Health Care Cedar Ridge Health Campus

september 2022

		Made little				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce	L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Activities and road trips are all subject to change.		9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bing o CC 2:00 Let's visit with Zeus, pet therapy	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) GF 3:00 Happy Hour "Labor DayOccupation Celebration"	9:00 Mindful Moments (IR) 1:45 Fun Cart (IR) GF 3:30 Court yard visits with friends "If the Hat Fits"
 9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 1 2:00 Church Service/Cynthiana Presbyterian (HCDR) K 3:30 Monthly Gazette Reading 	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:00 Pre meal Brain Exercises (spelling) A 2:30 Art class channel 2 & PCAR K 4:30 Pre Dinner Trivia group	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises 11:45 Calendar Planning K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR) J 3:30 "Grit and Grace come	9:00 Mindful Moments (IR) 11:00 Campus in Color with Jessica 1:45 Bible Study with Darlene (PCDR) 2:00 Glamma Day (Hair/make-up/photos) G 6:00 Mennonite youth choir	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bing o S 5:00 Family Night around the Campfire	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) O 1:30 Let's go out shopping at the Dollar Tree GF 3:00 Happy Hour "Name	9:00 Mindful Moments (IR) 1:45 Fun Cart (IR) 3:00 Allen Honeycutt Karaoke (PC) GF 4:00 Court yard visits with friends
11 Grandparent's Day 1 9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:00 Church Service / Indian Creek (Dale) 4:30 Table Talk and Tid Bits Pre meal chat	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:00 Pre meal Brain Exercises (spelling) O 2:00 Let's Go Bowling K 4:30 Pre Dinner Trivia group	9:00 Mindful Moments (IR) V 11:30 Clownin' Around exercise class! S 2:00 Campus Carnival Activities S 6:15 The Carnival fun continues	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain exercises (geography) 1:45 Bible Study with Darlene (PCDR) C 2:30 Let's be creative "	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bingo 5:00 Community Car Cruise/ Terri Powers sings	9:00 Mindful Moments (IR) 0 10:00 Let's go out to eat at Cracker Barrel V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) GF 3:00 Happy Hour "Pirates	9:00 Mindful Moments (IR) 1:45 Fun Cart (IR) GF 3:30 Court yard visits with friends "September IQ"
18 1 9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:30 Church Service / Union Baptist (HCDR) 4:30 Table Talk and Tid Bits Pre meal chat	9:00 Mindful Moments (IR) M 10:45 Bourbon Rovers Play and SIng A 2:30 Art class channel 2 & PCAR CC 3:00 Love on a Leash"pet therapy" K 4:30 Pre Dinner Trivia group	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR) 3:00 Resident Council (IR) 6:30 Popcorn & Movie Night	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain exercises (geography) 1:45 Bible Study with Darlene (PCDR) C 2:30 Let's Cook up	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bing o 6:15 Rosetta and Barry Hymn sing-a-along	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) 2:00 Game Cart (IR) GF 3:00 Happy Hour "Cindy Hill sing along"	9:00 Mindful Moments (IR) 1:45 Fun Cart (IR) 3:00 Gospel songs with Franky Fitch
25 Rosh Hashanah Begins 1 9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:00 Church Service / Silas Baptist 4:30 Table Talk and Tid Bits Pre meal chat	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:00 Pre meal Brain Exercises (spelling) 2:00 Things to know about Rosh Hashanah A 3:00 Art class channel 2 &	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR) I 6:15 Bible Study with Steve and Crystal Perry	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain exercises (geography) 1:45 Bible Study with Darlene (PCDR) C 2:30 Let's be creative	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bingo	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) GF 12:30 We are going to Fritz Farm Facility for Farmers Market Day	Birthdays 9/1 - Allison H 9/2 - Margaret R. 9/2 - Lois C 9/2 - Margaret R 9/3 - Ray W. 9/3 - Ray W 9/5 - Rose B. 9/5 - Opal G

Legacy Lane Cedar Ridge Health Campus



		Windle Will R	CA. Or man		(300	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 9/2 - Margaret R. 9/3 - Ray W. 9/5 - Rose B. 9/5 - Opal G 9/12 - Jullian H. 9/12 - Chappie M. 9/18 - Patty C. 9/20 - Sheila J.	Birthdays 9/21 - Peggy P. 9/23 - Betty D.	Notes:		 Ribbon Dance Categories Legacy Picnic and Fun at the park Creating our own Recipe Book Relax & Recharge Let's visit with Zeus, pet therapy Bluegrass Boogie 	V Summertime Walking Club K Turn Over C cookie baking Relax & Recharge A Newspaper Art M September Happy Hour G Fair Midway Games Healthy Hands	V Laughter Yoga K Working with Letters CC Peanut Butter Cookie Cups CWhat's that smell "spice scents"? Relax & Recharge Creative Storytelling M Saturday Sunshine
 V Pumpkin Pass I Inspirational Movie (PCAR and ch 2) K Summer Vacations Pour Mix Bake some Muffins Relax & Recharge Fleece Blankets Inspirational Sundays 	 Labor Day Blowing Bubbles Inspired Tales We need Groceries "Let's make a list". Relax & Recharge Labor Day Cards Labor Day Trivia Horseshoes 	V Dance, Dance K American Landmarks C Name that Utensil C Pizza Quesadillas Relax & Recharge Wrap'n Llama M Summertime G Sorting Fair Winners	 V Stop and Smell the Falling Leaves K Summer Colors T asty Parfaits Relax & Recharge Warm Vanilla Sugar Scrub M Who Sang It Best? GG "Yes I Have" Game 	Ribbon Dance K Categories C Creating our own Recipe Book Relax & Recharge A Sunflower Painting M Bluegrass Boogie GG Double Dip Phrases Healthy Hands	 Summertime Walking Club Turn Over cookie baking Relax & Recharge Chalk Prints September Happy Hour Fair Midway Games Healthy Hands 	V Laughter Yoga K Working with Letters C Chocolate Cookie Cups C What's that smell "spice scents"? Relax & Recharge A Fall Leaf Garland M Saturday Sunshine
 Grandparent's Day Pumpkin Pass Inspirational Movie (PCAR and ch 2) Summer Vacations Strawberry Ice Cream Relax & Recharge Fleece Blankets Church Service / Indian Creek 	 Blowing Bubbles Inspired Tales We need Groceries "Let's make a list". Legacy Country Drive Relax & Recharge Grandparent's Day Family Tree Folk Music Mondays 	V Dance, Dance K American Landmarks C Name that Utensil C Strawberry Peanut Butter Quesadillas Relax & Recharge A Slime Experiment C Campus Carnival Activities	V Stop and Smell the Falling Leaves K Summer Colors C Tasty Parfaits Relax & Recharge A The Dot Art Day 1 M Who Sang It Best? G "Yes I Have" Game	V Ribbon Dance K Categories C Creating our own Recipe Book Relax & Recharge A The Dot Art Day 2 M Bluegrass Boogie GG Double Dip Phrases Healthy Hands	V Summertime Walking Club K Turn Over C cookie baking Relax & Recharge A Clay Mountain Photo Holder Day 1 M September Happy Hour G Fair Midway Games	 Citizenship Day Laughter Yoga Working with Letters What's that smell "spice scents"? Relax & Recharge Clay Mountain Photo Holder Day 2 Saturday Sunshine
V Pumpkin Pass I Inspirational Movie (PCAR and ch 2) K Summer Vacations C Pour Mix Bake some Muffins Relax & Recharge A Fleece Blankets Church Service / Union Baptist	 Blowing Bubbles Inspired Tales We need Groceries "Let's make a list". Relax & Recharge Ask A Beautiful Question Folk Music Mondays Horseshoes 	V Dance, Dance K American Landmarks Name that Utensil Relax & Recharge Paper Picture Frames Summertime GG Sorting Fair Winners Healthy Hands	V Stop and Smell the Falling Leaves K Summer Colors C Tasty Parfaits Relax & Recharge A Salted Painting M Who Sang It Best? G "Yes I Have" Game	Pall Begins W Ribbon Dance K Categories Creating our own Recipe Book Relax & Recharge A Rustic Wood Pumpkins M Bluegrass Boogie G Double Dip Phrases Healthy Hands	V Summertime Walking Club K Turn Over C cookie baking U Legacy country drive Relax & Recharge A Apple Chalkboard Greetings M September Happy Hour G Fair Midway Games	V Laughter Yoga W Working with Letters C Cookies & Cream Cookie Cups What's that smell "spice scents"? Relax & Recharge Nature Bookmarks M Saturday Sunshine
 Rosh Hashanah Begins Pumpkin Pass Inspirational Movie (PCAR and ch 2) Summer Vacations Pour Mix Bake some Muffins Relax & Recharge Fleece Blankets Church Service / Silas Baptist 	 V Blowing Bubbles K Inspired Tales C We need Groceries "Let's make a list". Relax & Recharge A Fall Leaf Candle Mason Jar M Folk Music Mondays G Horseshoes 	V Dance, Dance K American Landmarks Name that Utensil PB & J S'mores Quesadillas Relax & Recharge Popcorn Fall Trees M Summertime GG Sorting Fair Winners	V Stop and Smell the Falling Leaves K Summer Colors C Tasty Parfaits Relax & Recharge A Clay Pinch Pots-Day 1 M Who Sang It Best? GG "Yes I Have" Game	V Ribbon Dance K Categories C Creating our own Recipe Book Relax & Recharge A Clay Pinch Pots-Day 2 M Bluegrass Boogie GG Double Dip Phrases Healthy Hands	V Summertime Walking Club K Turn Over C cookie baking Relax & Recharge A Have a Gentle Conversation M September Happy Hour G Fair Midway Games Healthy Hands	

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9:00 Morning Greetings with Chronicles and Puzzles (IR) 1 9:00 Inspirational Movie (PCAR and ch 2) 1 2:00 Church Service/Cynthiana Presbyterian (HCDR)		V 10:30 Rise and Shine Exercise group 11:00 Calendar Planning K 11:00 Brain Exercises (Math) GG 2:00 Bingo 1 3:30 "Grit and Grace come to visit" 1 6:15 Bible study with Gary &	A 11:00 Campus in Color with Jessica 1:45 Bible Study with Darlene (PCDR) 2:30 Glamma Day (hair, make up, photos) G 6:00 Mennonite youth choir (hallways)	 V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Bingo S 5:00 Family Night around the Campfire 	9 V 10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour "Name that Occupation" 3:30 Name that Slogan Game 4:30 Pre Dinner	9:00 Morning Greetings with Chronicles and Puzzles (IR) 1:45 Fun Cart (IR) M 3:00 Allen Honeycutt Karaoke (PC) GF 4:00 Court yard visits with friends
9:00 Inspirational Movie		V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Math) GG 2:00 Bingo S 2:00 Campus Carnival Activities K 3:00 Trivia S 6:15 The Carnival fun	 14 10:30 Let's go out to Eat at Cracker Barrel 10:30 Rise and Shine Exercise group 11:00 Brain Exercises (Geography) 1:45 Bible Study with Darlene (PCDR) 	 V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Bingo 5:00 Community Car Cruise/Terri Powers sings 	V 10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour "Pirates Booty" 4:30 Pre Dinner Conversations	9:00 Morning Greetings with Chronicles and Puzzles (IR) 1:45 Fun Cart (IR) GF 3:30 Court yard visits with friends "September IQ"
9:00 Morning Greetings with Chronicles and Puzzles (IR) 1 9:00 Inspirational Movie (PCAR and ch 2) 2:30 Church Service / Union Baptist (HCDR) 4:30 Table Talk and Tid Bits		V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Math) GG 2:00 Bingo 3:00 Resident Council (PCAR) 6:30 Popcorn & Movie Night (IR)	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Geography) 1:45 Bible Study with Darlene (PCDR) CC 2:30 Let's Cook up Something GOOD!	 Fall Begins V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) GG 2:00 All together Bingo Game (HCDR) K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR) 	V 10:30 Exercise group 11:00 Brain Exercises (Name 10) 2:00 Game Cart (IR) GF 3:00 Happy Hour "Cindy Hill sing along" 4:30 Pre Dinner Conversations	9:00 Morning Greetings with Chronicles and Puzzles (IR) 1:45 Fun Cart (IR) 3:00 Gospel songs with Franky Fitch
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