

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll through the park. How ever it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!







Happy Birthday!

Residents Jacqueline M. 9/21 Marian H. 9/29 Staff Leanna Y. 9/04 Brianina D. 9/05 Iuleena C. 9/05 Elizabeth D. 9/07 Hannah H. 9/13 Sarah N. 9/20 Shelby C. 9/22 Morgan F. 9/23 Madison M. 9/23

Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to
celebrate keeping our hearts
strong and keeping our minds
free from worry. Through our
Vitality program, we're proud
to offer wellness activities such
as yoga, Tai Chi, and strength
training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in service,

Maurice Woolfolk

Executive Director

Outings

Our trip to the Indianapolis Indians game was a "big hit". It was perfect weather for a night at the field. The best part was that the Indians won!







HAPPY HOUR

We've had some adventurous happy hours lately! Booze and Tattoos themed Happy Hour was one of our favorites! Picking out those tattoos was serious business, even if it was only temporary!





Upcoming Events

The Mill Pond Covered Bridge Festival is September 6th! This campus retreat will bring all the sights, sounds, and smells of the Covered Bridge Festival right here to the Pond. It's an event you won't want to miss!

Theme Dinner

We are so excited for next month's theme dinner! Partying in the Roaring 20's with the Great Gatsby will be a blast! Get those pearls ready!





A Trilogy Senior Living Community

1014 Mill Pond Lane Greencastle, IN 46135 765-653-4397 millpondhc.com | ♥ f

Maurice Woolfolk Executive Director Felicia Romalia Director of Health Services TBD Assistant Director of Health Services

Crystal Fortner Customer Service Representative

> Shannon Fitzpatrick Business Office Manager

Tonya Papenfus Life Enrichment Director

Jeannie Stinson-McLean Director of Resident Services

Andy Kirchner Director of Plant Services

Jason Porter
Director of Food Services

Kandra Roberts Environmental Services Director

> Loren Ashcraft Therapy Program Director Stephannie White Legacy Lane Coordinator Tonya Papenfus

Ionya Papenfus Legacy Lane Coordinator

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical

was based in California?

Question 5: What soft drink was invented in 1892?

Flip the page for last month's trivia answers:

Q1: At what age does your brist what age does your brain fully form? 25.
Q2: The ocean covers more than
Q3: What is a group of thors called? A pride "The or false: Paul Revere shouted "The British Are Coming!". False "The British Are Coming!". False played on the only sport to be

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ATTRACTIONS

CAMP

CELEBRATE

COLOR

CONNECT EXPERIENCE FAMILY FLOWERS GARDEN GROW HORTICULTURE

LIFESTYLE

OUTINGS RETREAT TRIPS

VARIETY