

SEPTEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS Jayne Faneuf 3rd Jim Piehl 5th Sheree Butsch 7th Lola Williams 10th Tim Arensmeier 15th Janice Johnson 25th	PLEASE SEE LIFE SHARE MONITOR FOR CALENDAR UPDATES	"ZONE 1" ROOMS - #101 - #114 WILL BE THE ZONE PARTICIPATING IN THE FIRE DRILL THIS MONTH	PLEASE BE ADVISED THAT ACTIVITIES AND OUTINGS ON THIS CALENDAR ARE SUBJECT TO CHANGE	1 9:30 Trip to Dollar Tree - White City 10:15 Thursday Morning Walk Around The Block 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo	2 11:00 Exercise: Circuit Workout 11:00 Lunch at Bella Union - Jacksonville 2:00 Game Time: Yahtzee - Activity Room 6:00 Friday Night Bingo with Patty	3 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room
4 10:15 Craft with Shelli: Painting Pinecones (on going) 12:30 Fun Facts 1:30 Nickel Bingo 3:00 Sunday Service with Pastor Rick	5 Labor Day 11:00 Exercise: True North Yoga Plus and Breathe 12:00 Labor Day BBQ Lunch 1:30 Nickel Bingo 3:37 Monday Morning Walkabout	6 10:15 Tuesday Morning Walk Around The Block 11:00 Exercise: Fun With Weights 2:00 Chocolate Milkshakes - Dining Room	7 10:00 Road Trip: Lake of the Woods for Lunch 11:00 Exercise: Standing Strength and Balance 2:15 Open Game Time with Paula - Upstairs Activity Room 6:00 "Chronicles of Narnia" with Liesl	8 9:30 Trip to Goodwill - White City 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo	9 11:00 Exercise: Circuit Workout 1:00 Walmart 6:00 Friday Night Bingo with Patty	10 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room
11 Grandparent's Day 10:15 Creative Jewelry Making with Shelli 12:30 Fun Facts 1:30 Nickel Bingo 3:00 Sunday Service with Pastor Rick	12 National Assisted Living Week 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo 3:15 Resident Council Meeting - Upstairs Activity Room	13 National Assisted Living Week 10:15 Chef Chat with Chef John 10:15 Tuesday Morning Walk Around The Block 11:00 Exercise: Fun With Weights 1:30 Creative Pour Painting - Upstairs Activity Room	14 National Assisted Living Week 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 2:00 Musical Guest: Louis Faro "Piano" 6:00 "Chronicles of Narnia" with Liesl	15 National Assisted Living Week 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo 3:15 Discussion: Activity and Outings Ideas October	16 National Assisted Living Week 10:30 Fast Food Lunch: Mod Pizza 11:00 Exercise: Circuit Workout 2:00 "Concentration" with Paula - Upstairs Activity Room 6:00 Friday Night Bingo with Patty	17 Citizenship Day 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room

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18 10:15 Crafts with Shelli - Painting Pinecones (on going) 12:30 Fun Facts 1:30 Nickel Bingo 3:00 Sunday Service with Pastor Rick	19 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	20 11:00 Exercise: Fun With Weights 1:30 Open Game Time with Paula - Upstairs Activity Room 3:00 John Jackson Jr., Bugs-Us - Worms and Composting	21 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 6:00 "Chronicles of Narnia" with Liesl	22 Fall Begins 11:00 Exercise: Hula Hoops Bend and Stretch 2:00 October Fest Celebration! - Dining Room 4:30 Dinner Outing: Black Bear - Medford	23 Native American Day 11:00 Exercise: Circuit Workout 1:00 Trip to the Dollar Tree - White City 6:00 Friday Night Bingo with Patty	24 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room
25 Rosh Hashanah Begins 10:15 Board Games with Shelli 12:30 Fun Facts 1:30 Nickel Bingo 3:00 Sunday Service with Pastor Rick	26 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	27 10:15 Tuesday Morning Walk Around the Block 11:00 Exercise: Fun With Weights 1:30 Karaoke with Bob and Co	28 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 6:00 "Chronicles of Narnia" with Liesl	29 10:45 Tai Chi/Music Therapy with Dayton 1:30 Nickel Bingo 3:15 Thursday Afternoon Walkabout with Paula	30 11:00 Exercise: Circuit Workout 2:00 Dicey Horse Race - Dining Room 6:00 Friday Night Bingo with Patty	