

# August 2022

## Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Keys</b></p> <p>Bistro B Dining Room DR Elements Activity Room AR Fox Theatre FT Lobby LO Outing O Small Activity Room SAR Sylvan Glen Patio SGP</p>	<p><b>National Mahjong Day 1</b></p> <p>10:30 Weight Workout [AR] 11:00 Tender Heart Therapeutic Arts Group [AR] 1:30 Musical Monday: Hamilton [FT] 3:30 Margarita Monday [B] 4:30 Walking Club [LO] 6:30 Chess Club [AR]</p>	<p><b>2</b></p> <p>10:30 Get Fit with Legacy [AR] 11:00 Book Club with the Troy Public Library [AR] 1:30 <b>Innovation Hill Park [O]</b> 3:30 Family Feud [B] 4:30 Walking Club [LO]</p>	<p><b>3</b></p> <p>10:30 Cardio Sittercise [AR] 11:00 Dominoes [B] 2:00 <b>Mini Massages with Peaceful Connections [B]</b> 3:30 Wine Down Wednesday [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Breaking the Bank [FT]</p>	<p><b>US Coast Guard Day 4</b></p> <p>10:30 Total Resistance Exercise [AR] 11:00 <b>Shopping at Dollar Tree [O]</b> 1:30 Technology 101 [AR] 3:30 Karaoke Hour [DR] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Can You Keep a Secret? [FT]</p>	<p><b>5</b></p> <p>10:30 Weight Workout [AR] 11:00 <b>Guardian Angels Catholic Church &amp; Communion Service [AR]</b> 2:00 <b>Ice Cream Social with Entertainment by Christine Schinker [B]</b> 3:30 Art Club: Umbrella Tooth Pick Wreath [AR] 4:30 Walking Club [LO]</p>	<p><b>6</b></p> <p>10:00 Grab &amp; Go Wordsearches [B] 11:00 Chair Yoga [AR] 1:30 Card Club: Bridge [B] 3:00 Quarter Bingo [AR] 4:00 Fit Minds™ [AR]</p>
<p><b>7</b></p> <p>10:30 Joel Osteen Sermon [AR] 11:00 Fit Minds™ [AR] 1:30 Resident Run Scrabble [B] 3:00 Netflix Presents: The Crown (Season 4) [FT] 4:00 Grab &amp; Go Wordsearches [B]</p>	<p><b>8</b></p> <p>10:30 Weight Workout [AR] 11:00 Tender Heart Therapeutic Arts Group [AR] 1:30 Musical Monday: Get On Up [FT] 3:30 Margarita Monday [B] 4:30 Walking Club [LO] 6:30 Chess Club [AR]</p>	<p><b>Book Lovers Day Used Book Sale (All Books \$1) 9</b></p> <p>10:30 Get Fit with Legacy [AR] 11:00 Book Club with the Troy Public Library [AR] 1:30 <b>Troy Public Library [O]</b> 4:00 <b>Grand Opening of Mini Library [LO]</b> 4:30 Walking Club [LO] 6:30 Flower Bingo [AR]</p>	<p><b>Happy Birthday Irene B! 10</b></p> <p>10:30 Cardio Sittercise [AR] 11:00 Dominoes [B] 1:30 Resident Council [AR] 2:30 Art Club: Watercolor Painting [AR] 3:30 Wine Down Wednesday [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Viva Las Vegas [FT]</p>	<p><b>11</b></p> <p>10:30 Total Resistance Exercise [AR] 11:00 Legacy Health Tips [B] 1:30 Chat with the Chef [DR] 2:30 Putt-Putt Golf [SGP] 3:30 Line Dancing [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Elvis and Nixon [FT]</p>	<p><b>12</b></p> <p>10:30 Weight Workout [AR] 11:00 <b>Guardian Angels Catholic Rosary [AR]</b> 1:30 Cooking Creations: Peanut Butter, Bacon and Banana Sandwich [AR] 3:30 <b>Happy Hour with Music by Gary Richard [B]</b> 4:30 Walking Club [LO]</p>	<p><b>13</b></p> <p>10:00 Grab &amp; Go Wordsearches [B] 11:00 Chair Yoga [AR] 1:00 <b>Dog Days of Summer Event: Families and Public Invited!</b> 3:00 Quarter Bingo [AR] 4:00 Fit Minds™ [AR]</p>
<p><b>14</b></p> <p>10:30 Joel Osteen Sermon [AR] 11:00 Fit Minds™ [AR] 1:30 Resident Run Scrabble [B] 3:00 Netflix Presents: The Crown (Season 4) [FT] 4:00 Grab &amp; Go Wordsearches [B]</p>	<p><b>15</b></p> <p>10:30 Weight Workout [AR] 11:00 Tender Heart Therapeutic Arts Group [AR] 1:30 Musical Monday: Jailhouse Rock [FT] 3:30 Margarita Monday [B] 4:30 Walking Club [LO] 6:30 Chess Club [AR]</p>	<p><b>Elvis Day Happy Birthday William R! 16</b></p> <p>10:30 Get Fit with Legacy [AR] 11:00 <b>Guardian Angels Catholic Church &amp; Communion Service [AR]</b> 2:00 <b>Fox Theater Features: Elvis (2022) [FT]</b> 4:00 Family Feud [B] 4:30 Walking Club [LO] 6:30 Elvis Bingo [AR]</p>	<p><b>Woodstock Wednesday (Celebrating the 53rd Anniversary) 17</b></p> <p>10:30 Cardio Sittercise [AR] 11:00 Dominoes [B] 1:30 Art Club: Tie Dye Towels [AR] 3:30 Woodstock Wine Down [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Across the Universe [FT]</p>	<p><b>18</b></p> <p>10:30 Total Resistance Exercise [AR] 11:00 Putt-Putt Golf [SGP] 12:45 <b>Michigan Sky Tonight at Cranbrook Planetarium [O]</b> 3:30 Karaoke Hour [DR] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Queen Bees [FT]</p>	<p><b>19</b></p> <p>10:30 Weight Workout [AR] 11:00 <b>Troy Farmer's Market [O]</b> 1:30 Cooking Creations: Bacon Wrapped Smokies [AR] 3:30 <b>Happy Hour with Music by Matthew Ball [B]</b> 4:30 Walking Club [LO]</p>	<p><b>20</b></p> <p>10:00 Grab &amp; Go Wordsearches [B] 11:00 Chair Yoga [AR] 1:30 Card Club: Bridge [B] 3:00 Quarter Bingo [AR] 4:00 Fit Minds™ [AR]</p>
<p><b>21</b></p> <p>10:30 Joel Osteen Sermon [AR] 11:00 Fit Minds™ [AR] 1:30 Resident Run Scrabble [B] 3:00 Netflix Presents: The Crown (Season 4) [FT] 4:00 Grab &amp; Go Wordsearches [B]</p>	<p><b>Happy Birthday Eleanor C! 22</b></p> <p>10:30 Weight Workout [AR] 11:00 Tender Heart Therapeutic Arts Group [AR] 1:30 Musical Monday: Cyrano [FT] 3:30 Margarita Monday [B] 4:30 Walking Club [LO] 6:30 Chess Club [AR] 7:00 Troy Public Library Presents Titanics of the Great Lakes Virtual Presentation [FT]</p>	<p><b>23</b></p> <p>10:30 Get Fit with Legacy [AR] 11:00 Book Club with the Troy Public Library [AR] 1:30 <b>Soap Making at Buff City Soap [O]</b> 3:30 Family Feud [B] 4:30 Walking Club [LO] 6:30 Flower Bingo [AR]</p>	<p><b>24</b></p> <p>10:30 Cardio Sittercise [AR] 11:00 Dominoes [B] 1:30 Chef Demo! [SAR] 2:30 Art Club: Pom Pom Coasters [AR] 3:30 Wine Down Wednesday [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Red [FT]</p>	<p><b>Travel Pure Michigan to Pictured Rocks 25</b></p> <p>10:30 Total Resistance Exercise [AR] 11:00 Hiking Scavenger Hunt [LO] 1:30 Trail Tails: Hiking Stories with Jessica [FT] 2:30 Cooking Creations: Camp Food 3:30 Line Dancing [B] 6:00 <b>Summer Sensation Concert at Boulan Park [O]</b></p>	<p><b>26</b></p> <p>10:30 Weight Workout [AR] 11:00 Virtual Catholic Church Service [AR] 1:30 <b>Penny Auction! [B]</b> 3:30 <b>Happy Hour with Music by the Gene-n-Tonics [B]</b> 4:30 Walking Club [LO]</p>	<p><b>27</b></p> <p>10:00 Grab &amp; Go Wordsearches [B] 11:00 Chair Yoga [AR] 1:30 Card Club: Bridge [B] 3:00 Quarter Bingo [AR] 4:00 Fit Minds™ [AR]</p>
<p><b>28</b></p> <p>10:30 Joel Osteen Sermon [AR] 11:00 Fit Minds™ [AR] 1:30 Resident Run Scrabble [B] 3:00 Netflix Presents: The Crown (Season 4) [FT] 4:00 Grab &amp; Go Wordsearches [B]</p>	<p><b>29</b></p> <p>10:30 Weight Workout [AR] 11:00 Tender Heart Therapeutic Arts Group [AR] 1:30 Musical Monday: Isn't it Romantic? [FT] 3:30 Margarita Monday [B] 4:30 Walking Club [LO] 6:30 Chess Club [AR]</p>	<p><b>30</b></p> <p>10:30 Get Fit with Legacy [AR] 11:00 Book Club with the Troy Public Library [AR] 1:30 <b>Shopping at Kroger [O]</b> 3:30 Family Feud [B] 4:30 Walking Club [LO] 6:30 Flower Bingo [AR]</p>	<p><b>31</b></p> <p>10:30 Cardio Sittercise [AR] 11:00 Dominoes [B] 1:30 Art Club: Paint Swatch Art [AR] 3:30 Wine Down Wednesday [B] 4:30 Walking Club [LO] 7:00 Fox Theater Features: Molly's Game [FT]</p>	<p><b>Resident Birthdays</b></p> <p>Richard S. 8/2 Lorriane G. 8/5 Irene B. 8/10 William R. 8/16 Eleanor C. 8/22 Darcelle W. 8/25</p>		
				<p>*Calendar Subject to Change</p>		