

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



				<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 12:30 Strike Up the Band with Barb, LR 1:00 Novari Primary Care 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 1:30 Music with Larissa, LR 5:00 Evening Movie Theater</p> <p style="text-align: center;">Labor Day</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 12:30 Reminiscing with Barb, TC 1:00 Novari Primary Care 1:30 Snack Break 1:30 Scenic Drive with Joy 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 1:00 Novari Primary Care 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>v 9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p> <p style="text-align: center;">Grandparents Day</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 1:30 Music with Randy Rogers, LR 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 12:30 Reminiscing with Barb, TC 1:00 Novari Primary Care 1:30 Scenic Drive with Joy 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 1:00 Novari Primary Care 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 1:30 Music with Larissa, LR 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 12:30 Art Expression with Barb, TC 1:00 Novari Primary Care 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 12:30 Strike Up the Band with Barb, LR 1:00 Novari Primary Care 1:00 Foot Care with Dr. Gorey 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p> <p style="text-align: center;">Autumn Begins</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 12:30 Field Day with Barb, LR 1:00 Novari Primary Care 1:30 Scenic Drive with Joy 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 1:00 Novari Primary Care 1:30 Snack Break 2:00 Trivia & Conversation With Barb, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>All Activities are subject to change.</p>

September 2022

THE MONTHLY GAZETTE

*"Golden in the garden,
Golden in the glen,
Golden, golden, golden
September's here again!"*
~ Annette Wynne



Dog of the Month – Shih Tzu

The shih tzu is an adorable, charming breed of Asian toy dog. They have been popular pets for centuries. Originally from Tibet, these affectionate, tiny pups were bred to be companions for nobility. The ultimate lap dogs, shih tzus don't need a ton of activity outside of short daily walks. These sweet pets are very happy spending their days snuggling on the couch and living a life of leisure. But, while their ancestors might have lounged in royal palaces, shih tzus also do very well in smaller living spaces. They typically weigh between nine and 16 pounds and stand



under a foot tall. Their lovely, flowing coats need daily brushing to maintain, and they come in a variety of color combinations, including white, black, gold, red, and silver. To avoid hair getting in their eyes, it's common to either trim the hair on the top of their heads or pull it into a bun or ponytail. *Shih tzu* means "little lion" in Mandarin.

Special Days

Labor Day
September 5

Grandparents' Day
September 11

**Patriot Day &
National Day of
Remembrance**
September 11

Constitution Day
September 17

Fall Equinox
September 22

Rosh Hashanah
September 25–27

Flower – Aster



The aster is a flower with brightly colored petals that unfold in the shape of a star. It is no surprise, then, that these blooms take their name from the Greek word for star. There are about 180 species of aster throughout North America and Eurasia, with colors ranging from purples and blues to reds and pinks. They are an ideal plant for showcasing in gardens, particularly as they symbolize love and patience. Along with chrysanthemums, asters are considered a classic autumn flower.

Birthstone – Sapphire



September's birthstone is the sapphire. The sapphire has been revered by royalty since ancient times. King Solomon was said to have worn a sapphire ring to protect himself. Russia's Ivan the Terrible adorned himself with sapphires for strength and courage. And Prince Charles chose a sapphire for Princess Diana's engagement ring because it symbolizes loyalty, respect, and lasting affection. The famous blue sapphire surrounded by diamonds now adorns the hand of Catherine, Duchess of Cambridge.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Happy Birthday:

Carol H 9/23

Sandra J 9/30

Special Activities

Music with Larissa ~ September 5th @ 1:30 pm

Reminiscing with Barb ~ September 6th @ 12:30 pm

Scenic Drive with Joy ~ September 6th @ 1:30 PM

Music with Randy Rogers ~ September 12th @ 1:30 pm

Scenic Drive with Joy ~ September 13th @ 1:30 pm

Arm Chair Travel September 15th @ 2:00 pm

Music with Larissa ~ September 19th @ 1:30 pm

Art Expression with Barb ~ September 20th @ 12:30 pm

Strike Up the Band with Barb ~ September 22nd @ 12:30 pm

Field Day with Barb ~ September 27th @ 12:30 pm

Scenic Drive with Joy ~ September 27th @ 1:30

Trivia and Conversation with Barb ~ September 29th @ 12:30

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