Forest Springs Assisted Living Programming	Septem	Ben 20	77
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations ADA- All Dining Area HCRR- Health Care Recreation Room PCRR- Personal Care Recreation Room R2R- Room to Room PCLR- Personal Care Living Room HCC- Health Care Courtyard	Catholic Mass Ch 104- Sundays @ 10:30 Southeast Christian Church- Sundays @ 11:00 Mass- Wednesdays @ 7:30PM	A - Artisans GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality		1 10:00 Trilogy Fit- HCRR S 10:30 Calendar Planning Meeting - HCRR A 11:00 Creative Cooking- Pinwheels HCRR O 2:00 OUTING SIGN UP- Graeter's Ice Cream	Campus Retreat- Las Vegas A 10:00 Visor and Hat Decorating- HCRR K 10:30 Spin N' Win Games- HCRR K 11:00 Casino Games!- HCRR M 2:00 Music and Magic with Dave Cottell- PCLR	1 10:00 Coffee, Music and Prayer-HCRR K 10:30 Name 20 Game- HCRR K 11:00 Pictionary- HCRR K 2:00 Bingo- HCRR
4 I 9:30 Communion- R2R V 10:00 Let's Get Movin'- HCRR 10:30 Monthly Gazette- HCRR I 1:00 Price Is Right- HCRR 2:30 Catholic Prayer Service-HCRR	5 Labor Day V 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR I 11:00 Lucky Dog- HCRR A 2:00 Mosaic Paper Acorn- HCRR K 3:30 Farkle- PCRR	9:30 Stretching to the Oldies- HCRR K 10:00 UNO-HCRR O 10:30 OUTING- Schimpff's Candy- Lunch and Tour K 2:30 Read Along Book Club- HCRR	7 V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR I 11:00 Devotions with Ron-HCRR K 2:15 Bingo HCRR	8 V 10:00 Trilogy Fit- HCRR K 10:30 Tenzi- HCRR A 11:00 Creative Cooking- Mini Tacos- HCRR O 2:00 OUTING SIGN-UP- Scenic Ride	9 V 10:00 Tai Chi Aerobics - HCRR K 10:30 Dice BINGO- HCRR K 11:00 Penny Auction- HCRR M 2:00 Happy Hour with Deborah Morris K 3:30 Bridge Club- PCRR	I 10:00 Coffee, Music and Prayer-HCRR K 10:30 Left, Right, Center Game I 11:00 Name That Tune- HCRR K 2:00 Bingo- HCRR
11 Grandparent's Day 1 9:30 Communion- R2R V 10:00 Let's Get Movin'- HCRR A 10:30 Color Creations- HCRR S 11:00 Sunday Brunch K 2:00 Patriot Day Event- HCRR	10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR S 11:00 Resident Council Meeting- HCRR V 2:00 Leaf Toss- HCRR K 3:30 Crazy 8s- PCRR	V 9:30 Stretching to the Oldies-HCRR K 10:00 This was the Year-HCRR O 10:30 OUTING- SIGN UP-Cracker Barrel A 2:30 Jewelry Making - HCRR	14 V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR A 11:00 Broccoli Stamped Trees- HCRR K 2:15 Bingo HCRR	15 V 10:00 Trilogy Fit- HCRR 10:30 Armchair Travels- France- HCRR A 11:00 Creative Cooking- Crepes- HCRR O 2:00 OUTING SIGN UP- Dollar Tree Shopping	10:00 Tai Chi Aerobics - HCRR K 10:30 Bowling- HCRR K 11:00 Pass The Bag- HCRR M 2:00 Happy Hour with Mark Pyles- PCLR K 3:30 Rummikub- PCRR	17 Citizenship Day I 10:00 Coffee, Music and Prayer-HCRR K 10:30 Mexico Dice Game-HCRR 11:00 Sketching Class- Draw Fall K 2:00 Bingo-HCRR
Rehab Services Week 9:30 Communion- R2R 10:00 Let's Get Movin'- HCRR K 10:30 Dice BINGO- HCRR K 11:00 Name that Decade- HCRR GF 2:00 Tea Time- HCRR	19 V 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR K 11:00 Lucky 7s- HCRR K 2:00 Family Feud- HCRR K 3:30 Scrabble- PCRR	9:30 Stretching to the Oldies-HCRR K 10:00 Lucky Dog 10:30 OUTING- SIGN UP-Zaxby's K 2:30 Read Along Book Club-HCRR	21 V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR K 2:15 Bingo HCRR	Pall Begins P:30 Trilogy Fit- HCRR A 10:00 Creative Cooking- Apple Cider HCRR O 10:30 OUTING- SIGN UP-Bernheim Forest- Lunch and Scenic Ride K 2:30 Fall Trivia- HCRR	Native American Day V 10:00 Tai Chi Aerobics - HCRR K 10:30 Left, Right, Center Game-HCRR 11:00 Lemonade Report-HCC M 2:00 Happy Hour with "Loose Change"- PCLR K 3:30 Bridge Club- PCRR	1 10:00 Coffee, Music and Prayer-HCRR V 10:30 Balloon Volleyball- HCRR A 11:00 Color Creations- HCRR K 2:00 Bingo- HCRR
25 Rosh Hashanah Begins 1 9:30 Communion- R2R V 10:00 Let's Get Movin'- HCRR K 10:30 Uno- HCRR K 11:00 Hangman- HCRR V 2:00 Bowling- HCRR	V 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR 11:00 Left, Right, Center- HCRR 2:00 Mawson Jar Leaf Lantern- HCRR K 3:30 Yahtzee- PCRR	V 9:30 Stretching to the Oldies-HCRR K 10:00 Tenzi- HCRR O 10:30 OUTING- SIGN UP-Selena's L 2:30 The Lemonade Report- HCC	V 10:00 Chair Yoga- HCRR 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR K 11:00 Deal or No Deal- HCRR K 2:15 Bingo HCRR	V 10:00 Trilogy Fit- HCRR 10:30 Category Games- HCRR 11:00 Creative Cooking- Pumpkin Roll- HCRR 2:00 OUTING- SIGN UP- Scenic Bus Ride	10:00 Tai Chi Aerobics - HCRR 10:30 Computer Class- HCRR 11:00 Donuts & Discussion- HCRR 2:00 Happy Hour- Doug Pinson- PCLR X 3:30 Dominoes- PCRR	

Forest Springs Health Center Programming	Sonfom		22
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations ADA- All Dining Areas HCRR- Healthcare Recreation Room PCRR- Personal Care Recreation Room R2R- Room to Room PCLR- Personal Care Living Room	Catholic Mass Ch 104- Sundays @ 10:30 Southeast Christian Church- Sundays @ 11:00 Mass- Wednesdays @ 7:30PM	A - Artisans GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality		1 V 10:00 Trilogy Fit- HCRR S 10:30 Calendar Planning Meeting - HCRR A 11:00 Creative Cooking- Pinwheels HCRR O 2:00 OUTING SIGN UP- Graeter's Ice Cream MN 3:30 Relaxation and Aroma Therapy- HCRR	S Campus Retreat- Las Vegas A 10:00 Visor and Hat Decorating- HCRR K 10:30 Spin N' Win Games- HCRR K 11:00 Casino Games!- HCRR M 2:00 Music and Magic with Dave Cottell- PCLR MM 3:30 Magical Painting- HCRR	1 10:00 Coffee, Music and Prayer-HCRR K 10:30 Name 20 Game- HCRR K 11:00 Pictionary- HCRR C 2:00 Bingo- HCRR MIN 3:30 Nature Videos Ch.4
9:30 Communion- R2R 10:00 Let's Get Movin'- HCRR 10:30 Monthly Gazette- HCRR 11:00 Price Is Right- HCRR 2:30 Catholic Prayer Service- HCRR MN 3:30 Trivia - HCRR	 Labor Day 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR K 11:00 Lucky Dog- HCRR A 2:00 Mosaic Paper Acorn-HCRR MM 3:30 Hand Massages- HCRR 	9:30 Stretching to the Oldies-HCRR K 10:00 UNO-HCRR 10:30 OUTING- Schimpff's Candy- Lunch and Tour K 2:30 Read Along Book Club-HCRR MIN 3:30 Balloon Toss- HCRR	7 V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR I 11:00 Devotions with Ron- HCRR K 2:15 Bingo HCRR MN 3:00 Chicken Soup for the Soul- HCRR	V 10:00 Trilogy Fit- HCRR K 10:30 Tenzi- HCRR A 11:00 Creative Cooking- Mini Tacos- HCRR O 2:00 OUTING SIGN-UP- Scenic Ride MN 3:30 Relaxation and Aroma Therapy- HCRR	9 V 10:00 Tai Chi Aerobics - HCRR K 10:30 Dice BINGO- HCRR K 11:00 Penny Auction- HCRR M 2:00 Happy Hour with Deborah Morris MIN 3:30 Junk Drawer Detective- HCRR	10:00 Coffee, Music and Prayer-HCRR K 10:30 Left, Right, Center Game 11:00 Name That Tune- HCRR C 2:00 Bingo- HCRR
9:30 Communion- R2R 10:00 Let's Get Movin'- HCRR 10:30 Color Creations- HCRR 11:00 Sunday Brunch 2:00 Patriot Day Event- HCRR MM 3:30 Trivia - HCRR	10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR S 11:00 Resident Council Meeting- HCRR V 2:00 Leaf Toss- HCRR K 3:30 Crazy 8s- PCRR MM 3:30 Hand Massages- HCRR	9:30 Stretching to the Oldies-HCRR K 10:00 This was the Year-HCRR 0 10:30 OUTING- SIGN UP-Cracker Barrel A 2:30 Jewelry Making - HCRR MIN 3:30 Balloon Toss	V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR A 11:00 Broccoli Stamped Trees- HCRR K 2:15 Bingo HCRR MN 3:00 Chicken Soup for the Soul- HCRR	V 10:00 Trilogy Fit- HCRR 10:30 Armchair Travels-France- HCRR A 11:00 Creative Cooking- Crepes-HCRR O 2:00 OUTING SIGN UP- Dollar Tree Shopping MN 3:30 Relaxation and Aroma Therapy- HCRR	10:00 Tai Chi Aerobics - HCRR K 10:30 Bowling- HCRR K 11:00 Pass The Bag- HCRR M 2:00 Happy Hour with Mark Pyles- PCLR MM 3:30 Junk Drawer Detective- HCRR	17 Citizenship Day 1 10:00 Coffee, Music and Prayer-HCRR K 10:30 Mexico Dice Game- HCRR A 11:00 Sketching Class- Draw Fall K 2:00 Bingo- HCRR MM 3:30 Nature Videos Ch.4
Rehab Services Week 9:30 Communion- R2R 10:00 Let's Get Movin'- HCRR 10:30 Dice BINGO- HCRR 11:00 Name that Decade- HCRR GF 2:00 Tea Time- HCRR MM 3:30 Trivia - HCRR	V 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR K 11:00 Lucky 7s- HCRR K 2:00 Family Feud- HCRR K 3:30 Scrabble- PCRR MIM 3:30 Hand Massages- HCRR	V 9:30 Stretching to the Oldies-HCRR K 10:00 Lucky Dog O 10:30 OUTING- SIGN UP-Zaxby's K 2:30 Read Along Book Club-HCRR MN 3:30 Balloon Toss- HCRR	V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR C:15 Bingo HCRR 3:00 Chicken Soup for the Soul-HCRR	Pall Begins V 9:30 Trilogy Fit- HCRR 10:00 Creative Cooking- Apple Cider HCRR O 10:30 OUTING- SIGN UP-Bernheim Forest- Lunch and Scenic Ride K 2:30 Fall Trivia- HCRR MN 3:30 Relaxation and Aroma Therapy- HCRR	Native American Day V 10:00 Tai Chi Aerobics - HCRR 10:30 Left, Right, Center Game-HCRR 11:00 Lemonade Report- HCC 2:00 Happy Hour with "Loose Change"- PCLR MM 3:30 Story Time!- HCRR	1 10:00 Coffee, Music and Prayer-HCRR V 10:30 Balloon Volleyball- HCRR A 11:00 Color Creations- HCRR C 2:00 Bingo- HCRR
P:30 Communion- R2R V 10:00 Let's Get Movin'- HCRR I 10:30 Uno- HCRR I 11:00 Hangman- HCRR V 2:00 Bowling- HCRR MIN 3:30 Trivia - HCRR	V 10:00 Trilogy Fit- HCRR M 10:30 Hydration and Hymns- HCRR 11:00 Left, Right, Center- HCRR 2:00 Mawson Jar Leaf Lantern- HCRR MM 3:30 Hand Massage's - HCRR	V 9:30 Stretching to the Oldies-HCRR K 10:00 Tenzi-HCRR O 10:30 OUTING- SIGN UP-Selena's L 2:30 The Lemonade Report-HCC MN 3:30 Balloon Toss-HCRR	V 10:00 Chair Yoga- HCRR I 10:30 Communion R2R M 10:30 Hydration and Hymns- HCRR I 11:00 Deal or No Deal- HCRR I 2:15 Bingo HCRR I 3:00 Chicken Soup for the Soul-HCRR	V 10:00 Trilogy Fit- HCRR K 10:30 Category Games- HCRR A 11:00 Creative Cooking- Pumpkin Roll- HCRR O 2:00 OUTING- SIGN UP-Scenic Bus Ride MN 3:30 Relaxation and Aroma Therapy- HCRR	10:00 Tai Chi Aerobics - HCRR 10:30 Computer Class- HCRR 11:00 Donuts & Discussion- HCRR 2:00 Happy Hour- Doug Pinson- PCLR MN 3:30 Matching- HCRR	

Forest Springs Health Campus Villas



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
O - Out & About S - Signature Events V - Vitality				9:00 Office Hours 10:00 Trilogy Fit (Clubhouse)	2:00 Bingo and Happy Hour (Clubhouse)	3
2:00 Hens Club (Clubhouse)	5 Labor Day	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse) O 10:30 Schimpff's Lunch & Tour	5:00 Villa Dinner (Main Campus)	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse)	2:00 Bingo and Happy Hour (Clubhouse) 2:00 Bingo and Happy Hour- -in Clubhouse	10
11 Grandparent's Day S 11:00 Sunday Brunch	11:00 Book Club (Clubhouse) 5:00 Monday Night Dinner- provided by Kitchen (Clubhouse)	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse) 11:00 Community Meeting (Clubhouse)	5:00 Villa Dinner (Main Campus)	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse)	2:00 Bingo and Happy Hour (Clubhouse)	17 Citizenship Day
2:00 Hens Club (Clubhouse)	5:00 Monday Night Dinner- provided by Kitchen (Clubhouse)	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse) O 10:30 Lunch at Zaxby's	5:00 Villa Dinner (Main Campus)	9:00 Office Hours 10:00 Trilogy Fit (Clubhouse) 10:30 Bernheim Forest	23 Native American Day 2:00 Bingo and Happy Hour (Clubhouse)	24
25 Rosh Hashanah Begins	12:00 Monday LUNCH- provided by Kitchen (Clubhouse)	9:00 Office Hours V 10:00 Trilogy Fit (Clubhouse) O 10:30 Lunch @ Selena's at Willow Lake Tavern	5:00 Villa Dinner (Main Campus)	9:00 Office Hours	2:00 Bingo and Happy Hour (Clubhouse)	