



September 2022

## Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

#### Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

### Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll through the park. How ever it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

### Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!







## Happy Birthday!

#### Residents Joyce K. 9/03 David H. 9/13 Martha T. 9/22 Zelma P. 9/23 Frances I. 9/25 Jean E. 9/27 Staff Diana H. 9/02 Saria C. 9/05 Braelee R. 9/05 Gabrielle S. 9/07 Molly W. 9/07 9/09 Chelsea R. Sara G. 9/14 Qelissa S. 9/17 Ashley D. 9/22 Keisha W. 9/26

### LIVING ARTS

RiverOaks residents had a art display at the Gibson County Fair in July! The residents art work received ribbons and was displayed in the Toyota building. The residents went to the fair for lunch and got to view the displays. The Gibson County fairboard also had some circus performers come to the campus for a juggling act!



Lettie B. and Phylllis B. at the Gibson County Fair Toyota Building. The RiverOaks residents had a table of art. Lettie's painting was on display along with many residents' art! Everyone received participation ribbons.



## Executive Director Corner

Welcome to September, everyone! I hope everyone had

a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to
celebrate keeping our hearts
strong and keeping our minds
free from worry. Through our
Vitality program, we're proud
to offer wellness activities such
as yoga, Tai Chi, and strength

training up to three times a week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and

opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,
Rebecca Lucas

**Executive Director** 



June D. meets the Gibson County Fair queens!



RiverOaks Art Exhibition at the Gibson County Fair



Marcia W. at the fair learning about bees.



Dorothy K. eating at the fair- Fish of course!



Mike M. laughs out loud at the Fair!

# FEATURED MONTH: MIKE M.

Mike M. is our featured resident. Mike is married to Peggy, has 2 children; Chad and Emily, several siblings and loves his pet beagles! Mike enjoys watching TV and listening to rock music. His Live A Dream is to see Def Leppard in concert. Mike likes to play bingo and go on bus outings in the community with his family and with RiverOaks. Mike gives this advice to others — "Be Nice" and "Take a nap everyday."

## Smile of the Month Mary E. on her 100th Birthday

in July! Mary's family had a weekend celebration for her with church Members and with family! She had a lunch time birthday cake At RiverOaks and received a crown and sash! Her daughters Supplied cookies that read-"Happy 100th Mary" for all the staff members and residents! It is a true joy to meet another centurion!



Mary E. 100th Birthday celebration at RiverOaks!



Mary in her crown and sash!



Mary E. and Blair R. giving a congratulations to our new centurian resident!

## Men's Group

The RiverOaks veterans met with the Honor Flight Of Southern Indiana. The guest speaker was Mr. Steve Lynch. He had a program on the Honor Flight and answered questions for the group. Mr. Lynch presented a war book to the campus Library on the LST to Dawn Green. *RiverOaks Health Campus would like each of our Veterans to have this opportunity to attend!* 



Steve Lynch presents a book on the LST to Dawn Green during the Veteran's luncheon



Veterans at RiverOaks Health Campus- Don G. and Bob S. listen to the Honor Flight program speaker

## Employee of the Month

Congratulations Ashley D. for being employee of the month in June!



Ashley D. a very dedicated nursing assistant is honored with the award- "O Great One" at RiverOaks Health Campus!

## Servant Leader Spotlight

Becky G. our RiverOaks Social Service Director.



Servant Leader Becky G.-RiverOaks Social Services Director



A Trilogy Senior Living Community

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riveroakshc.com | ♥ f

Rebecca Lucas Executive Director

Gregg Henager Director of Health Services

Vicki Wood Assistant Director of Health Services

> Marilyn Adamson Assisted Living Manager

Kim Davis Customer Service Representative

Molly Will Customer Satisfaction Specialist

> Amy Pritchett Business Office Manager

> > Kelly Korff AP Payroll

Dawn Green Life Enrichment Director

Rebecca Gansman Social Service Director

Scott Hamby Director of Plant Operations

Tracy Giauque Director of Food Service

Lisa Greer Environmental Supervisor

Jennifer Smitha Therapy Program Director

### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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### Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

**Question 3:** What is the center of a hurricane called?

Question 4: What 1950's musical

was based in California?

Question 5: What soft drink was invented in 1892?

Flip the page for last month's trivia answers:

Q1: At what age does your
brain fully form? 25
Q2: The ocean covers more than
Q3: What is a group of thors called? A pride
Q4: True or false: Paul Revere shouted
"The British Are Coming!". False
"The British Are Coming!". False
played on the moon? Golf

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ATTRACTIONS

CAMP

CELEBRATE

COLOR

CONNECT EXPERIENCE FAMILY FLOWERS GARDEN GROW HORTICULTURE

**LIFESTYLE** 

OUTINGS RETREAT TRIPS

VARIETY