

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>		<p>Activities are Subject to Change 1-Health Center Activity Room 2-Assisted Living Activity Room 3-Assisted Living Fireplace 4-Health Center Dining Room 5-Assisted Living Dining Room 6-Private Dining Room 7- Seattle Slew Parlor H-Hallway/In-Room</p>	<p>1 M 9:30 Manicures and Music K 10:30 Bingo S 11:30 TASTE OF TOWN FOR LUNCH Penguin Point V 1:30 Exercise: Sit and Stretch A 2:30 Arts and Crafts: Labor Day Thank You Cards</p>	<p>2 K 9:30 Current Events and Coffee (AL Courtyard) V 10:30 Exercise: Volleyball K 1:30 Trivia: Labor Day Trivia K 2:00 Shooting Gallery-AL S 3:00 Happy Hour with Fred Walker, Happy Days</p>	<p>3 K 10:00 Popcorn and Current Events K 1:00 Garden Detective M 1:30 Music and Manicures K 3:00 Color me Happy</p>
<p>4 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning: The Great Pacific Garbage Patch</p>	<p>5 Labor Day K 9:30 Coffee and Current Events (Outside in the AL Courtyard) V 10:30 Exercise: Sit and Stretch in the Court Yard A 2:00 Arts and Crafts: Clay Pots</p>	<p>6 V 9:30 Exercise: Cornhole I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Music and Lemonade in the Courtyard V 5:30 Miniature Golf (AL Courtyard)</p>	<p>7 CC 9:30 Creative Cooking: Donuts O 10:00 Shopping: Wal-mart or Meijer (Please sign up) O 2:00 Scenic Drive JG 3:00 Mens Group: Dominos V 3:30 Exercise: Chair Yoga K 4:00 Card Games</p>	<p>8 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Exercise: Sit and Stretch A 2:30 Arts and Crafts: Bookmarks K 4:00 Color me Happy</p>	<p>9 K 9:30 Current Events and Coffee (AL Courtyard) V 10:30 Exercise: Volleyball K 1:30 Trivia: Would You Rather K 2:00 Shooting Gallery-AL S 3:00 Happy Hour with Blue Sky , Hippie</p>	<p>10 K 10:00 Popcorn and Current Events K 1:00 Garden Detective M 1:30 Music and Manicures K 3:00 Color me Happy</p>
<p>11 Grandparent's Day CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning: Park Ranger</p>	<p>12 K 9:30 Coffee and Current Events (Outside in the AL Courtyard) V 10:30 Exercise: Sit and Stretch in the Court Yard A 2:00 Arts and Crafts: Skeleton Leaves</p>	<p>13 V 9:30 Exercise: Cornhole I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Music and Lemonade in the Courtyard V 5:30 Miniature Golf (AL Courtyard)</p>	<p>14 CC 9:30 Creative Cooking: Donuts O 12:00 LUNCH OUT (Invite only) O 2:00 Scenic Drive JG 3:00 Mens Group: Dominos V 3:30 Exercise: Chair Yoga K 4:00 Card Games</p>	<p>15 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Exercise: Sit and Stretch A 2:30 Arts and Crafts: Braided Picture Frame K 4:00 Color me Happy</p>	<p>16 K 9:30 Current Events and Coffee (AL Courtyard) V 10:30 Exercise: Volleyball K 1:30 Trivia: K 2:00 Shooting Gallery-AL S 3:00 Happy Hour with Anna, Simply Fabulous</p>	<p>17 Citizenship Day K 10:00 Popcorn and Current Events K 1:00 Garden Detective M 1:30 Music and Manicures K 3:00 Color me Happy</p>
<p>18 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning: The History of the National Park Services</p>	<p>19 K 9:30 Coffee and Current Events (Outside in the AL Courtyard) V 10:30 Exercise: Sit and Stretch in the Court Yard A 2:00 Arts and Crafts: Scallop Shell Trinket Dish</p>	<p>20 V 9:30 Exercise: Cornhole I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Music and Lemonade in the Courtyard V 5:30 Miniature Golf (AL Courtyard)</p>	<p>21 CC 9:30 Creative Cooking: Donuts O 10:00 Shopping: Dollar Tree (please sign up) JG 12:00 Men's Pizza Lunch (Invitation Only) O 2:00 Scenic Drive JG 3:00 Mens Group: Dominos</p>	<p>22 Fall Begins M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Exercise: Sit and Stretch A 2:30 Arts and Crafts: Marble Painting K 4:00 Color me Happy</p>	<p>23 Native American Day K 9:30 Current Events and Coffee (AL Courtyard) K 10:30 BINGO BUCKS STORE; (OPEN 10-11:30) V 10:30 Exercise: Volleyball K 1:30 Trivia: September EZ Does It Trivia K 2:00 Shooting Gallery-AL</p>	<p>24 K 10:00 Popcorn and Current Events K 1:00 Garden Detective M 1:30 Music and Manicures K 3:00 Color me Happy</p>
<p>25 Rosh Hashanah Begins CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning:</p>	<p>26 K 9:30 Coffee and Current Events (Outside in the AL Courtyard) V 10:30 Exercise: Sit and Stretch in the Court Yard A 2:00 Arts and Crafts: Fall Craft</p>	<p>27 V 9:30 Exercise: Cornhole I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Music and Lemonade in the Courtyard V 5:30 Miniature Golf (AL Courtyard)</p>	<p>28 CC 9:30 Creative Cooking: Donuts O 10:00 Shopping: GOODWILL (PLEASE SIGN UP) O 2:00 Scenic Drive JG 3:00 Mens Group: Dominos V 3:30 Exercise: Chair Yoga K 4:00 Card Games</p>	<p>29 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Exercise: Sit and Stretch A 2:30 Arts and Crafts: Nail Polish Craft K 4:00 Color me Happy</p>	<p>30 K 9:30 Current Events and Coffee (AL Courtyard) V 10:30 Exercise: Volleyball K 1:30 Garden Detective K 2:00 Shooting Gallery-AL S 3:00 Happy Hour With Ron Smith-End of summer splash</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	Activities are Subject to Change 1-Health Center Activity Room 2-Assisted Living Activity Room 3-Assisted Living Fireplace 4-Health Center Dining Room 5-Assisted Living Dining Room 6-Private Dining Room 7- Seattle Slew Parlor H-Hallway/In-Room		1 MM 9:30 Sensations K 10:45 Bingo (PRE MEAL ACTIVITY IN DINNING ROOM) S 11:30 TASTE OF TOWN - Penguin Point M 1:30 Music and Memories 2:00 Inspired Living	2 MM 9:30 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour with Fred Walker, Happy Days	3 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games MM 2:00 Music and Manicures K 3:00 Color me Happy
4 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:	5 Labor Day MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Exercise: Volley Ball O 2:00 Scenic Drive (Sign Up) K 4:00 Color Me Happy	6 MM 9:30 Sensations K 11:00 Meal Time T rivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Exercise: Sit and Stretch K 5:30 Lemonade and T rivia	7 MM 9:30 Sensations O 10:00 Shopping : Walmart O 10:00 Shopping: Wal-mart or Meijer (Please sign up) 10:30 Chef Circle-(1) V 1:30 Exercise M 2:30 Manicure and Music K 3:30 Color Me Happy	8 MM 9:30 Sensations K 10:45 Bingo (PRE MEAL ACTIVITY IN DINNING ROOM) M 1:30 Music and Memories A 2:30 Arts and Crafts: Bookmarks V 3:30 Exercise: Bowling	9 MM 9:30 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour with Blue Sky , Hippie	10 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games MM 2:00 Music and Manicures K 3:00 Color me Happy
11 Grandparent's Day CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:	12 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Exercise: Volley Ball O 2:00 Scenic Drive (Sign Up) K 4:00 Color Me Happy	13 MM 9:30 Sensations K 11:00 Meal Time T rivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Exercise: Sit and Stretch K 5:30 Lemonade and T rivia	14 MM 9:30 Sensations 10:30 Chef Circle-(1) O 12:00 LUNCH OUT (PLEASE SIGN UP WITH HEATHER IF INTERESTED) V 1:30 Exercise M 2:30 Manicure and Music	15 MM 9:30 Sensations K 10:45 Bingo (PRE MEAL ACTIVITY IN DINNING ROOM) M 1:30 Music and Memories A 2:30 Arts and Crafts: Braided Picture Frame V 3:30 Exercise: Bowling	16 MM 9:30 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour with Anna, Simply Fabulous	17 Citizenship Day K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games MM 2:00 Music and Manicures K 3:00 Color me Happy
18 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:	19 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Exercise: Volley Ball O 2:00 Scenic Drive (Sign Up) K 4:00 Color Me Happy	20 MM 9:30 Sensations K 11:00 Meal Time T rivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Exercise: Sit and Stretch K 5:30 Lemonade and T rivia	21 MM 9:30 Sensations O 10:00 Shopping:Dollar Tree 10:30 Chef Circle-(1) IG 12:00 Men's Pizza Lunch (Invitation Only) V 1:30 Exercise M 2:30 Manicure and Music K 3:30 Color Me Happy	22 Fall Begins MM 9:30 Sensations K 10:45 Bingo (PRE MEAL ACTIVITY IN DINNING ROOM) M 1:30 Music and Memories A 2:30 Arts and Crafts: Marble Painting V 3:30 Exercise: Bowling	23 Native American Day MM 9:30 Sensations 10:00 BINGO BUCKS STORE (10-11:30) M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour	24 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games MM 2:00 Music and Manicures K 3:00 Color me Happy
25 Rosh Hashanah Begins CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:	26 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Exercise: Volley Ball O 2:00 Scenic Drive (Sign Up) K 4:00 Color Me Happy	27 MM 9:30 Sensations K 11:00 Meal Time T rivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Exercise: Sit and Stretch K 5:30 Lemonade and T rivia	28 MM 9:30 Sensations O 10:00 Shopping:Goodwill 10:30 Chef Circle-(1) V 1:30 Exercise M 2:30 Manicure and Music K 3:30 Color Me Happy K 3:30 Current Events and Coffee	29 MM 9:30 Sensations K 10:45 Bingo (PRE MEAL ACTIVITY IN DINNING ROOM) M 1:30 Music and Memories A 2:30 Arts and Crafts: Nail Polish Craft V 3:30 Exercise: Bowling	30 MM 9:30 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour With Ron Smith-End of summer splash	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality						
4 V 9:00 Pumpkin Pass K 9:30 Summer Vacations CC 10:45 Cookies and Cream Ice Cream CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs Together	5 Labor Day V 9:00 Blowing Bubbles O 9:30 Scenic Drive K 9:30 Inspired Tales CC 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge A 2:00 Labor Day Cards M 3:30 Labor Day Trivia GG 4:00 Horseshoes	6 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Pizza Quesadillas 12:45 Relax & Recharge A 2:00 Wrap'n Llama M 3:30 Summertime GG 4:00 Sorting Fair Winners 4:30 Healthy Hands GF 6:00 An Evening on the Porch	7 V 9:00 Stop and Smell the Falling Leaves K 9:30 Summer Colors CC 10:45 Chocolate Truffles 12:45 Relax & Recharge A 2:00 Warm Vanilla Sugar Scrub M 3:30 Who Sang It Best? GG 4:00 "Yes I Have ..." Game 4:30 Healthy Hands	1 V 9:00 Ribbon Dance K 9:30 Categories CC 10:45 Cranberry Pecan Cheeseballs 12:45 Relax & Recharge A 2:00 Pressed Flowers M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases 4:30 Healthy Hands	2 V 9:00 Summertime Walking Club K 9:30 Turn Over CC 10:45 Sausage & Pepper Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Newspaper Art M 3:30 September Happy Hour GG 4:00 Fair Midway Games 4:30 Healthy Hands	3 V 9:00 Laughter Yoga K 9:30 Working with Letters CC 10:45 Peanut Butter Cookie Cups CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Saturday Sunshine GG 4:00 Ladder Ball 4:30 Healthy Hands
11 Grandparent's Day V 9:00 Pumpkin Pass K 9:30 Summer Vacations CC 10:45 Strawberry Ice Cream CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs Together 4:30 Healthy Hands	12 V 9:00 Blowing Bubbles O 9:30 Scenic Drive K 9:30 Inspired Tales CC 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge A 2:00 Grandparent's Day Family Tree M 3:30 Folk Music Mondays	13 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Strawberry Peanut Butter Quesadillas 12:45 Relax & Recharge A 2:00 Slime Experiment M 3:30 Summertime GG 4:00 Sorting Fair Winners 4:30 Healthy Hands	14 V 9:00 Stop and Smell the Falling Leaves K 9:30 Summer Colors CC 10:45 Nutty Truffles 12:45 Relax & Recharge A 2:00 The Dot Art Day 1 M 3:30 Who Sang It Best? GG 4:00 "Yes I Have ..." Game 4:30 Healthy Hands	15 V 9:00 Ribbon Dance K 9:30 Categories CC 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge A 2:00 The Dot Art Day 2 M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases 4:30 Healthy Hands	16 V 9:00 Summertime Walking Club K 9:30 Turn Over CC 10:45 Philly Cheesesteak Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Clay Mountain Photo Holder Day 1 M 3:30 September Happy Hour GG 4:00 Fair Midway Games	17 Citizenship Day V 9:00 Laughter Yoga K 9:30 Working with Letters CC 10:45 Caramel Cookie Cups CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Clay Mountain Photo Holder Day 2 M 3:30 Saturday Sunshine GG 4:00 Ladder Ball
18 V 9:00 Pumpkin Pass K 9:30 Summer Vacations CC 10:45 Chocolate Ice Cream CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs Together 4:30 Healthy Hands	19 V 9:00 Blowing Bubbles O 9:30 Scenic Drive K 9:30 Inspired Tales CC 10:45 Peanut Butter Chocolate Chip Energy Bites 12:45 Relax & Recharge A 2:00 Ask A Beautiful Question M 3:30 Folk Music Mondays GG 4:00 Horseshoes	20 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Veggie Quesadillas 12:45 Relax & Recharge A 2:00 Paper Picture Frames M 3:30 Summertime GG 4:00 Sorting Fair Winners 4:30 Healthy Hands GF 6:00 An Evening on the Porch	21 V 9:00 Stop and Smell the Falling Leaves K 9:30 Summer Colors CC 10:45 Candy Truffles 12:45 Relax & Recharge A 2:00 Salted Painting M 3:30 Who Sang It Best? GG 4:00 "Yes I Have ..." Game 4:30 Healthy Hands	22 Fall Begins V 9:00 Ribbon Dance K 9:30 Categories CC 10:45 Salami Cheese Balls 12:45 Relax & Recharge A 2:00 Rustic Wood Pumpkins M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases 4:30 Healthy Hands GF 6:00 Let's Get the Kids Ready for	23 Native American Day V 9:00 Summertime Walking Club K 9:30 Turn Over CC 10:45 Caprese Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Apple Chalkboard Greetings M 3:30 September Happy Hour GG 4:00 Fair Midway Games 4:30 Healthy Hands GF 6:00 Old Time Theater	24 V 9:00 Laughter Yoga K 9:30 Working with Letters CC 10:45 Cookies & Cream Cookie Cups CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Nature Bookmarks M 3:30 Saturday Sunshine GG 4:00 Ladder Ball
25 Rosh Hashanah Begins V 9:00 Pumpkin Pass K 9:30 Summer Vacations CC 10:45 Caramel Ice Cream CC 10:45 cookies or mini donuts 12:45 Relax & Recharge A 2:00 Fleece Blankets M 3:30 Inspirational Sundays GG 4:00 What Belongs Together 4:30 Healthy Hands	26 V 9:00 Blowing Bubbles O 9:30 Scenic Drive K 9:30 Inspired Tales CC 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge A 2:00 Fall Leaf Candle Mason Jar M 3:30 Folk Music Mondays GG 4:00 Horseshoes	27 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 PB & J S'mores Quesadillas 12:45 Relax & Recharge A 2:00 Popcorn Fall Trees M 3:30 Summertime GG 4:00 Sorting Fair Winners 4:30 Healthy Hands GF 6:00 An Evening on the Porch	28 V 9:00 Stop and Smell the Falling Leaves K 9:30 Summer Colors CC 10:45 Cranberry Truffles 12:45 Relax & Recharge A 2:00 Clay Pinch Pots-Day 1 M 3:30 Who Sang It Best? GG 4:00 "Yes I Have ..." Game 4:30 Healthy Hands	29 V 9:00 Ribbon Dance K 9:30 Categories CC 10:45 Nutty Pimento Cheese Balls 12:45 Relax & Recharge A 2:00 Clay Pinch Pots-Day 2 M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases 4:30 Healthy Hands GF 6:00 Let's Get the Kids Ready for	30 V 9:00 Summertime Walking Club K 9:30 Turn Over CC 10:45 Roasted Veggie Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Have a Gentle Conversation M 3:30 September Happy Hour GG 4:00 Fair Midway Games 4:30 Healthy Hands	