

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

## Patriots Landing Assisted Living & Independent Activities

<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>11:00 Crafting w/Darlene</b> 1:00 Darlene's 30 Minute fitness <i>(time to be determined)</i> <b>Lakewood Movie Theater</b> <b>"Where The Crawdads Sing"</b> 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 3:30 Happy Hour 6:30 Mexican Train</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball billiards 1:00 Sit &amp; Fit 2:00 Bingo 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness 10:30 Catholic Prayer &amp; Service 11:00 Catholic 10:30 Water Fitness 1:00 Sit &amp; Fit <b>3:00 Bridge Card Game</b> <b>Need players!</b> 3:00 Needle Group 3:00 Happy Hour 6:30 Bingo 6:30 Cribbage</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Smart phone/Computer Help 1:00 Sit &amp; Fit <b>2:00 New Comer Visit</b> <b>With Managers</b> 3:00 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p>9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Bingo 4:00 Bar Trivia 6:30 Triomino's 7:00 Friday Night Movie</p>	<p><b>9:00 Shopping: Ft Lewis PX &amp; Commissary</b> 9:15 Support Run 2 Remember 9:30 Exercise with Darlene 10:30 Games with Darlene 1:00 Darlene's 30 Minute fitness 2:00 Bingo: Easy, straight games 3:00 Cribbage 3:15 Cards: Hand &amp; Foot 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>11:00 Crafting w/Darlene</b> 1:00 Darlene's 30 Minute fitness <i>(time to be determined)</i> <b>Lakewood Movie Theater</b> <b>"Where The Crawdads Sing"</b> 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 3:30 Happy Hour 6:30 Mexican Train</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball billiards 1:00 Sit &amp; Fit 2:00 Bingo 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness 10:30 Catholic Prayer &amp; Service 11:00 Catholic 10:30 Water Fitness 1:00 Sit &amp; Fit <b>3:00 Bridge Card Game</b> <b>Need players!</b> 3:00 Needle Group 3:00 Happy Hour 6:30 Bingo 6:30 Cribbage</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Smart phone/Computer Help 1:00 Sit &amp; Fit <b>2:00 New Comer Visit</b> <b>With Managers</b> 3:00 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p><b>Car Wash for Alzheimer's 11am-3pm</b> 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Bingo 4:00 Bar Trivia 6:30 Triomino's 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember <b>9:00 Shopping: McChord BX &amp; Commissary</b> <b>Fitness returns on Monday</b> <b>BINGO returns on Tuesday</b> 3:00 Cribbage 3:15 Cards: Hand &amp; Foot 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>Fitness returns on Monday,</b> <b>Bingo returns on Tuesday</b>  <b>1:00 Shopping Fred Meyer</b> 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Fitness 11:00 Brain Fitness 1:00 Sit &amp; Fit <b>2:00 Bean Bag Games in Lobby</b> 3:30 Happy Hour 6:30 Mexican Train</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness <b>11:00 Brain Fitness w/Patti</b> 1:00 Sit &amp; Fit 2:00 Bingo <b>3:00 New Comer Happy Hour</b> <b>7:00 "Memphis Belle's" Group</b> <b>Musical social</b></p>	<p>9:30 S.A.I.L. Fitness 10:30 Catholic Prayer &amp; Service 10:30 Water Fitness 1:00 Sit &amp; Fit 3:00 Needle Group 3:00 Happy Hour <b>3:00 Bridge Card Game</b> <b>Need players!</b> 6:30 Bingo 6:30 Cribbage</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness <b>10:15 Bible Study returns</b> 1:00 Sit &amp; Fit 2:00 Crafter Corner w/Kim 3:30 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p>9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Bingo 4:00 Bar Trivia 6:30 Triomino's 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember <b>Fitness returns on Monday</b> <b>BINGO returns on Tuesday</b> 3:00 Cribbage <b>3:00 Oktoberfest Wine, Beer, &amp; Music Social</b> 3:15 Cards: Hand &amp; Foot 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing  <b>Fitness returns on Monday,</b> <b>Bingo returns on Tuesday</b>  6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Songbirds w/Alan 3:30 Happy Hour 6:30 Mexican Train</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness <b>10:00 Book Club</b> <b>10:00 ACU Bank visit Conf. Rm.</b> <b>No Appt. one on one visits</b> 10:30 Playing 8-ball billiards 1:00 Sit &amp; Fit 2:00 Bingo 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness <b>9:00 Puyallup Fair \$15 entry fee</b> 10:30 Catholic Prayer &amp; Service 10:30 Water Fitness 1:00 Sit &amp; Fit <b>2:00 Bingo *time change today*</b> 3:00 Needle Group 3:00 Happy Hour <b>3:00 Bridge Card Game</b> <b>Need players!</b> 6:30 Cribbage</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Bible Study 1:00 Sit &amp; Fit <b>2:00 Finger Nails w/Kim &amp; Patti</b> 3:30 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p>9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Bingo 4:00 Bar Trivia 6:30 Triomino's 7:00 Friday Night Movie</p>	<p><b>Alzheimer's Walk Dune Peninsula Park 11-1pm</b> 9:15 Support Run 2 Remember 9:30 Exercise with Darlene 10:30 Games with Darlene 1:00 Darlene's 30 Minute fitness 2:00 Bingo: Easy, straight games 3:00 Cribbage 3:15 Cards: Hand &amp; Foot 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:00 Boat Racing w/Darlene 1:00 Darlene's 30 Minute fitness 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Songbirds w/Alan <b>3:30 Music &amp; Wine Social</b> <b>*New music guest*</b> 6:30 Mexican Train</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness <b>11:00 Brain Fitness w/Patti</b> 1:00 Sit &amp; Fit 2:00 Bingo 3:30 Happy Hour 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness 10:30 Catholic Prayer &amp; Service 10:30 Water Fitness 1:00 Sit &amp; Fit <b>1:00 -3:30 RED WIND CASINO</b> <b>2:00 Town Hall - All residents</b> 3:00 Needle Group 3:00 Happy Hour 6:30 Bingo 6:30 Cribbage</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Bible Study 1:00 Sit &amp; Fit <b>2:00 Resident Birthday Party</b> <b>*New Guitar music man*</b> 3:30 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p><b>Car Wash for Cancer 11am-3pm</b> 9:30 SAIL Fitness 10:30 Water Fitness 1:00 Sit &amp; Fit 2:00 Bingo <b>3:30 Story-Time w/Rod Thomas</b> 4:00 Bar Trivia 6:30 Triomino's 7:00 Friday Night Movie</p>	