



INGLESIDE
COMMUNITIES

SEPTEMBER
2022

NEWS

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Happy 50th Anniversary, Karen!

Karen H.'s 50 Year Anniversary is September 1st!

Congratulations on achieving this anniversary with us! We know you have worked hard for this accomplishment and we truly appreciate your dedication.

Quotes from staff:

"Karen is very energized and friendly. She is always there to help you out!"-Robert, Dietary

"Karen has been a pleasure to work with the past year and a half. She has dedicated herself to helping residents, resident friends and family members, as

well as staff. Resident friends and family members consistently remark on what an asset Karen is to Ingleside, and we fully agree. Happy 50th anniversary, Karen!" -Kevin, Business Office Manager

"Karen has been the face of Ingleside since the 70s. She is always bubbly, knows all comings and goings, has excellent customer service and when she's working the front desk-nobody gets by her without complying with the latest COVID guidelines. Ingleside Communities is a better place

because Karen Helgeson is here. We are blessed to see her several times a week and look forward to seeing her smiling face for many years to come." -Danielle, RN Nursing Home Administrator

"Karen moved to the business office 22 years ago from laundry. That's when Karen and I became teammates. Every day she comes in with a smile, laugh and spunk in her walk ready for each day. I have been lucky to have such a wonderful person to work with all these years!"- Lynne, Accounts Payable/Payroll



407 North 8th Street, Mount Horeb, WI 53572
608-437-5511

Danielle Sigler, Administrator
Kevin Lawrence, Business Office Mgr.

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TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org



Ingleside Communities

Check out our Facebook page to see some of the highlighted events we are doing in activities: facebook.com/inglesidecommunities

Please visit bit.ly/i-wishes to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.

amazon

Resident of the Month: Ann Gerretson S.

I was born to Lowell and Grace in Madison, WI on December 31st. Lowell, my father was a master of all trades, sold tires for firestone and later started Madison's Builders Association. Grace, my mother, used to play the piano at a music store for people to buy sheet music. My mother taught me her love for music. Later she took care of my sister Alicemay and myself. As a kid I enjoyed ice skating with my sister Alicemay. I graduated from West High School, My favorite course was math! I went on to college at the University of Wisconsin in Madison. I met my husband, Fritz in 1955 attending a summer school college class for American Literature. We got married in 1958. September 13th, 2022 we will be celebrating 64 years of memories and adventure together! I then went on to teaching kindergarten and loved my job. Fritz ran a local

floor covering business until his retirement in 2000.

My husband and I had an active social life and traveled regularly to Door County and other locations around the country. A few years after retirement we spent each February staying in St. Petersburg, Florida. I volunteered for Attic Angels for 50+ years, sang in the church choir at Covenant Presbyterian Church for decades and am a lifetime member of PEO. I am also a member of Pi Beta Phi sorority. I am an expert knitter and cross-stitcher. I was very involved with the knitting community. I played Bridge and MahJong for years and am a master of all things game or puzzle. My husband and I also played tennis and were members of bowling leagues.

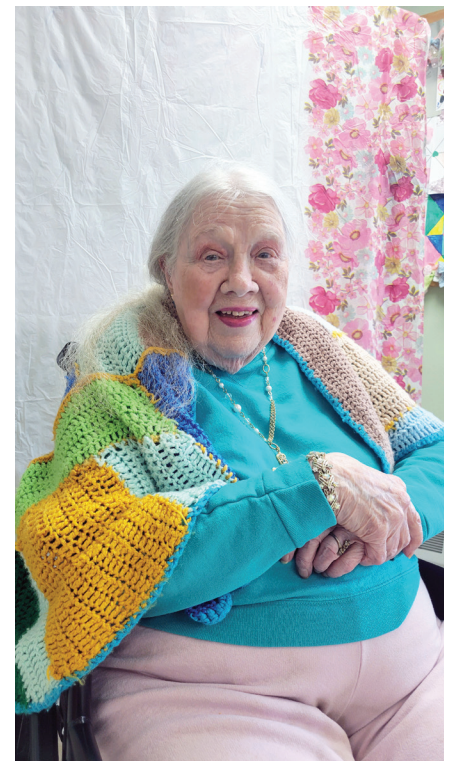
Family has always been very important to me and I enjoy talking



about them as I am proud of them all. My sister Alicemay lives in North Carolina and I have many nieces/nephews. I have three kids: Susan (Chris) of Mt. Horeb, Bill (Jocelyn) of Idaho and Laura of Madison. I have two grown grandsons, Jackson & Will, both in Madison.

Skilled Nursing Highlights

Residents from the nursing home, assisted living, independent apartments and their families were able to enjoy live music provided by Rascal Theory Band after enjoying a meal outdoors. The local 4H group stopped at Ingleside to share their fair exhibits, a few were a handmade guitar, a cat, canvas art, as well as a goat named Froggy. We also celebrated Gorgeous Grandma Day where activity staff provided makeup, jewelry, and a glam shot! Later in the month we enjoyed carnival games from trying to win a fish at the fish bowl game, egg races to face paintings. As the month came to an end we celebrated all of the July birthdays with a performance from KG & the Ranger, we also had some staff and residents dress in western gear!





Skilled Nursing Highlights ...continued

Employees of the Month



**Margaret
(CNA), SNF**

I've lived in Mount Horeb since kindergarten, and I graduated

from Mount Horeb High School in the spring. I will be moving to Madison this fall to attend UW Madison for nursing! I have a twin sister (who also works here) and two older brothers. I really enjoy all of the cute and funny moments that come from this job, and I'm grateful for all of the special residents that I've gotten to know.

Georgia J., CBRF

I have worked here a little over 4 years. I feel I make a difference in our resident's lives and they do the same to me.

They have such great energy! I have 2 Granddaughters, one 4 1/2 and the other almost 3. They mean the world to me and I would do anything for them. I have also been (mostly) happily married for 42 years. I am blessed.





Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Staff

Claudia T.	September 06
Lynda W.	September 06
Riley M.	September 06
Edyta K.	September 08
Crystal B.	September 16
Jaja K.	September 17
Amy K.	September 18
Heidi F.	September 19
Lobsang P.	September 22

Staff Anniversaries

Catherine E.	September 13, 2021
Karen H.	September 1, 1972
Libby K.	September 28, 2021
Jean M.	September 22, 2015
Elaena M.	September 9, 2019
Diane R.	September 3, 2021
Elisa S.	September 6, 2017
Ernest T.	September 23, 2021
Lynda W.	September 25, 2020

Skilled Nursing Highlights ...continued



Activity Highlights

9/02 2pm Live Music
with Juile T.

9/05 Labor Day

9/11 Parade Outing/Wild
West Days Mazomanie

9/14 Lunch in Noon

9/21 2pm Birthday
Party w/Tom Bedka

9/22 First Day of Autumn

*See bulletin board to sign
up for the Bus Outing*

A big 'thank you' to our housekeeping staff

Sept 11-17 is National Environmental Services Week which is a time dedicated to recognizing the efforts of hard-working housekeeping staff across the US. True warriors of any building's operation, housekeeping and environmental services staff demonstrate extraordinary teamwork and management that's essential to our facility. They keep our spaces clean and enjoyable for our residents and staff.

Our housekeeping team implements cleaning measures established in 2020 to reduce the likelihood of infections in our facility by making sure rooms and common areas are cleaned and sanitized using CDC and local health department guidelines. We're taking this time to appreciate and celebrate our dedicated housekeeping staff for the important part they play in keeping our residents and staff healthy and safe.