



ST. ELIZABETH  
HEALTHCARE CAMPUS

*A Trilogy Senior Living Community*

# Elizabethian

September 2022

## Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

### Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

### Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

### Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

*Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!*



# Happy Birthday!

## Residents

Margaret B.	09/02
Robert F.	09/10
Michael H.	09/11
Paul L.	09/13
Carolyn J.	09/17
Bonnie B.	09/19
Jane B.	09/26

## Staff

Gavin S.	09/11
Mirakle J.	09/12
Amanda P.	09/15
Amber B.	09/20
Gabriella K.	09/22
Amber L.	09/22
Hailey M.	09/24

## Happy Hour

9/02: Joe Staples

9/09: Dave Wilcox

9/16: Ellen Wilson

9/23: Aleisha Williamson

9/30: Sam Piercy

## Theme Dinner

Our next theme week will be held from Sunday, October 9th to Saturday, October 15th with theme night being hosted on Thursday, October 13th. Get ready for our final theme of 2022 with our one-of-a-kind Roaring 20's Gatsby Ball. We will serve delicious food, drinks and enjoy fun theme related activities throughout the week.

## Live A Dream

If you have a live a dream idea, please see Amber Lantz or any Life Enrichment Team Member! We would love to grant a live a dream for you or your loved one.

## Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,

*Brandon Czalkowski*  
Executive Director



*Father enjoyed his Live a Dream being able to see his sister-in-law after many years!*



*Shelby enjoyed her Live a Dream to see her Great Niece perform in a play!*



*Alice enjoyed her Live a Dream to see her Grandson play in the football game!*



# PHOTO HIGHLIGHTS



*Glenda had fun when we toured the Canal Museum!*



*Everyone enjoyed the Canal boat ride!*



*We love when Camp Tecumseh comes for a visit!*



*Everyone enjoyed the Canal boat ride!*



*We enjoyed having Art with a Happy Heart during our Artisans program!*



*We had fun at the Kokomo Jack Rabbits Baseball Game!*



*It was an honor to help with Raymond's Quilt of Valor ceremony!*

## Taste of Town

We will be having Long John Silvers for our next Taste of the Town on Thursday, September 08.

## Sunday Brunch

Our next Sunday Brunch will be held on Sunday, September 18. It will be held from 11:30am to 1:00pm. Two guests can eat for free; more guests are welcome to eat by purchasing a meal ticket for \$15.00. Please RSVP by Sunday, September 04, if you would like to join us.

## Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link [stelizabethhc.com](http://stelizabethhc.com).

## Senior Exec. Club

Senior Executive Club is held the third Wednesday of every month from 1:30pm to 2:30pm. If you are interested, please contact Amber Beatty, our Customer Service Representative.

## Volunteers Needed

We would love to have more volunteers! We are especially needing volunteers to help on our fun runs, calling bingo, manicures, and our artisan's program. If you are interested in becoming a volunteer, please reach out to our Life Enrichment Director Amber Lantz at 765-564-6380 or [amber.lantz@stelizabethhc.com](mailto:amber.lantz@stelizabethhc.com). We would love to have you on our team.





# ST. ELIZABETH

## HEALTHCARE CAMPUS

*A Trilogy Senior Living Community*

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Delphi, IN 46923  
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*Brandon Czalbowski*  
Executive Director

*Christopher Gregory*  
Director of Health Services

*Jennifer Hughes*  
Assistant Director of Health Services

*TBD*  
Assisted Living Director

*Tammy Krpan*  
Business Office Manager

*Amber Lantz*  
Life Enrichment Director

*Jeremy Julian*  
Director of Plant Operations

*Franklin Brewer*  
Director of Food Services

*Dan Shaver*  
Director of Environmental Services

*Amber Beatty*  
Community Services Representative

*Kelly Best*  
Social Services Director

*Manish Jain*  
Therapy Program Director

## Stay in the Loop [t](#) [f](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** Which mammal has the most powerful bite?

**Question 2:** Who was the first emperor of Rome?

**Question 3:** What is the center of a hurricane called?

**Question 4:** What 1950's musical  
was based in California?

**Question 5:** What soft drink  
was invented in 1892?

*Flip the page for last  
month's trivia answers:*

*Q1: At what age does your  
brain fully form? 25  
Q2: The ocean covers more than  
percent of the Earth's surface. 70  
Q3: What is a group of lions called? A pride  
Q4: True or false: Paul Revere shouted  
"The British Are Coming". False  
Q5: What is the only sport to be  
played on the moon? Golf*

## SUDOKU

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## Word Search

F H G S R C P B F G D M N A L M N L C  
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ATTRACTIONS  
CAMP  
CELEBRATE  
COLOR

CONNECT  
EXPERIENCE  
FAMILY  
FLOWERS

GARDEN  
GROW  
HORTICULTURE  
LIFESTYLE

OUTINGS  
RETREAT  
TRIPS  
VARIETY