



# INGLESIDE COMMUNITIES

# NEWS

AUGUST  
2022

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

## Artist Spotlight: Elaine



## Success Story: Sandy

Sandy, a resident at Ingleside for short-term rehab stated, "I would not be where I am today without the Ingleside therapy team. They were always so respectful of how I was feeling that day and would come back later if I was not feeling well, but once I got going, they pushed me to do better. They are the reason I can go home." Sandy stated she was very pleased with the care she received at the facility. She mentioned how the CNA's (especially Marilyn) were spot on with anything she needed. Sandy said not only were the CNA's and therapy department helpful, but everyone in the building was very friendly and welcoming. Sandy explained, "Everyone knew my name and said hello whenever I walked down the hall and they always complimented me on my efforts which made the transition to being here a lot easier." Sandy is excited to return to her home and is thankful for all the services provided by Ingleside and the ones continuing while she transitions back home.



407 North 8th Street, Mount Horeb, WI 53572  
608-437-5511

Danielle Sigler, Administrator  
Kevin Lawrence, Business Office Mgr.

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### TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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**Wisconsin Illinois  
SENIOR HOUSING INC.**

[InglesideCommunities.org](http://InglesideCommunities.org)

## Skilled Nursing Highlights

Residents and staff have a great time celebrating CNA week from a water balloon fight, live entertainment and a pinning ceremony. Thank you CNAs for all of your hard work! The rest of the month we got outside whenever we could and spent time with our Ingleside Chickens! Resident Council voted and the names of the 6 chickens are: Ebony, Larry, Leghorn, Red, Ruby and Ivory. Stop by the courtyard to see them!

## Ingleside Communities

Check out our Facebook page to see some of the highlighted events we are doing in activities: [facebook.com/inglesidecommunities](https://facebook.com/inglesidecommunities)

Please visit [bit.ly/i-wishes](https://bit.ly/i-wishes) to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.





# Resident of the Month: Paul D.



I was born on August 25, 1944. My parents were Robert, a high school teacher, and Mary, a RN at the Dodgeville Hospital. I grew up in Dodgeville and Mineral Point. I spent much time hunting and fishing with my family. I have one brother, John. I enlisted after high school in the Army under the Buddy Program. After the

Service I met Barbara in Milwaukee, we got married May 24th. We have been married for 53 years.

I was a Police Officer at the Capitol in Madison. I helped many people every day. I loved my job. We lived in Cross Plains. I taught hunter safety with the DNR for 30 years. I also enjoyed being a Scoutmaster in Cross Plains and my son, Tom is an Eagle Scout.

We have one son, Tom, daughter in law, Michele and three grandchildren, Ashley, Christopher, Amanda. I am very proud of them all.

My hobbies were painting duck decoys and making pheasant feather hat bands and jewelry. I suffered a severe stroke 24 years ago, losing the use of my right hand and speech. I had to relearn how to walk, use my



left hand and talk again. I taught myself to print, write, draw and color. I love coloring, doing Sudoku and playing games.

My badge number at Capitol Police was "50" and my Room Number here is "50"!

## Skilled Nursing Photos





## Skilled Nursing Photos ...continued



## Employees of the Month



**Khadijah,  
SNF**

Hi, I'm  
Khadijah,  
I am  
from The  
Gambia,  
West

Africa. I am married and have a 21-month-old daughter and a 7-year-old stepson. I am in school doing my prerequisites for nursing school. Ingleside gave me my first opportunity to work in the US and assisted me to become a cna. I have worked just 5 months and I am thrilled for the honor to be employee of the month. I have grown to love the residents like my grandparents. I love my colleagues and the management team. I hope to continue to grow here.



**Mia,  
CBRF**

Hi, my  
name  
is Mia. I  
have a  
7-year-old  
daughter,  
and a son  
on the

way. This is my first job in healthcare, and I thought it was going to be challenging, but it turns out that it is very rewarding. I now know what my career will be in the future. The things I love the most are my family, my residents, my job and the people at my job. We have a good team, and we always help one another. I love that I can share my experience with my daughter, and she can see what a good job can do to your personal life and how important it is to make sure you love your job.





## Happy Birthday!

*Best wishes to our residents and staff celebrating birthdays this month.*

### Staff

Robert M.	August 01
Lily S.	August 08
Jean M.	August 09
Laure M.	August 09
Magyk L.	August 10
Ernest T.	August 16
Andrea S.	August 22
Karen G.	August 24
Kevin L.	August 25
Margaret H.	August 26
Diane R.	August 31

### Staff Anniversaries

Danielle S.	August 31, 2020
Lynee S.	August 09, 1993
Claire V.	August 29, 2019
Terry B.	August 08, 2021
Elizabeth F.	August 07, 2013
Salieu K.	August 24, 2021

## Event Highlight

On July 13th, Ingleside's Administrator, Danielle Sigler, and Director of Nursing, Cynthia Afari, attended an event at Cooper's Tavern in Madison with Governor Tony Evers. It was a great opportunity for us to be proactive for senior care and discuss today's COVID-era challenges as well as the future of senior care. L to R: Cynthia Afari, Governor Tony Evers, David Mills, CEO of North Shore Healthcare, and Danielle Sigler.



## Activity Highlights

**8/02 6pm 4H Fair  
Show & Ice Cream**

**8/08 1:45pm Bingo**

**8/19 1:45pm Senior Prom**

**8/26 1:45pm Happy Hour**

**8/17 Lunch in Noon**

**8/ 2pm Birthday  
Party w/ Smiths**

***See bulletin board to sign  
up for the Bus Outing***

## COLOR ME!

Coloring isn't just for children – it has been proven to have great benefits for all ages, including stress relief, improving motor control, creativity and increasing concentration. It's also popular; in the last few years coloring books targeted towards adults have become a surprisingly growing trend in our country.

