Bluegrass Boogie GG Double Dip Phrases Healthy Hands</p>	<p>30 V Summertime Walking Club K Turn Over CC Roasted Veggie Hawaiian Sliders Relax & Recharge A Have a Gentle Conversation M September Happy Hour GG Fair Midway Games</p>	