

# Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

THE MEADOWS OF DELPHOS

#### **Campus Retreats**

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game,

Campus Retreats promise to be a unique experience that you'll never forget!

### Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll through the park. How ever it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

#### **Campus in Color**

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



# Happy Birthday!

#### Residents

Eileen J.	09/08
Lawrence S.	09/08
Franklin G.	09/12
Stella M.	09/12
Thomas S.	09/14
Carol C.	09/15
Melissa S.	09/21
Barbara S.	09/22
James G.	09/22
David G.	09/25
Staff	
Madison G.	09/06
Leah S.	09/07
Lindsi H.	09/08
Pennie Z.	09/12
Brooke H.	09/13
Elizabeth H.	09/13
Amy B.	09/14
Patricia B.	09/29

### Employee of the Month

Danielle C. was chosen as our OGO award winner for the month of July. She is always friendly and her love of the residents is evident everyday!

# Smile of the Month

Joann P. has a smile that would make anyone have a great day! She is as sweet as they come!

# ARTISAN PROGRAM

The residents got their creative talents going and made some beautiful Christmas cards for the corporate greeting card contest!



Executive Director Corner

Welcome to September, everyone!

l hope

everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength



training up to three times a week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in service, Stephanie Schoenlein

**Executive Director** 







## Entertainment

The residents enjoyed the Music Man. We also had the Trilogy Food Truck and enjoyed delicious appetizers. We surprised the residents with the Kona Ice truck – they loved the surprise of snow cones!



# GORGEOUS GRANDMA & LOVELY LADY CELEBRATION

We had the best time celebrating our ladies! They all received their own flowers. The culinary team made delicious chocolate peanut butter tarts. The ladies then enjoyed putting on fancy headbands, boas and sunglasses for a cute photo op!









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A Trilogy Senior Living Community

800 Ambrose Dr. Delphos, OH 45833 419-692-0590 meadowsofdelphos.com | ♥ f

> Stephanie Schoenlein Executive Director

Jennifer Nagel Director of Health Services

Thom Blair Community Service Representative

Tequeitta Sanders Customer Service Representative

> Ashleigh Eutsler Business Office Manager

Allison Russell' Life Enrichment Director

Rachel Jones Director of Rehab Services

Scott Edsell Director of Plant Operations

John Skeins Director of Food Services

Pennie Zuercher Environmental Services Director

> Lindsi Hedington Social Services Director

> > Christi Shockency AP Payroll

Steve Apple Divisional Vice President

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

### Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter! Question 1: Which mammal has the most powerful bite? Question 2: Who was the first emperor of Rome? Question 3: What is the center of a hurricane called? Question 4: What 1950's musical was based in California?

**Question 5:** What soft drink was invented in 1892?

Flip the page for last month's trivia answers:

Q1. At volat age does your brain fully form? 25 Q2: The ocean covers more than Q3: What is a group of lions called? A pride Q4: True or false: Paul Revere shouted "The British Are Coming!". False Q5: What is the only sport to be played on the moon? Golf

### SUDOKU

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