

Weekly Menu

Cap Sante - Fall



| | Sun 08-28-2022 | Mon 08-29-2022 | Tue 08-30-2022 | Wed 08-31-2022 | Thu 09-01-2022 | Fri 09-02-2022 | Sat 09-03-2022 |
|--|--|---|---|--|--|--|---|
| B R E A K F A S T | Cold Cereal Chef's Choice Pastry Yogurt Fresh Fruit 100% Juice | Coffee Cake Bacon or Sausage Choice of Egg Choice of Toast | Belgian Waffles Bacon or Sausage Choice of Egg Choice of Toast | French Toast Bacon or Sausage Choice of Egg Choice of Toast | Blueberry Pancakes Bacon or Sausage Choice of Egg Choice of Toast | Apple Pie Biscuits Bacon or Sausage Choice of Egg Choice of Toast | Cold Cereal Chef's Choice Pastry Yogurt Fresh Fruit 100% Juice |
| L U N C H | American Hamburgers French Fries Watermelon | Homestyle Fried Chicken Creamy AuGratin Potatoes Capri Blend Ice Cream | Caprese Chicken Ratatouille Caesar Salad | Egg Roll Bowl Fried Rice Vegetable Stir Fry | Barbeque Chicken Pizza Green Salad | Rigatoni Italian Cheesy Bread Asparagus | Corned Beef and Cabbage Steamed Red Potatoes Baby Carrots Ice Cream |
| S U P P E R | Meatball Sub Garlic Green Beans Chips | Vegetarian Chili Buttermilk Cornbread | Grilled Steak Salad Baked Roll | Broccoli Cheese Soup Tuna Salad Sandwich | Thai Peanut Salad | Classic Minestrone Soup BLT Sandwich | Shrimp Louis Baked Roll |
| | Milk offered at every meal | | | | | | Week 1 |