



BRIAR HILL
HEALTH CAMPUS

A Trilogy Senior Living Community

Beacon

September 2022

Living the Trilogy Lifestyle

At Trilogy, we believe that each day should be more special than the last. That's why our lifestyle offers a variety of different ways that you can connect, celebrate, and make the most out of life with the people in your life that matter most. Here's how.

Campus Retreats

Taking place at least once a year, Campus Retreats offer a week filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy family members love and deserve. Whether we're setting up an indoor campsite or getting a Tailgate ready for the big game, Campus Retreats promise to be a unique experience that you'll never forget!

Summer Field Trips

Walk through history, get up close and personal with wildlife, or just go for a stroll

through the park. However it is you enjoy spending your time, our summer field trips will have your days filled with trips to museums, zoos, and other attractions that you'll enjoy with friends and family!

Campus in Color

A celebration of the culture behind our care, Campus in Color is an annual event which takes place

on the grounds and in the garden areas of our campuses. Tending to your inner horticulturist, Campus in Color invites you to participate in the growth of our gardens while you enjoy the sunniest days of the year so far.

Interested in learning more about how you can get involved? Talk to any member of our team today. We'd love to hear from you!



Happy Birthday!

Residents

Bonnie K.	09/01
Sylvia D.	09/08
Audree E.	09/12
Ronald L.	09/13
Carol B.	09/17

Staff

Melanie B.	09/01
Tina B.	09/14
Tara P.	09/29
Jocelynn S.	09/30

Out and About

Assisted living. Living it up at the Hollywood Casino.



Executive Director Corner

Welcome to September, everyone!

I hope everyone had a great time at our "Beyond The Sea" Theme Week! Our team put on an incredible show - from Culinary with the delicious She Crab Bisque to Life Enrichment with all the amazing cruise décor. Thank you to everyone who was involved, and thank you to everyone who came out!

This month is Healthy Aging Month – a time for us to celebrate keeping our hearts strong and keeping our minds free from worry. Through our Vitality program, we're proud to offer wellness activities such as yoga, Tai Chi, and strength

training up to three times a week. And if you're thinking about making a change to your diet, our chefs are always receptive to feedback, and will be more than happy to adjust a meal based on your unique needs. Talk to any member of our team to learn more!

As we begin transitioning away from summer, we'll be letting you know about events, community outings, and opportunities for socialization that you've come to expect from our campus lifestyle. Stay tuned for more information as we head towards the fall!

I hope you have a great month!

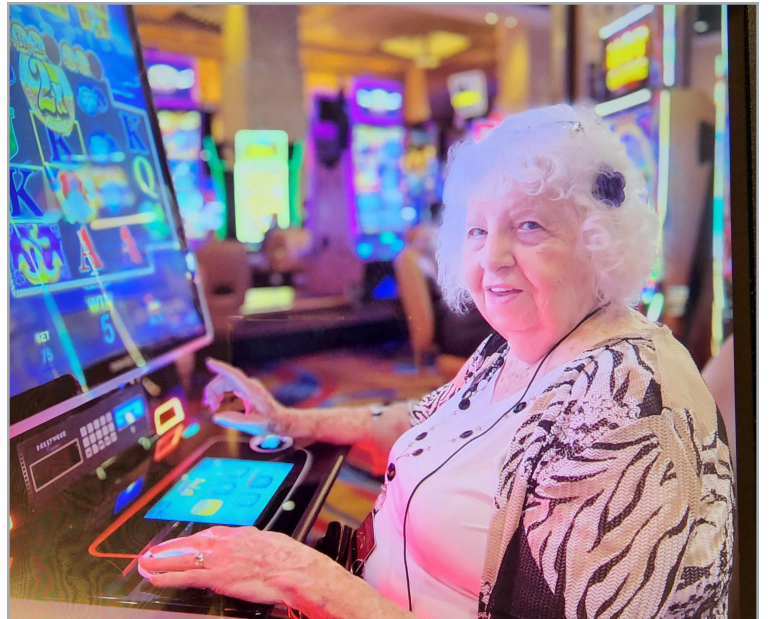
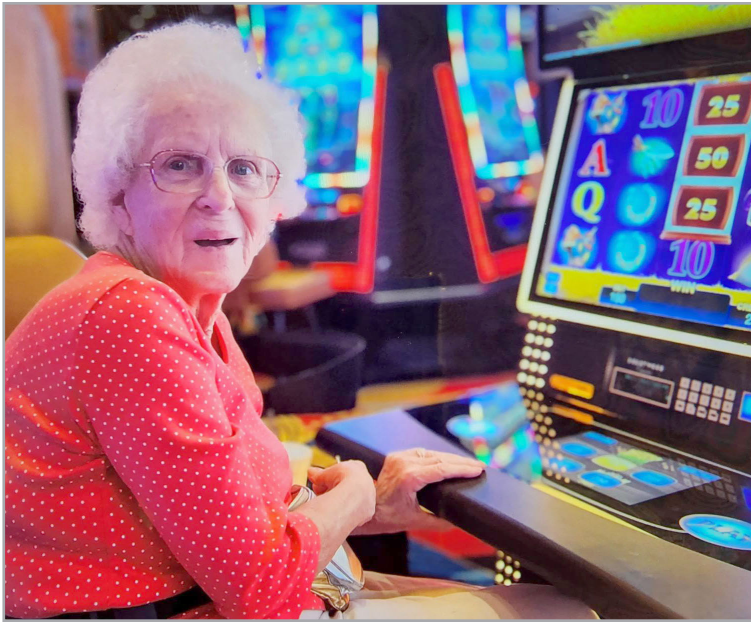
Yours in Service,

Amber Morris

Executive Director



More from Out and About





BRIAR HILL HEALTH CAMPUS

A Trilogy Senior Living Community

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briarhillhc.com |

Amber Morris
Executive Director

Catherine Root, RN
Director of Health Services

Tiffany Gallagher, LPN
Clinical Staff Coordinator

Stephanie Walters
Community Service Representatives

Renee Rose
Business Office Manager

Carol Horvast
AP/Payroll

Andrea Firman
Scheduler

Brenda Rice
Life Enrichment Director

Shelley Coykendall
Director of Resident Services

Hope Klingler
Director of Food Services

Michael Manual
Medical Director

Rey Nevarez
Divisional Vice President

Regon Lowery
MDS Coordinator

Tori Bulter
Legacy Lane Coordinator

Tiffany Gallegher
AL Unit Manager

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Which mammal has the most powerful bite?

Question 2: Who was the first emperor of Rome?

Question 3: What is the center of a hurricane called?

Question 4: What 1950's musical was based in California?

Question 5: What soft drink was invented in 1892?

SUDOKU

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9				3	1			7

Flip the page for last month's trivia answers:

- Q1: At what age does your brain fully form? 25*
- Q2: The ocean covers more than _____ percent of the Earth's surface. 70*
- Q3: What is a group of lions called? A pride*
- Q4: True or false: Paul Revere shouted "The British Are Coming!". False*
- Q5: What is the only sport to be played on the moon? Golf*

Word Search

F H G S R C P B F G D M N A L M N L C
 C L N G E B M H U W O W E O M L B S Z
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ATTRACTIONS
CAMP
CELEBRATE
COLOR

CONNECT
EXPERIENCE
FAMILY
FLOWERS

GARDEN
GROW
HORTICULTURE
LIFESTYLE

OUTINGS
RETREAT
TRIPS
VARIETY