

Hearthstone Health Campus Assisted Living Calendar

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ombudsman: Andrea Smothers 765.423.5327 Andrea.smothers@ilsi.net</p>	<p>State Survey Results are located at guest Relations</p> <p>Resident funds are available in the Business Office during business hours, and after hours at the Nurses Station of Limestone Way</p>	<p>Register for Outings at the Life Enrichment Office no later than the day before the outing. Weather conditions may postpone outings.</p> <p>Sign up for instructor lead classes with the Life Enrichment Department</p>	<p>AR- Activities Room PR- Piano Room HC Dining- Health Center Dining</p>	<p>1</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 How Many Can You Name- HC Dining M 2:00 Fall-tastic Music!- PR S 3:00 Campus in Color-</p>	<p>2</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- How to Draw Still Lifes S 11:15 Pre-Meal Party S 1:30 Inspired Living Committee- PR I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Wine and</p>	<p>3</p> <p>M 9:30 Salutation Stretches I 10:00 Religious Music Moment- PR L 11:00 Who am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Wine Trivia- PR</p>
<p>4</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time-AR- Euchre</p>	<p>5 Labor Day</p> <p>V 9:30 Coming Out Of Hibernation- PR GG 10:00 Bear BINGO- HC Dining CC 1:45 Library Van Visits- PR A 2:00 Crafty Corner- AR- Teddy Bear Fans S 2:30 Monday Matinee- Paddington</p>	<p>6</p> <p>V 9:30 Beez Kneez- PR K 10:30 Poetry Club- HC Dining S 11:00 Resident Council Meeting- AR 2:00 Out and About- Walmart M 3:30 Joyful Music- PR GG 6:30 Dealer's Choice</p>	<p>7</p> <p>V 9:30 Bear Yoga- PR I 10:30 Peaceful Meditation- PR S 2:00 Bingo Shop CC 3:00 Creative Cooking - Bear Beach Cupcakes A 3:30 Crafty Corner- Bear Bags</p>	<p>8</p> <p>V 9:30 Bowling- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR GG 11:00 Scrabble- HC Dining M 2:00 Fall-tastic Music!- PR S 3:00 Campus in Color- Outside Activities</p>	<p>9</p> <p>V 9:30 Fitness Fun-PR CC 10:30 Cat Visits with Toothless A 10:30 Crafty Corner- Towel Bears S 11:15 Pre-Meal Party I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Teddy</p>	<p>10</p> <p>M 9:30 Salutation Stretches I 10:00 Guided Meditation- PR L 11:00 What am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Bear Trivia- PR</p>
<p>11 Grandparent's Day</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR S 11:00 Family Brunch I 2:00 Inspired Sunday- PR GG 3:30 Game Time- AR- Dominos</p>	<p>12</p> <p>V 9:30 Exercise- Dance Yoga- PR GG 10:00 Fiesta BINGO- HC Dining A 2:00 Crafty Corner- AR- Piñatas S 2:30 Monday Matinee</p>	<p>13</p> <p>V 9:30 Summertime Stretches- PR K 11:00 Categories Game- HC Dining O 11:00 Out and About- Viva Mas GG 3:30 Pictionary- PR M 6:00 Cross Ties Band</p>	<p>14</p> <p>I 10:00 TRILOGY TAILGATE</p>	<p>15</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 How Many Can You Name- HC Dining M 2:00 Fall-tastic Music!- PR S 3:00 Campus in Color-</p>	<p>16</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- Hair Flowers and Tiny Sombreros S 11:15 Pre-Meal Party I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Fiesta Friday- Music with</p>	<p>17 Citizenship Day</p> <p>M 9:30 Salutation Stretches I 10:00 Religious Music Moment- PR L 11:00 Who am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Fiesta Trivia- PR</p>
<p>18</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time-AR- Dealers Choice</p>	<p>19</p> <p>V 9:30 Ready Set GO- PR GG 10:00 Fall BINGO- HC Dining CC 1:45 Library Van Visits- PR A 2:00 Crafty Corner- AR- Pressed Leaves S 2:30 Monday Matinee- Goonies</p>	<p>20</p> <p>V 9:30 Chair Cardio- PR L 11:00 Poetry Club- HC Dining O 1:30 Out and About- Mall M 3:30 Joyful Music- PR GG 6:30 Game Time-Euchre</p>	<p>21</p> <p>V 9:30 Chair Yoga- PR I 10:00 Peaceful Meditation S 2:00 Bingo Shop- AR CC 3:00 Creative Cooking - Apple Pie Croissants A 3:30 Crafty Corner- Gratitude Tree K 3:30 Remembering... Fall</p>	<p>22 Fall Begins</p> <p>V 9:30 Bowling- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR GG 11:00 Scrabble- HC Dining M 2:00 Fall-tastic Music!- PR S 3:00 Campus in Color- Outside Activities</p>	<p>23 Native American Day</p> <p>V 9:30 Fitness Fun-PR CC 10:30 Cat Visits with Toothless A 10:30 Crafty Corner- Geometric Flowers S 11:15 Pre-Meal Party I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Fall Fun</p>	<p>24</p> <p>M 9:30 Salutation Stretches I 10:00 Bible Trivia- PR L 11:00 What am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Fall Trivia- PR</p>
<p>25 Rosh Hashanah Begins</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time- Dealers Choice</p>	<p>26</p> <p>V 9:30 Exercise- Dance Yoga- PR GG 10:00 Love BINGO- HC Dining A 2:00 Crafty Corner- AR- Watercolor Flowers S 2:30 Monday Matinee- Forest Gump</p>	<p>27</p> <p>V 9:30 Summertime Stretches- PR K 11:00 Fun Sized- Short Stories- HC Dining O 2:00 Out and About- Ice Cream M 3:30 Joyful Music- PR GG 6:30 Poker- AR</p>	<p>28</p> <p>V 9:30 Hot Potato- PR I 10:00 Devotions CC 2:00 Creative Cooking - Poke Cake S 2:30 Chef Circle A 3:00 Crafty Corner- Peace Sign Necklaces K 3:30 Remembering... Love</p>	<p>29</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 I Spy- HC Dining M 2:00 Fall-tastic Music!- PR S 3:00 Campus in Color- Outside Activities</p>	<p>30</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- Crochet Keychains S 11:15 Pre-Meal Party I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Love and Peace- Music with Nathan</p>	

Hearthstone Health Campus Health Center Calendar

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ombudsman: Andrea Smothers 765.423.5327 Andrea.smothers@ilsi.net</p>	<p>State Survey Results are located at guest Relations</p> <p>Resident funds are available in the Business Office during business hours, and after hours at the 500 Hall Nurses Station</p>	<p>Register for Outings at the Life Enrichment Office no later than the day before the outing. Weather conditions may postpone outings.</p> <p>Sign up for instructor lead classes with the Life Enrichment Department</p>	<p>PR- Piano Room AR- Activities Room</p>	<p>1</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 How Many Can You Name- HC Dining MM 11:00 Mindful Moments- Restorative Dining</p>	<p>2</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- How to Draw Still Lifes MM 11:00 Mindful Moments- Restorative Dining S 1:30 Inspired Living Committee- PR I 2:00 Sunny Socials- PR</p>	<p>3</p> <p>M 9:30 Salutation Stretches I 10:00 Religious Music Moment- PR MM 11:00 Mindful Moments- Restorative Dining L 11:00 Who am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Wine Trivia- PR</p>
<p>4</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR MM 11:00 Mindful Moments- Restorative Dining K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time-AR- Euchre</p>	<p>5 Labor Day</p> <p>V 9:30 Coming Out Of Hibernation- PR GG 10:00 Bear BINGO- HC Dining MM 11:00 Mindful Moments- Restorative Dining CC 1:45 Library Van Visits- PR A 2:00 Crafty Corner- AR- Teddy Bear Fans</p>	<p>6</p> <p>V 9:30 Beez Kneez- PR K 10:30 Poetry Club- HC Dining MM 11:00 Mindful Moments- Restorative Dining 2:00 Out and About- Walmart M 3:30 Joyful Music- PR GG 6:30 Dealer's Choice</p>	<p>7</p> <p>V 9:30 Bear Yoga- PR I 10:30 Peaceful Meditation- PR MM 11:00 Mindful Moments- Restorative Dining S 2:00 Bingo Shop CC 3:00 Creative Cooking - Bear Beach Cupcakes</p>	<p>8</p> <p>V 9:30 Bowling- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR MM 11:00 Mindful Moments- Restorative Dining GG 11:00 Scrabble- HC Dining M 2:00 Fall-tastic Music!- PR</p>	<p>9</p> <p>V 9:30 Fitness Fun-PR CC 10:30 Cat Visits with Toothless A 10:30 Crafty Corner- Towel Bears MM 11:00 Mindful Moments- Restorative Dining I 2:00 Sunny Socials- PR</p>	<p>10</p> <p>M 9:30 Salutation Stretches I 10:00 Guided Meditation- PR MM 11:00 Mindful Moments- Restorative Dining L 11:00 What am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Bear Trivia- PR</p>
<p>11 Grandparent's Day</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR S 11:00 Family Brunch I 2:00 Inspired Sunday- PR GG 3:30 Game Time- AR- Dominos</p>	<p>12</p> <p>V 9:30 Exercise- Dance Yoga- PR GG 10:00 Fiesta BINGO- HC Dining MM 11:00 Mindful Moments- Restorative Dining A 2:00 Crafty Corner- AR- Piñatas</p>	<p>13</p> <p>V 9:30 Summertime Stretches- PR K 11:00 Categories Game- HC Dining MM 11:00 Mindful Moments- Restorative Dining O 11:00 Out and About- Viva Mas</p>	<p>14</p> <p>I 10:00 TRILOGY TAILGATE MM 11:00 Mindful Moments- Restorative Dining</p>	<p>15</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 How Many Can You Name- HC Dining MM 11:00 Mindful Moments- Restorative Dining</p>	<p>16</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- Hair Flowers and Tiny Sombreros MM 11:00 Mindful Moments- Restorative Dining I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Fiesta</p>	<p>17 Citizenship Day</p> <p>M 9:30 Salutation Stretches I 10:00 Religious Music Moment- PR MM 11:00 Mindful Moments- Restorative Dining L 11:00 Who am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Fiesta Trivia- PR</p>
<p>18</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR MM 11:00 Mindful Moments- Restorative Dining K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time-AR-</p>	<p>19</p> <p>V 9:30 Ready Set GO- PR GG 10:00 Fall BINGO- HC Dining MM 11:00 Mindful Moments- Restorative Dining CC 1:45 Library Van Visits- PR A 2:00 Crafty Corner- AR- Pressed Leaves S 2:30 Monday Matinee-</p>	<p>20</p> <p>V 9:30 Chair Cardio- PR MM 11:00 Mindful Moments- Restorative Dining L 11:00 Poetry Club- HC Dining O 1:30 Out and About- Mall M 3:30 Joyful Music- PR GG 6:30 Game Time-Euchre</p>	<p>21</p> <p>V 9:30 Chair Yoga- PR I 10:00 Peaceful Meditation MM 11:00 Mindful Moments- Restorative Dining S 2:00 Bingo Shop- AR CC 3:00 Creative Cooking - Apple Pie Croissants A 3:30 Crafty Corner-</p>	<p>22 Fall Begins</p> <p>V 9:30 Bowling- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR MM 11:00 Mindful Moments- Restorative Dining GG 11:00 Scrabble- HC Dining M 2:00 Fall-tastic Music!- PR</p>	<p>23 Native American Day</p> <p>V 9:30 Fitness Fun-PR CC 10:30 Cat Visits with Toothless A 10:30 Crafty Corner- Geometric Flowers MM 11:00 Mindful Moments- Restorative Dining I 2:00 Sunny Socials- PR</p>	<p>24</p> <p>M 9:30 Salutation Stretches I 10:00 Bible Trivia- PR MM 11:00 Mindful Moments- Restorative Dining L 11:00 What am I?- PR GG 2:00 BINGO- AL Dining K 3:30 Fall Trivia- PR</p>
<p>25 Rosh Hashanah Begins</p> <p>9:30 Sunrise Stretches M 10:00 Music to My Ears- PR MM 11:00 Mindful Moments- Restorative Dining K 11:00 Question of The Day- PR I 2:00 Inspired Sunday- PR GG 3:30 Game Time- Dealers</p>	<p>26</p> <p>V 9:30 Exercise- Dance Yoga- PR GG 10:00 Love BINGO- HC Dining MM 11:00 Mindful Moments- Restorative Dining A 2:00 Crafty Corner- AR- Watercolor Flowers S 2:30 Monday Matinee-</p>	<p>27</p> <p>V 9:30 Summertime Stretches- PR K 11:00 Fun Sized- Short Stories- HC Dining MM 11:00 Mindful Moments- Restorative Dining O 2:00 Out and About- Ice Cream</p>	<p>28</p> <p>V 9:30 Hot Potato- PR I 10:00 Devotions MM 11:00 Mindful Moments- Restorative Dining CC 2:00 Creative Cooking - Poke Cake S 2:30 Chef Circle A 3:00 Crafty Corner- Peace</p>	<p>29</p> <p>V 9:30 Noodle Hockey- PR O 10:00 Out and About Country Cruise IG 10:30 Guy Time With Jay- AR K 11:00 I Spy- HC Dining MM 11:00 Mindful Moments- Restorative Dining M 2:00 Fall-tastic Music!- PR</p>	<p>30</p> <p>V 9:30 Scarf Exercises- PR A 10:30 Crafty Corner- Crochet Keychains MM 11:00 Mindful Moments- Restorative Dining I 2:00 Sunny Socials- PR S 3:00 Happy Hour- Love and Peace- Music with</p>	

Legacy Daily Rhythms September
Hearthstone Health Campus

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality</p>	<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games V - Vitality</p>			<p>1 V Ribbon Dance K Categories CC Cranberry Pecan Cheeseballs Relax & Recharge O Country Cruise A Pressed Flowers M Bluegrass Boogie GG Double Dip Phrases</p>	<p>2 V Summertime Walking Club K Turn Over CC Sausage & Pepper Hawaiian Sliders Relax & Recharge A Newspaper Art M September Happy Hour Healthy Hands</p>	<p>3 V Laughter Yoga K Working with Letters CC Peanut Butter Cookie Cups Relax & Recharge A Creative Storytelling M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>4 V Pumpkin Pass K Summer Vacations CC Cookies and Cream Cookies Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>5 Labor Day V Blowing Bubbles K Inspired Tales CC Monster Cookie Energy Bites Relax & Recharge A Labor Day Cards M Labor Day Trivia GG Horseshoes Healthy Hands</p>	<p>6 V Dance, Dance K American Landmarks CC Pizza Quesadillas Relax & Recharge A Wrap'n Llama M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>7 V Stop and Smell the Falling Leaves K Summer Colors CC Chocolate Truffles Relax & Recharge A Warm Vanilla Sugar Scrub M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>8 V Ribbon Dance K Categories CC Bacon Cheese Balls Relax & Recharge O Country Cruise A Sunflower Painting M Bluegrass Boogie GG Double Dip Phrases</p>	<p>9 V Summertime Walking Club K Turn Over CC Ham, Egg, & Cheese Hawaiian Sliders Relax & Recharge A Chalk Prints M September Happy Hour Healthy Hands</p>	<p>10 V Laughter Yoga K Working with Letters CC Chocolate Cookie Cups Relax & Recharge A Fall Leaf Garland M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>11 Grandparent's Day V Pumpkin Pass K Summer Vacations CC Peanut Butter Cookies Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>12 V Blowing Bubbles K Inspired Tales CC Blueberry Muffin Energy Bites Relax & Recharge A Grandparent's Day Family Tree M Folk Music Mondays GG Cornhole Healthy Hands</p>	<p>13 V Dance, Dance K American Landmarks CC Strawberry Peanut Butter Quesadillas Relax & Recharge A Slime Experiment M Summertime GG Sorting Fair Winners</p>	<p>14 V Stop and Smell the Falling Leaves K Summer Colors CC Nutty Truffles Relax & Recharge A The Dot Art Day 1 M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>15 V Ribbon Dance K Categories CC Chocolate Chip Cheesecake Balls Relax & Recharge O Country Cruise A The Dot Art Day 2 M Bluegrass Boogie</p>	<p>16 V Summertime Walking Club K Turn Over CC Philly Cheesesteak Hawaiian Sliders Relax & Recharge A Clay Mountain Photo Holder Day 1 M September Happy Hour</p>	<p>17 Citizenship Day V Laughter Yoga K Working with Letters CC Caramel Cookie Cups Relax & Recharge A Clay Mountain Photo Holder Day 2 M Saturday Sunshine GG Ladder Ball</p>
<p>18 V Pumpkin Pass K Summer Vacations CC Chocolate Chip Cookies Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>19 V Blowing Bubbles K Inspired Tales CC Peanut Butter Chocolate Chip Energy Bites Relax & Recharge A Ask A Beautiful Question M Folk Music Mondays GG Cornhole</p>	<p>20 V Dance, Dance K American Landmarks CC Veggie Quesadillas Relax & Recharge A Paper Picture Frames M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>21 V Stop and Smell the Falling Leaves K Summer Colors CC Candy Truffles Relax & Recharge A Salted Painting M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>22 Fall Begins V Ribbon Dance K Categories CC Salami Cheese Balls Relax & Recharge O Country Cruise A Rustic Wood Pumpkins M Bluegrass Boogie GG Double Dip Phrases</p>	<p>23 Native American Day V Summertime Walking Club K Turn Over CC Caprese Hawaiian Sliders Relax & Recharge A Apple Chalkboard Greetings M September Happy Hour Healthy Hands GF Old Time Theater</p>	<p>24 V Laughter Yoga K Working with Letters CC Cookies & Cream Cookie Cups Relax & Recharge A Nature Bookmarks M Saturday Sunshine GG Ladder Ball Healthy Hands</p>
<p>25 Rosh Hashanah Begins V Pumpkin Pass K Summer Vacations CC Oatmeal Cookies Relax & Recharge A Fleece Blankets M Inspirational Sundays GG What Belongs Together Healthy Hands</p>	<p>26 V Blowing Bubbles K Inspired Tales CC Sweet and Salty Energy Bites Relax & Recharge A Fall Leaf Candle Mason Jar M Folk Music Mondays GG Horseshoes Healthy Hands</p>	<p>27 V Dance, Dance K American Landmarks CC PB & J S'mores Quesadillas Relax & Recharge A Popcorn Fall Trees M Summertime GG Sorting Fair Winners Healthy Hands</p>	<p>28 V Stop and Smell the Falling Leaves K Summer Colors CC Cranberry Truffles Relax & Recharge A Clay Pinch Pots-Day 1 M Who Sang It Best? GG "Yes I Have ..." Game</p>	<p>29 V Ribbon Dance K Categories CC Nutty Pimento Cheese Balls Relax & Recharge A Clay Pinch Pots-Day 2 O Country Cruise M Bluegrass Boogie GG Double Dip Phrases</p>	<p>30 V Summertime Walking Club K Turn Over CC Roasted Veggie Hawaiian Sliders Relax & Recharge A Have a Gentle Conversation M September Happy Hour GG Fair Midway Games</p>	