



HEARTHSTONE

HEALTH CAMPUS

A Trilogy Senior Living Community

Herald

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Samuel A.	9/08
Sheila H.	9/09
Norma Jean F.	9/25
Margaret H.	9/26

Staff

Amanda R.	9/01
Katrina J.	9/01
Carrie J.	9/02
Baily W.	9/05
Emily M.	9/06
Stephanie E.	9/07
Ashley S.	9/08
Marcilla P.	9/09
Carolyn C.	9/13
Chantelle T.	9/17
Brandon G.	9/22
Angela D.	9/22
Kendra M.	9/22
Stephanie B.	9/26

Happy Hour Themes

September 2nd

Wine and Canvas

September 9th

Teddy Bear Picnic

September 16th

Fiesta Friday

September 23rd

Fall Fun

September 30th

Love People Day

September Entertainment

Main Building

September 2nd

Guitar with Kogge

September 16th

Burker Dias Duo

September 30th

Guitar with Nathan

Legacy Neighborhood

September 23rd

Guitar with Kogge

September 30th-

Guitar with Nathan

Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a week. And if you're thinking

about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,

Sara Kelley

Executive Director

Photo Highlights



Izzy and Yongseop at the museum



Legacy BFFs at the Eskenazi Museum



Mary Alice and her beautiful painting



Michele and her beautiful painting



Bailey with this Jackson Pollock

Out & About

Outings are Back!! Every Tuesday afternoon Health Center and Assisted Living will be going on their destination outings! Every Thursday morning Assisted Living and Health Center will be going on their country cruises.

Then Thursday afternoon Legacy will be going on their Country Cruises. Register for Outings at the Life Enrichment Office no later than the day before the outing. Weather conditions may postpone outings.



Ready for Happy Hour



*Smile Of the Month:
Betty*



*Marlene and her
flower crown*



*Betty and Krystal
ready for the ice
cream shoppe*



Marty

More Photo Highlights



Martie and Q crafting



Annabell, Lois and Michelle

Resident Council

Do you want to make a difference here at Hearthstone? Join our Resident Council!! We meet the first week of every month to speak about how we can improve the experience here at Hearthstone. All residents are welcome and we would truly love to hear from you!! We are also actively seeking Resident Council President and Vice Presidents for those who would like to help advocate for our other residents.

Family Brunch!

Help us bring families back together here at Hearthstone!

We are opening our doors for our families to come back and enjoy our monthly Family Brunch. Our brunch will September 18th from 11am to 1pm. Please come and enjoy this day of fun with us.

Legacy Campus Retreat!

Tailgate TIME!! September 15th will be our Trilogy Tailgate! Come Enjoy games, fun, food and crafts!!

Main Campus Retreat!

Tailgate TIME!! September 14th will be our Trilogy Tailgate! Come Enjoy games, fun, food and crafts!!

Stay tuned for a special surprise from our IU friends

Save the Date!

Come join Team Hearthstone for the Walk to End Alzheimer's on September 11th at Switchyard Park in beautiful Bloomington Indiana Taste of Town!

The Library is Back In House!

Did know that the Monroe County Library services Hearthstone? The Library has started coming back inside to offer in person services for those seeking reading materials. Please join us every other Monday at 1:45 in Town Square to select reading materials of your choice.

Don't have a Library Card? No worries! We would love to help facilitate you getting signed up. Please see a member of Life Enrichment for any additional help or information!



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Bloomington, IN 47404

812-333-7622

hearthstonehc.com |  

Sara Kelley

Executive Director

Hannah Nichols

Director of Health Services

Jennifer Fortier

Director of Food Services

Beth Taylor

Assistant Director of Food Services

Kneessa Booker

Social Service Director

John Swindell

Director of Plant Operations

Amanda Reynolds

Director of Environmental Services

Moriah Strahan



Life Enrichment Director

Karalyn Jones

Business Office Manager

Baily Mood

Community Services Representative

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

We strive to provide the best customer
service and quality care for our residents.

Our Department Leaders are here
to solve any concerns you may have.

In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical
was based in California?

Question 5: What soft drink
was invented in 1892?

Flip the page for last
month's trivia answers:

Q1: At what age does your
brain fully form? 25
Q2: The ocean covers more than
percent of the Earth's surface. 70
Q3: What is a group of lions called? A pride
Q4: True or false: Paul Revere shouted
"The British Are Coming". False
Q5: What is the only sport to be
played on the moon? Golf

SUDOKU

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Word Search

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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY