

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Betty C.	9/01
Mary F.	9/08
Amy S.	9/10
Mary C.	9/13
Mary C.	9/13
Mary Y.	9/22
Louise S.	9/25
Charles M.	9/30

Staff

Tiffany M.	9/03
John B.	9/04
Jessica F.	9/09
Emma C.	9/10
Alex H.	9/10
Kathleen C.	9/16
Shelby C.	9/16
Tara S.	9/17
Kaitlyn T.	9/20
Shanna M.	9/22
Cyrstin T.	9/22

COMMUNITY CONNECTIONS

Mike is still in the saddle. Here Mike is pictured with Sunshine his horse he rides in horseshow events. I understand that Mike has had some stiff competition this year, but he and Sunshine are holding their own. Go Mike!



Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is **Healthy Aging Month** – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength training up to three times a

week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

Yours in Service,
Tammy Nelson,
Executive Director





SUNDAY MORNINGS

Most Sundays we have volunteers to hold church services for the residents but sometime the residents take care of it themselves. Pictured is Mary Lou G. giving her message for the morning and on that particulate Sunday. Libby H. played the piano. We have had several residents lately who play the piano. All of the residents have enjoy the benefits of their talents.



ENTERTAINMENT

Pictured here is Trish Crowe. She is the newest singer of our Happy Hour entertainer. If you have the chance come and listen to her on the first Fridays of the month at 3:00. She will be our entertainment for the Themed Dinner / Family Night in October.

LEGACY SPOTLIGHT

Legacy Lane residents cooking up a storm. They were baking cookies on this day.





GLEN OAKS

HEALTH CAMPUS

A Trilogy Senior Living Community

601 W County Rd 200 South
New Castle, IN 47362
765-529-5796
glenoakshc.com | [t](#) [f](#)

Tammy Nelson
Executive Director

Susan Hayden
Director of Health Services

Michelle Hacker
Assistant Director of Health Services

Sean Silvers
Community Service Representative

Anna Selvidge
Business Office Manager

Ann Knott
Life Enrichment Director

Kathleen Chaney
Director of Social Services

David McMullen
Plant Operations

Briana Harter
Environmental Services Director

Austin Smith
Director of Food Services

William Bourne
Director of Rehabilitation

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical
was based in California?

Question 5: What soft drink
was invented in 1892?

*Flip the page for last
month's trivia answers:*

*Q1: At what age does your
brain fully form? 25
Q2: The ocean covers more than
percent of the Earth's surface. 70
Q3: What is a group of lions called? A pride
Q4: True or false: Paul Revere shouted
"The British Are Coming". False
Q5: What is the only sport to be
played on the moon? Golf*

SUDOKU

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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY