

August 2022 Independent Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																			
	11:00 Virtual Seated Exercise [MT] 2:15 Resident Led Scrabble Group [G] 3:00 Hand Knitting Blankets [ARK] 5:00 Happy Hour [P]	11:00 Fitness with Fox Rehab [FC] 2:00 Downton Abbey T.V. Show Viewing Group [MT] 3:00 Book Club [LB] 3:00 Resident Lead Bridge Group [G]	9:45 AL/IL Shopping Trip: Target [O] 10:00 Walking Club [O] 2:15 Resident Led Scrabble Group [G] 2:30 Crafty Creations: Door Hangers [AR] 3:30 BINGO [B] 5:00 Happy Hour [P] 7:00 Movie Theater: Outlander S1 E1	10:30 TED Talk: How to Rebuild the Global Economy [MT] 11:00 Fitness with Fox Rehab [FC] 1:30 Fresh Flower Arranging [ARK] 2:30 The Art of Quilling [AR] 3:30 Downton Abbey T.V. Show Viewing Group [MT] 4:00 Trivia [P] 6:30 After Hours Cinema: Waking Ned Devine [MT]	9:45 AL/IL Shopping Trip: Walmart [O] 12:00 IL Outing: Mount Ida Reserve Tasting Room and Taphouse [O] 1:00 Root Beer Float Day [B] 2:15 Resident Led Scrabble Group [G] 3:00 Painting Class [AR] 7:00 Movie Theater: Outlander S1 E2	10:30 Creative Corner [B] 1:30 Anthology Cinema Presents: My Girl [MT] 2:30 Checkers & Chess Club [B] 3:00 Resident Lead Bridge Group [G]																																			
10:00 Sunday Crossword Challenge [B] 11:00 Virtual Church Service-Charlottesville Community Church [MT] 2:00 Movie Matinee: The Butler [MT] 7:00 Sunday Game Group [P]	11:00 Virtual Seated Exercise [MT] 2:15 Resident Led Scrabble Group [G] 2:30 Preaching with Jerry [ARK] 3:30 Billiards [G] 5:00 Happy Hour [P]	11:00 Fitness with Fox Rehab [FC] 2:00 Downton Abbey T.V. Show Viewing Group [MT] 3:00 Resident Lead Bridge Group [G] 3:30 Live Music: Me & Martha [P]	9:45 AL/IL Shopping Trip: Kols [O] 10:00 Walking Club [O] 12:00 Fall Prevention with Fox Rehab [MT] 1:15 S'mores Day [ARK] 2:15 Resident Led Scrabble Group [G] 2:30 Cooking Creations: Mini Pizzas [ARK] 3:30 BINGO [B] 5:00 Happy Hour [P] 7:00 Movie Theater: Outlander S1 E1	10:30 TED Talk: Why Sleep Matters Now More Than Ever [MT] 11:00 Fitness with Fox Rehab [FC] 1:30 Fresh Flower Arranging [ARK] 2:30 The Art of Quilling [AR] 3:30 Downton Abbey T.V. Show Viewing Group [MT] 4:00 Trivia [P] 6:30 After Hours Cinema: The Bucket List [MT]	9:45 AL/IL Shopping Trip: Trader Joes [O] 12:00 AL/IL Outing: Downtown Walking Mall [O] 2:15 Resident Led Scrabble Group [G] 3:00 Painting Class [AR] 7:00 Movie Theater: Outlander S1 E2	10:30 Creative Corner [B] 1:30 Anthology Cinema Presents: The Blind Side [MT] 2:30 Checkers & Chess Club [B] 3:00 Resident Lead Bridge Group [G]																																			
10:00 Sunday Crossword Challenge [B] 11:00 Virtual Church Service-Charlottesville Community Church [MT] 2:00 Movie Matinee: London Has Fallen [MT] 7:00 Sunday Game Group [P]	11:00 Virtual Seated Exercise [MT] 2:15 Resident Led Scrabble Group [G] 3:00 Hand Knitting Blankets [ARK] 5:00 Happy Hour [P]	11:00 Fitness with Fox Rehab [FC] 2:00 Downton Abbey T.V. Show Viewing Group [MT] 2:00 Resident Culinary Committee [B] 3:00 Book Club [LB] 3:00 Resident Lead Bridge Group [G] 5:00 Live Music: Don Hancock [B]	9:45 AL/IL Shopping Trip: Walmart [O] 10:00 Walking Club [O] 2:15 Resident Led Scrabble Group [G] 2:30 Crafty Creations: Vases [AR] 3:30 BINGO [B] 5:00 Happy Hour [P] 7:00 Movie Theater: Outlander S1 E1	10:30 TED Talk: How to Make Meaningful Connections While Apart [MT] 11:00 Fitness with Fox Rehab [FC] 1:30 Fresh Flower Arranging [ARK] 3:00 Resident Birthday Party [ILCD] 3:30 Downton Abbey T.V. Show Viewing Group [MT] 4:00 Trivia [P] 5:00 Live Music: Davis Bradley [P] 6:30 After Hours Cinema: Olympus Has Fallen [MT]	9:45 AL/IL Shopping Trip: Wegmans [O] 12:00 AL/IL Outing: Dairy Market [O] 2:15 Resident Led Scrabble Group [G] 3:00 Painting Class [AR] 4:00 Ice Cream Day [B] 7:00 Movie Theater: Outlander S1 E2	10:30 Creative Corner [B] 1:30 Anthology Cinema Presents: The Book of Eli [MT] 2:30 Checkers & Chess Club [B] 3:00 Resident Lead Bridge Group [G]																																			
10:00 Sunday Crossword Challenge [B] 11:00 Virtual Church Service-Charlottesville Community Church [MT] 2:00 Movie Matinee: Get Smart [MT] 7:00 Sunday Game Group [P]	10:30 Live Music: Kevin Salyer [B] 11:00 Virtual Seated Exercise [MT] 1:00 Senior Citizens Day [B] 2:15 Resident Led Scrabble Group [G] 2:30 Preaching with Jerry [ARK] 3:30 Billiards [G] 5:00 Happy Hour [P]	11:00 Fitness with Fox Rehab [FC] 2:00 Downton Abbey T.V. Show Viewing Group [MT] 2:30 Live Music: Phil McKenney [B] 3:00 Resident Lead Bridge Group [G]	9:45 AL/IL Shopping Trip: Dollar Tree [O] 10:00 Walking Club [O] 2:15 Resident Led Scrabble Group [G] 2:30 Hearing at Home Presentation [MT] 3:30 BINGO [B] 5:00 Happy Hour [P] 7:00 Movie Theater: Outlander S1 E1	10:30 TED Talk: How to Tame Your Wandering Mind [MT] 11:00 Fitness with Fox Rehab [FC] 12:00 Banana Split Day [B] 1:30 Fresh Flower Arranging [ARK] 2:30 The Art of Quilling [AR] 3:30 Downton Abbey T.V. Show Viewing Group [MT] 4:00 Trivia [P] 6:30 After Hours Cinema: Taken [MT]	9:45 AL/IL Shopping Trip: Goodwill [O] 12:00 AL/IL Outing: Bowling [O] 2:00 Cremation Presentation [MT] 2:15 Resident Led Scrabble Group [G] 3:00 Painting Class [AR] 7:00 Movie Theater: Outlander S1 E2	10:30 Creative Corner [B] 1:30 Anthology Cinema Presents: Weekend at Bernies [MT] 2:30 Checkers & Chess Club [B] 3:00 Resident Lead Bridge Group [G]																																			
10:00 Sunday Crossword Challenge [B] 11:00 Virtual Church Service-Charlottesville Community Church [MT] 2:00 Movie Matinee: Mary Poppins [MT] 7:00 Sunday Game Group [P]	11:00 Virtual Seated Exercise [MT] 2:15 Resident Led Scrabble Group [G] 3:00 Hand Knitting Blankets [ARK] 5:00 Happy Hour [P]	11:00 Fitness with Fox Rehab [FC] 2:00 Downton Abbey T.V. Show Viewing Group [MT] 3:00 Book Club [LB] 3:00 Resident Lead Bridge Group [G]	9:45 AL/IL Shopping Trip: ALDI [O] 10:00 Walking Club [O] 2:00 Ombudsman Talk [ALFD] 3:15 Independent Living HOA Meeting [ILCD] 5:00 Happy Hour [P] 7:00 Movie Theater: Outlander S1 E1	<p>Location Keys</p> <table border="0"> <tr> <td>AL Formal Dining</td> <td>ALFD</td> </tr> <tr> <td>Activity Room</td> <td>AR</td> </tr> <tr> <td>Activity Room w/Kitchen</td> <td>ARK</td> </tr> <tr> <td>Bistro</td> <td>B</td> </tr> <tr> <td>Fitness Center</td> <td>FC</td> </tr> <tr> <td>Game Room</td> <td>G</td> </tr> <tr> <td>IL Casual Dining</td> <td>ILCD</td> </tr> <tr> <td>Library</td> <td>LB</td> </tr> <tr> <td>Movie Theater</td> <td>MT</td> </tr> <tr> <td>Outing</td> <td>O</td> </tr> <tr> <td>Pub</td> <td>P</td> </tr> </table>		AL Formal Dining	ALFD	Activity Room	AR	Activity Room w/Kitchen	ARK	Bistro	B	Fitness Center	FC	Game Room	G	IL Casual Dining	ILCD	Library	LB	Movie Theater	MT	Outing	O	Pub	P	<p>Resident Birthdays</p> <table border="0"> <tr> <td>Shearin E.</td> <td>8/1</td> </tr> <tr> <td>James M.</td> <td>8/1</td> </tr> <tr> <td>Warren T.</td> <td>8/5</td> </tr> <tr> <td>Joseph C.</td> <td>8/8</td> </tr> <tr> <td>Lanna B.</td> <td>8/16</td> </tr> <tr> <td>Ellen M.</td> <td>8/28</td> </tr> </table>	Shearin E.	8/1	James M.	8/1	Warren T.	8/5	Joseph C.	8/8	Lanna B.	8/16	Ellen M.	8/28	<p>Safety first at all our events: Temperature screening & safety protocols will be in place. Masks are required.</p>
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