

# The Wellington News

JULY  
2022

Assisted Living • Respite Care Services

## Special Events

Outings being considered or planned for this summer include:

Fill & Chill Frozen Yogurt in Slinger

Horicon Marsh Education Center and Boardwalk

County Fair

Hartford City Band Concert in the Park

Pike Lake picnic

Splash Pad

If you want or can volunteer to go on any of these, please let Goo know. Schedules considered.

Concerts on specific days, Senior day at the Fair is the first Wednesday but other than that we can go when there is help to push wheelchairs and chaperone. If we do not have extra hands Goo can take only a couple folks at a time on an outing. Thank you.

## 2022 WALK TO END ALZHEIMERS

### Why YOU should join our team for the 2022 WALK TO END ALZHEIMERS

Guest columnist Caroline James is the Business Development Specialist at Independence Village & Story Point Avon Lake and Retention Chair for the Cleveland Walk to End Alzheimer's.



*I've worked in senior care for seven years, often helping those with dementia or Alzheimer's disease live their best life possible.*

*I've advocated for quality patient care. I've met with families searching to find the best environment for their loved ones. And I have supported the Alzheimer's Association's Walk to End Alzheimer's as a way to help my residents.*

*Then, it happened to me. Alzheimer's invaded my family. That insidious brain disease started rearing its ugly head in my grandmother, whom I affectionately call Yiayia.*

*That is why this year's Walk to End Alzheimer's is so important to me. This year, I will walk with a different purpose. I am now among the more than 16 million Americans who have a loved one who has Alzheimer's or other dementias.*

*"The vast majority of the disease is called sporadic, but even in sporadic cases, there can be a familial tendency," says Dr. Ronald Petersen, of the Alzheimer's Disease Research Center at Mayo Clinic.*

*Sporadic cases tend to happen after age 65. So even if you don't have a known genetic link but do have relatives with Alzheimer's disease, your risk could be double or triple that of the general population. Alzheimer's has no cure and no survivors. But this will change. The first survivor of Alzheimer's is out there, and they're going to hold on to everything the disease steals away. The Alzheimer's Association is going to make it happen. But we won't get there without you.*

Do you have a loved one with us who is living with Alzheimer's disease or another form of dementia? Would you be willing to share your story?

Saturday September 17th, 2022

Washington County, Regner Park, West Bend

You can follow this link or use the QR code to go directly to our team page. Then just click Donate or click Join

<http://act.alz.org/goto/WellingtonPlaceatHartford2022>

## Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027  
262.673.3544

Monica Rakowski, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[WellingtonPlaceHartford.org](http://WellingtonPlaceHartford.org)

WE ACCEPT CREDIT CARDS





## Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

### Staff

Joel

July 21

## Facebook Posts

*"You all at that facility are amazing! You do so many amazing activities and outings with the residents! Love to all of you!!!"* – Jessica G.

*"Love this place... good people ❤️"* – Charmaine Z.

*"This is so awesome. I'm happy my mom got to go outside, and happy to see her eating a S'more!! Thank you to all who made this possible."* – Laurie N.

*"Looks like a great time."* – Heidi K.

*"Looks like everyone is having a lot of fun 😊"* – Pam S.

## Activity Highlights

Help us welcome two new members to the Wellington family. Marion H. and Millie S. both moved into Wing 2. They have both jumped in with both feet into group exercises and activities.

We always have a Cinco de Mayo party. Not only is it a good excuse to have a party but since it is our Activity Coordinator's birthday, it's a double excuse for a party. Even the pinata was birthday cake shaped.

It was nice to be open to families again for Mother's Day. All the moms who received growing flowers donated them after they finished blooming, to be planted in our new flower gardens in the back yard for everyone to enjoy.

The George family has volunteered to host an evening bonfire once a month and make use of the fire pit we've had sitting idle for over a year. The first one was a big success. Folks talked about it for days. And those who didn't come out the first time are sad they missed it and are looking forward to the next one. Visitors welcome but you may need to bring a couple of lawn chairs. Is there something your family would like to come and do with us?

Several ladies worked hard on helping to plant some of the donated flowers and planting the raised vegetable beds.

We also had the HUHS students back for their Day of Service on May 18th. This is a story that will have to be shared in a later newsletter.



*Monthly bonfire evenings began sponsored by Christine's family.  
Is there something your family would like to host with us?*



# More Activity Highlights



*Yummm s'mores*



*A little extra fun for Cinco de May, pinata and tissue flowers and flags, not to mention Margaritas, chips, salsa, and guacamole for happy hour.*



*Our vegetable garden is in!*



## WISH LIST

**Reviews.** We would love it if you would give us a Google or Facebook review. We include a tutorial on how to make a review in each issue.

## Add a Rating or Review on Google

1. On your computer, open **Google Maps** and make sure you're signed in.
2. Search for a place.
3. On the **left**, scroll down and click Write a review.
4. In the window that appears, click the stars to score the place. You can also **write a review**.

## Job Postings

We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a home like atmosphere this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. Were excited for you to start this journey with us!



## Sudoku

8	7						4	2
	4	2				6	3	
6		3		9	2		5	8
	8	4	7		9			6
					3	8		9
7	9	6					2	
1	6	7		3		2	8	
4	5		2	1			9	
			8			1	6	

## Word Jumble



Unscramble the words below.  
Use the circled letters to help  
you finish the phrase below.

S B T O A

L P I F L P O

A S L S S E G

L J Y U

E N A C O

C C P N I I

N D S A

M E S R U M

H S E U I S N N

O T V A A N C I

Summertime phrase:

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\_\_\_\_\_.

# WiCAL

Wisconsin Center for Assisted Living

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## FEELING BORED? TRY SOME BOREDOM-BUSTERS!

Make a list of all the things you've ever wanted to do. Think back to when you were a child. Write all your ideas down. Simply creating your list may be a fun and silly anti-boredom activity! When your list is ready, start checking off the completed activities.

**Here's some sample ideas to get your list started:**

- Learn a new game
- Draw a mythical creature
- Start a scrapbook
- Try a new food
- Take a photograph of something in nature every day for week
- Learn a new dance
- Paint with watercolors
- Learn to dance



- Write a short story
- Start a collection/reminisce with a friend about an existing one
- Learn a new language
- Write a haiku, short story or poem
- Make a no-sew, tie-blanket
- Make origami
- Complete a 3000-piece puzzle

## 4th of July Word Search



Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

AMERICA  
BALLOONS  
BARBEQUE  
BLUE  
CELEBRATE

FAMILY  
FIREWORKS  
INDEPENDENT  
PARADE  
RED

STARS  
STRIPES  
SUMMER  
SUNSHINE  
WHITE